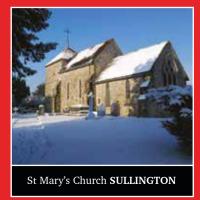


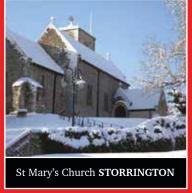
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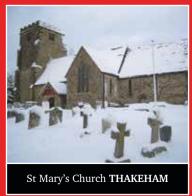


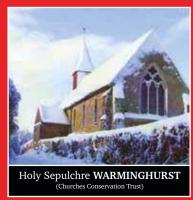












St Mary STORRINGTON



St Mary SULLINGTON



St Mary THAKEHAM

IN THE DIOCESE OF CHICHESTER

STORRINGTON Rector Revd K

Revd Kathryn Windslow, BTh, MPhil (742888) The Rectory, Rectory Road, Storrington RH20 4EF

kathryn.windslow@btinternet.com

Hon. Assistant Priest

Revd Charles Hadley, MA (740787)

28 Meadowside, Storrington RH20 4EG

charles.felicity@gmail.com

Assistant Curate Revo

Revd Christine Spencer, BTh, BSc (Hons) (741790) 9 Longland Avenue, Storrington RH20 4HY

SULLINGTON AND THAKEHAM WITH WARMINGHURST

Interim Minister Revd Bernard Sinton, BSc (01403 741238) pa.sinton@tesco.net

The Vicarage, Red Lane, Shipley, Horsham, West Sussex RH13 8PH

Information about study and prayer groups, and requests for baptisms, weddings and home communions, for Storrington contact Revd Kathryn Windslow and for Sullington and Thakeham contact Churchwardens – details on pages 4 & 5.

All telephone numbers are 01903 unless otherwise stated.



February is the shortest month of the year. When I was at school I remember that one year there was heavy snow falls during February and what made them so memorable was the journeys to and from school, dodging the snow balls thrown by the boys from the school down the road!

February is also the month when the nights begin to shorten and days become noticeably lighter. The first signs of life start to emerge; snowdrops push their way up through the soil, followed by daffodils and tulips. Lambs are born and you can almost feel the start of the hope that spring will be just around the corner.

It's that time of year again when we begin to look towards Lent; Ash Wednesday is on 14 February this year. Perhaps a difficult day for some to begin their Lenten discipline if they are lucky enough to be given chocolates by their valentine and have decided to give up chocolate!

Lent always seems to come around so quickly. Somehow we always seem to get caught out when Easter is 'early' because Ash Wednesday and Lent hit us before we have really cleared away the Christmas decorations!

The familiar readings of Lent bring us immediately into the wilderness and no doubt we shall be invited to think about our own 'wilderness' experiences and some of the temptations that go with it. After 40 years of endless wilderness wandering, the Israelite people of God looked across the Jordan to the land they believed God had promised them, flowing with milk and honey. Not many of them could even remember slavery in Egypt for they were too young, but they knew the stories. The wonderful detail unfolds in the Book of Joshua: the priests carrying the ark, the people keeping a distance out of reverence, the waters parting and safety on the other side.

Of course, in today's modern society we may well think "Will Jordan (or whatever is causing us trouble) divide to let us cross over? Will the presence of God be there in the middle of the waters or turbulent matters?" Thinking about dying can be quite daunting, not least because it usually happens to someone else! Yet the Psalmist (in Psalm 23:4) reminds us that when we come to walk through the valley of the shadow of death God will walk with us. He will be there to guide us and provide for us.

I hope this coming Lent, Holy Week and Easter, the wilderness road on which we all journey, with all the dark as well as joyful places we encounter, will enable us to discover afresh our confidence in our God who will never forsake us. He is the God who stayed with His people in their wilderness and He promises "I am with you to the end of the age". That should be long enough to see us safely across!

February is the beginning of new life coming into the world. It is an opportunity for us to think about that new life and the life that is already here and ask ourselves how can we journey with more faith towards God who promises to be with us to the end of the age. However you choose to use that opportunity, I hope you find it rewarding, maybe a little challenging, and most of all fulfilling in building a new or deeper relationship with God.

Every blessing for the month of February.

CHRISTINE SPENCER

Assistant Curate, St Mary's Church, Storrington

PRAYER FOR THE MONTH You Lord are in this place, Your presence fills it

Your presence is peace.

You Lord are in my life, Your presence fills it, Your presence is peace.

You Lord are in my heart, Your presence fills it, Your presence is peace.

Living in Two Kingdoms - David Adam



3

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What's happening at

Thakeham and Sullington share this verse for the year. We're a joint benefice which means we also share our priest - although our styles are different.

St Mary's Thakeham

www.thakehamchurch.com

Churchwardens:

David Peacock (745595) 5 Dean Way, Storrington RH20 4QN Allison Goodfellow (740499) Lyndene Newhouse Lane Storrington RH20 3HQ

Treasurer:

Margarita Smith (01798 817376) Staddle-stone, The Street, Thakeham RH20 3EP

PCC Secretary:

Allison Goodfellow (740499) Lyndene, Newhouse Lane Storrington RH20 3HQ

Child Protection Officer:

Karen Arkle (744844) 5 Jubilee Way, Storrington RH20 3NZ

Electoral Roll Officer:

David Peacock (745595) 5 Dean Way, Storrington RH20 4QN

Organist:

Beryl Hardie (892349)

Church Bookings:

Wynn Lednor (743025)

4 Crescent Rise, Storrington RH20 3NB

Bellringers: Tower Captain

Roger Watts (01798 813775)

Gift Aid Officer:

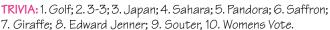
Bob Timms (01798 813807) Cootes, The Street, Thakeham RH20 3EP

PASTORAL ARRANGEMENTS FOR THAKEHAM: In the first instance, all enquiries for Baptisms, Weddings and Banns of Marriage should be directed to the Churchwardens, David Peacock or Allison Goodfellow, contact details above. Times of Church services can be found on page 18.

Family Support

Christmas Quiz 2017 Answers





IN THE BIBLE, WHO MIGHT HAVE SAID?: 1. Simeon; 2. Job; 3. Peter; 4. Philemon; 5. Eli; 6. Paralytic; 7. Lot; 8. Waitress; 9. Innkeeper; 10. Thomas.

RECOGNISE THE LADIES BELOW: 1. Delilah; 2. Evette Cooper; 3. Emily Pankhurst; 4. Salomi; 5. Queen Elizabeth I; 6. Indira Ghandi; 7 Malala Yousafzai; 8. Aung San Suu Kyi; 9. Betty Boothroyd; 10 Bessie Braddock.

SIGNIFICANT NUMBERS: 1. Health Line; 2. Last call; 3. Whitehall; 4. Stops; 5. Radio 4; 6. lbs/stone; 7. Maximum snooker score; 8. Dalmations; 9. Darts target; 10. Fahrenheit healthy temperature.

FIND HOW THEY WORKED: 1. Hairdresser; 2. Dentist; 3. Matchmaker; 4. Bookmaker; 5. Jeweller; 6. Cocktail maker; 7. Elder; 8. Haberdasher; 9. Grocer; 10. Rubbish collector.

WHERE AM I?: 1. France; 2. America; 3. Spain; 4. Greece; 5. China; 6. India; 7. Chile; 8. South Africa; 9. Uganda; 10. New Zealand.

WELL KNOWN DUOS: 1. Alistair and Johnny Brownlee; 2. Proctor & Gamble; 3. Law and Order; 4. Seraphim and Cherubim; 5. Work and Pension; 6. Morecombe and Wise; 7. Serena and Venus Williams; 8. Moet & Chandon; 9. Ross and Cromarty; 10. Holmes and Watson.

FIND YOUR ANSWERS IN 3 HERALDS - OCTOBER 2017!!!:

1. Graham & Cadell; 2. Not St Mary's; 3. Mandy Marchant-Webb; 4. Steve Mole; 5. Overcast, too much rain; 6. Thursday, 26 October; 7. Sunday Lunch Club; 8. John Hall; 9. Quiz nights; 10. Southampton Hospital Children's Neurological ward.

DINGBATS: 1. 11.30; 2. Thumbs up; 3. Inside out; 4. High flying; 5. Sidecar; 6. Meat and two veg; 7. Cross stitch; 8. Down Under; 9. Back to front; 10. Diminishing returns.

This Quiz has raised over £400 for Family Support Work. Thank you all for taking part. Please forgive any errors of mine and many thanks to Liz MacGregor and Viv Stuart for their valuable help.

Harold Linfield

Thakeham & Sullington Church Youth Groups

During Church services on the 2nd, 4th and 5th Sundays, we run a children's group called EXPLORERS, which unpicks the main theme for the year, in a way which is accessible for all ages of young people. Explorers is an active group, which includes story telling, acting, role-play, craft, games and, most importantly, snacks! There is a chance for the children to hear the Bible story of the week, and ask any questions they may have about it.

In Explorers, we also send and receive letters and pictures from our sponsored child in Uganda, Levi.

For more details regarding Explorers, please contact Carol Peacock on 745595.

Outside of the Sunday services, we run two Friday evening youth groups, fortnightly.

MILESTONES is aimed at children in years 7 and 8 of secondary school, and consists of games, crafts and discussions about moral issues, with a healthy sprinkling of 'God Stuff'.

It runs from 6pm to 7.15pm in the Church Rooms at Thakeham.

TOIF (Thank God It's Friday), is aimed at years 9 upwards, and, like Milestones, has games and different activities based around a termly theme.

It runs from 7.30pm to 9pm at the Church Rooms in Thakeham.

For more information about the youth work of Thakeham and Sullington, please contact Matt and Pippa at: youthwork.stmarysthakeham@gmail.com, or call 01798 817522



Thakeham Village Hall Saturday 24 February at 7pm

Teams of 6
(teams can be made up on the night)
Tickets £10 to include a hot supper
Contact Wynn Lednor on 743025 for
further information

Knit and Stitch Tea on Tuesday

Come along, meet with friends and catch up over your favourite stitch-craft project.

Thakeham Church Rooms 20 February between 2pm and 4pm All welcome. Enquiries to Wynn Lednor - 743025



See page 5 for details of Lent Lunches



"The steadfast love of the Lord never ceases, his mercies never come to an end: they are new every morning; great is thy faithfulness". Lamentations 3:22-23

What's happening at

St Mary's Sullington

www.st-marys-sullington.org info@st-marys-sullington.org

Churchwardens:

Jo Graves (742586) Highwinds, Washington Road, Sullington RH20 4DE

John Williams (742956) Sandgate Lodge, Washington Road, Sullington RH20 4AF

Churchwardens Emeriti:

Heather Cotton (742587) Douglas Parkes (743106) Ann Salinger (01798 813481)

Treasurer:

Gail Kittle (745754) Sullington Manor Farm, Sullington Lane, Sullington RH20 4AE

Pastoral Care:

Ann Salinger (01798 813481)

PCC Secretary: Gail Kittle (745754)

Freewill Offering & Gift Aid Officer: David Baxter (744346)

Electoral Roll:

Margaret Slinn (746769) Beeches, Heather Way, Sullington RH20 4DD

Organist:

Beryl Hardie (892349)

Church Flowers:

Altar Rota Muriel Astley (01798 812706) Special Occasions Jo Graves (742586)

Safeguarding Officer:

Jane Williams (742956) Sandgate Lodge, Washington Road, Sullington RH20 4AF

Lifts to Church:

Anne Owen (743973)

Church Fabric Officer:

Douglas Parkes (743106)

PASTORAL ARRANGEMENTS FOR SULLINGTON: In the first instance, all enquiries for Baptisms, Weddings and Banns of Marriage should be directed to the Churchwardens, Jo Graves or John Williams, contact details above. Times of Church services can be found on page 18. Alternatively you can visit the Church website for further details.

Let the beauty of Jesus be seen in us

Don't forget to keep an eye on our website for up to date information regarding service times and events





ROL SERVICE

On Sunday 17 December, St Mary's Church, Sullington held its annual Carol Service which showed the beautifully decorated Church at its best. The Christmas tree shone brightly and everyone enjoyed the advent service with carols. This was followed by mince pies and mulled wine which was enjoyed by all, signalling the start of Christmas.

TEA WITH THE VICAR

On 21 December, St Mary's Church, Sullington had a wonderful start to Christmas when we met for our monthly Tea with the Vicar. The welcome was warm, with old and new friends gathered together to catch up with each other.

We were pleased that our interim vicar, the Revd Bernard Sinton, as well as Revd Stephen Turrell, were able to join us for a delicious spread of cakes and tea. We hold our Teas every month and everyone is welcome to join us, details below.



The Wild Fortune Quiet Garden



Jesus said, 'Come with me by yourselves to a quiet place and get some rest.' Mark 6:31

Rooted in the Christian contemplative tradition of prayer and hospitality, the vision of the Wild Fortune Quiet Garden is to provide space for stillness and quiet prayer in accompanied silence in the surroundings of our home and garden and the adjoining woods of Sandgate Park.

We are open monthly on a Wednesday from 10am -12.30pm

Spaces are limited to 8 and booking is essential

To reserve a space, please contact: Tessa & Mark Holland Tel: 741904 Email: wildfortune@btinternet.com Blog: www.wildfortuneblog.blogspot.co.uk

Affiliated to the Quiet Garden Trust. Details of other Quiet Gardens in West Sussex and worldwide are available on the Trust's website. www.quietgarden.org

Tea with the Vicar

Thursday 15 February from 3 to 5pm. Thwaite House, Heather Way, the home of Heather Cotton

All welcome.



LENT LUNCHES

Thakeham, Sullington & Storrington Churches

> Lent lunches will start on Ash Wednesday, 14 February, at the Church Rooms, Thakeham, at 12.45pm, with two further lunches on 7 and 21 March. The lunch is homemade soup and bread roll and cheese followed by coffee and tea and will cost £3.



What's happening at

St Mary's Storrington

Clergy see page 3 www.storringtonparishchurch.org.uk office@storringtonparishchurch.org.uk

Churchwardens:

churchwardens@storringtonparishchurch.org.uk Dennis Cowdrey (744372) 17 Bannister Gardens RH20 4PU Barbara Buchanan (741916) Broad Oaks, Melton Drive RH20 4RJ

Treasurer:

David Rice (911179) Little Tregullas, Bracken Close, RH20 3HT

Parish Secretary:

Vivien Stuart (742888; home 745913) Rectory Office, Rectory Road RH20 4EF

PCC Secretary:

Val Rice (911179)

Little Tregullas, Bracken Close RH20 3HT

Retired Clergy:

Revd Stephen Turrell (741272) Revd John Peal (743083) Revd Jaquie Peal (743083)

Verger: Michael Taylor (742218)

Sacristy Team:

Rosemary Wills (01798 813206) Stella Hastings & John Taylor (745477)

Captain of Bellringers: John Taylor (745477)

Pastoral Scheme: Barbara Buchanan (741916)

Rob and Alison Wall (743713)

Readers and Sidesmen: Vera Blake (743974)

Electoral Roll Officer: Michael Taylor (742218)

George Jones (850019)

Assistant Organists:

Anna Forster John Henville Chrystalle Kersley Peter Lewis James Phillips Simon Whitchurch Keith Smithers

Footsteps (Sunday School): Jackie Lee (743661)

Church Flowers:

Anna Forster (745392)

Child Protection Officer: Jackie Lee (743661)

Bible Reading Fellowship: Amanda Hislop (743700)

Bible Society:

Jean Hunt (01798 813681)

Christian Aid Co-ordinator:

REGULAR ACTIVITIES

Church Services see page 18.

Footsteps (Sunday School): 9.45am every Sunday, except 1st Sunday of the month, half term and school holidays.

Choir: Fridays, 6.40pm - 7.45pm. Anyone interested in joining the choir please contact the Director of Music (above) or Revd Jacquie Peal **- 743083.**

Altar Servers: Revd Jacquie Peal (743083) Bellringers: Fridays, 7.45pm - 9.30pm.

Handbells: Mondays, 10am. Kathleen Osgood (01403 780928)

Church Cleaning: Jeannie Watten (742542)

Church & Churchyard Maintenance: Ray Hunt (01798 813681)

Mothers' Union: Jean Hunt (01798 813681)

Bible Study / Home Groups: The Tuesday evening Home Group at 23 Orchard Gardens is taking a break and will recommence after Easter. Contact Chrystalle on 744269. The Thursday morning Home Group at 51 Crowhurst Crescent is running for six weeks (4 January to 8 February). Contemporary dilemmas discussion group. Contact Alison

Sunday Lunch Club (ecumenical): Second Sunday in the month. See page 18.

ASH WEDNESDAY – 14 February

The main service to mark the start of Lent will take place on this day at 7pm - Sung Eucharist with imposition of ashes. There will be a Prayer Book Holy Communion (said) with Ash Wednesday readings on Thursday, 15 February at 10.30am.

LENT COURSE 2018 – Inspiring Vision

During this new Year of Prayer we will be using the diocesan Lent Course 'Inspiring Vision'. The course will give us an opportunity to use art as a way of seeing salvation and opening windows onto God. Each week well-known public figures will reflect upon a piece of art that has inspired them and helped them in their journey of faith and prayer. The reflections will be available on podcasts along with copies of the works of art and some questions to help everyone involved to explore the themes in greater depth and to reflect on how they engage and resonate with our own experience.

The six sessions are:

- Week 1 Inspiring Vision: Prayer and the Trinity, introduced by Bishop Martin
- Week 2 Prayer in Challenging Times, introduced by Revd Lucy Winkett, Vicar of St James, Piccadilly
- **Week 3 Prayer and Discipleship**, introduced by the Archbishop of Canterbury
- Week 4 Prayer as life evolves, introduced by Dame Patricia Routledge
- Week 5 The Joy and Excitement of Prayer, introduced by Charles Harrison, Director of music at Chichester
- Week 6 Prayer, Repentance and Forgiveness, introduced by Dame Caroline Spelman, First Estates Commissioner

In Storrington, there will be a whole-church Lent Group on Wednesday evenings, beginning on 14 February, Ash Wednesday. The session on 14 February will begin at 7pm with the service of Holy Communion and the imposition of ashes. The other sessions will begin at 7.30pm in St Mary's Church, Storrington.

STORRINGTON REGISTERS

Baptisms – we welcome into the Lord's family ... 2018

7 Jan Talia-Angel Adsett (daughter of "Juliet and Matthew)

Interment of ashes only: 2017

19 Dec Betty Walls (79 years) 19 Dec Donovan Walls (88 years)

CHURCH DIARIES

A useful pocket diary is available in St Mary's Church, Storrington, which is open daily - please help yourself and make a suitable donation. Our thanks to all who advertise in the Church diary and in this magazine.



See page 5 for details of Lent Lunches

CANDLEMAS SUNDAY – 4 February

Candles are lit during the 10 am Family Service on this day to mark the presentation of the infant Christ to the Aged Simeon and Anna in the Temple at Jerusalem, "to be a light to lighten the Gentiles."

CAFE IN THE CHURCH AT ST MARY'S CHURCH, STORRINGTON

Those who attended December Café in the Church were not only delighted with the excellent array of cakes and goodies, but were entertained by the beautiful singing of the children from Storrington Primary School. An absolute delight! Well done to all the children, many of them knowing the carols by heart!



WOULD YOU LIKE TO JOIN THE ST MARY'S, STORRINGTON, BAND OF HANDBELL RINGERS?

Come and learn to play handbells – we practise in Storrington Church on Monday mornings at 10am. New players are very welcome.

Kathleen Osgood (01403 780928)

Christians in Storrington *Monthly Inter-Church Prayer Meetings*

Everyone welcome

Do join us in the side-chapel at Our Lady of England RC

Church – 10am - 10.30am on the first Tuesday of each month.

Tuesday 6 February – Church of England will lead

Tuesday 6 March – Community Church will lead

One in faith and love and praise

THINKING OF TAKING UP A HOBBY OR CRAFT?

Why not try bell ringing?

There is nothing like the sound of the bells at a wedding or special occasion. The art of ringing bells dates back hundreds of years and has given pleasure to countless people. Ringing bells...

- · Helps keep you fit;
- · Is good exercise;
- Keeps your mind alert;
- Helps you meet people and so much more.

To find out more or to ring a bell at one of our practice evenings call lan or Laura Wadey on 740441.

You will be made very welcome at St Mary's Church, Storrington.

CHRISTINGLE AT ST MARY'S CHURCH, STORRINGTON



The total collected for the Children's Society in 2017 by St Mary's Church, Storrington, was £1,664.77.

The box opening total was £1,164.65 and the magnificent collection taken at the Christingle Service on Christmas Eve was £500.12. On behalf of the Children's Society we would like to thank everyone who gave so generously.

The Christingle service was enjoyed by many children and young families - the Church was packed with standing room only, and our thanks to Jackie Lee for organising the Nativity Presentation.





Thanks to all the helpers who made the Christingles and to Sainsbury's of Pulborough for their generous support.

Four of our long-term boxholders have died during 2017 and so if there is anyone who would like a Children's Society box for their small change please contact us. We will be delighted to supply boxes.

Alun and Pat Jenkins (744927) St. Mary's, Storrington, Children's Society Representatives





4

Women's World Day of Prayer

Inter-Church Service for the Storrington Area

Friday 2 March at 2pm St Mary's Church, Sullington

Theme:

'All God's Creation is very good. written by the women of Suriname. Presented by members of all our local Churches.

Everyone is welcome, including men. Refreshments will be at the end of the service in the Workshop Barn, next to the Church







DO YOU WANT TO EXPLORE THE BIG QUESTIONS OF LIFE, FAITH AND MEANING?

The Community Church Storrington is holding an introduction to the Alpha Course at **7pm on 22 February.**

What is Alpha?

Alpha is an unpressurised, fun and informative course, running over a number of weeks.

It's an opportunity to ask questions about life, share your thoughts, and explore the Christian faith.

Enjoy a free meal at the beginning of each evening, and take the opportunity to get to know others and relax. Each session includes a talk addressing a key issue relating to questions about life, followed by a chance to discuss what you've heard, air your views and ask anything you like. No question is considered too simple or too hostile.

Who is Alpha for?

Alpha is for anyone who's curious to explore the big questions of life, faith and meaning. The talks are designed to encourage conversation and explore the basics of the Christian faith in a friendly, open and informal environment. No question is out of bounds and you are free to discuss as much or as little as you wish.

How does it work?

Alpha is ten sessions with the option of a day away in the middle. Each session includes food, a short talk and a discussion at the end where you can share your thoughts. At any point, if you think Alpha isn't for you, that's not a problem. There's no pressure, no follow up and no charge.

For more information or to sign up for the Alpha introduction evening, entitled **Is There More To Life Than This?** either call Stuart or Christine on 01798 812918, email sspinney@ outlook.com or call the Community Church – Storrington office on 01798 817596, email admin@tccstor.org

ST MICHAEL AND ALL ANGELS RAFA CHAPEL SUSSEXDOWN

Communion with the residents Thursday 22 February at 11.30am

BCP Holy Communion in the Chapel at Sussexdown Please do come and join us; visitors are welcome

For more details phone Jo Graves on 742586

MILK BOTTLE TOPS Please keep collecting!

The tops will be given to Storrington Primary School. The Friends of Storrington School (FOSS) are now collecting the tops to raise money for the school and so we will continue to give them our support.

Please remember clean, plastic milk bottle tops only should be delivered to Storrington Rectory Office - do not leave them anywhere in Church (office is open Tuesday to Thursdays, 10am - 1pm). Milk bottle tops collected at St Mary's, Sullington, can also be sent to Storrington Rectory Office.

Thank you to everyone who collects plastic milk bottle tops and keep up the good work!

Viv Stuart

MESSAGE FROM THE BISHOP OF HORSHAM

Early in February, the Church remembers Jesus being presented in the Temple. Wise and holy old Simeon utters the words of the *Nunc Dimittis*, including "to be a light to lighten the Gentiles and to be the glory of your people, Israel". It is the proclamation that Jesus is not simply for those associated with him, the Israelites, but for everyone else as well, the non-Israelites, the Gentiles.

Clergy get used to people casually referring to God and to prayer as 'your department' or 'your business'. 'Have a word with your boss' people joke; 'say one for me.' It is as if people acknowledge prayer as valuable, even important, but consider it someone else's business. Perhaps there is too much truth in those jokes that imply prayer is for the specialists or professionals rather than everyone else. The 2018 Year of Prayer reminds us that prayer in the name of Jesus, like Jesus himself, is for everyone and not just for those most publicly associated with him.

Certainly clergy should pray for their people daily at Morning and Evening Prayer, but they are also bidden to ring the church bell to tell everyone that it is happening. Church bells both announce that people are being prayed for and call them to join in, whether in church or elsewhere. If you cannot hear a church bell, you can set an alarm on your watch or mobile phone creating a regular reminder to pray. There are many opportunities to learn about praying this year, not least in Lent which also begins this month, but let me commend to you the Daily Prayer of the Church, which you can download to your PC, smartphone or tablet. Just visit your App Store, search for Church of England, download and join in.

With prayers and good wishes, +Mark Horsham





St Mary's Church Storrington CONCERT COMMITTEE

are pleased to announce the following Concerts at St Mary's Church, Storrington

Sat 3 March Brighton Welsh Male Voice Choir

Sun 6 May Songs & Tea & Cakes

Sat 16 June Petworth Town Band

Sat 21 July The Magic of Rodgers & Hammerstein

Please make a note of the dates in your diaries!

St Mary's Church, Storrington, needs your STAMPS PLEASE SAVE ALL YOUR STAMPS

and leave in the box in the Church porch...
they can be converted to much needed funds for our Church.
Please pass the message to all your friends and neighbours.



SAVING SULLINGTON'S HERITAGE

On Friday 1 December, around 100 visitors to The Old Workshop at Sullington Manor Farm enjoyed glorious but bracing weather for a celebration of the conclusion of the 'Saving Sullington's Heritage' project, including a farm tour



with Grahame Kittle, farmer at Sullington for 25 years. Coming off the tractor with great smiles on their faces, but cold, they enjoyed the warming soup and delicious savouries and cakes provided, swiftly followed by a glass of prosecco! Visitors heard from Nick Herbert, MP, of his gratitude for the support the Heritage Lottery Fund (HLF) provides in his constituency which enables projects like this to actually happen. HLF has helped to fund the structural repair of the barn and installation of a permanent exhibition about the history of the farmstead. Catherine Hobbs from HLF replied with grateful thanks to everyone who buys a lottery ticket; they are the people who really make things happen! The South Downs National Park also supported the project, in particular the exhibition. The South Downs Folk Singers entertained everyone throughout the afternoon with a repertoire of Sussex based folk songs.

Another 50 people visited on Sunday 3 December to see the exhibition and enjoy the tractor's rides, though the views were not so good due to misty weather, but the soup, nibbles and talk went down well and a good time was had by all!

Gail Kittle commented "We are thrilled to have reached the end of the 'Saving Sullington's Heritage' project and look forward to the future which it has opened up. The transformation of this barn into an exhibition centre, with a café opening in the spring, continues the historic agricultural pattern of adapting buildings for a new economic purpose. The buildings must be used or they will deteriorate and the historic fabric potentially lost forever." Approaching 1000 people have supported the restoration work and anyone interested in knowing more can simply email info@ sussexholidaycottages.biz to become a Friend of Sullington Ancient Farmstead (no cost attached).

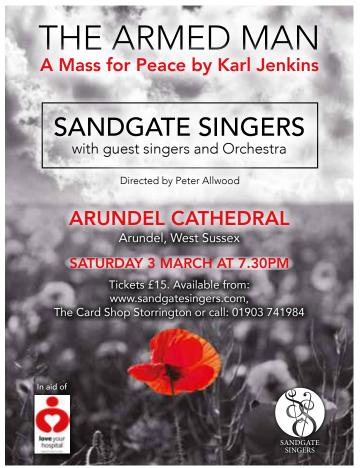
The exhibition is now open by appointment (call 745754) and from March the exhibition and tea room will be open at weekends, then full-time in the summer.







www.chemin-neuf.org.uk



CHRISTMAS TREE FESTIVAL AT WARMINGHURST CHURCH

The Christmas Tree Festival at Warminghurst Church this year was certainly one to remember, and was deemed a great success. The three-day event was very well attended and raised over £3,000 to go towards the upkeep of the Church.

The doors opened on Friday 8 December. The High Sheriff of West Sussex, Lady Emma Barnard, kindly did the honours with the help of the delightful choir from Ashington C of E School. Lady Emma chatted to the children afterwards, explaining her role as High Sheriff as the Queens's representative in West Sussex. The children were very impressed and particularly liked her hat.

The small, rural Church was filled with a glistening array of Christmas trees beautifully decorated in truly individual style by each of the participants from all areas of the community. Each of the three schools, Ashington C of E School, Storrington Primary and Thakeham Primary, decorated their trees beautifully with decorations made by the school children. The local businesses were not to be out done and all produced very original and distinctive designs.

On Friday evening, Nigel Parkin gave the most breath-taking rendition of Charles Dickens' A Christmas Carol. The candlelit Church was the perfect setting for his mesmerising performance and made for an atmospheric Christmas scene. Nigel has also very kindly offered to perform the Gospel of St Mark at Easter.

There was a steady procession of visitors throughout Saturday and Sunday who came to enjoy the display and refreshments and buy homemade Christmas goods. The weather threatened to dampen spirits on Sunday morning with a howling gale, but thankfully our faithful visitors fought their way to the door to hear the Kaleidoscope Singers from Steyning sing a wonderful hour of Christmas carols and songs. The Friends of Warminghurst are so grateful to them for giving their time to perform. Lucy Moore from the The Floral Artisan spent the day on Sunday demonstrating and creating stunning Christmas wreaths and table decorations for visitors to buy.

The Church was full for Candlelit Carols on both Saturday and Sunday evenings with a glowing light, enthusiastic singing, and readings, concluding with mince pies and warming mulled drink. At the Saturday Candlelit Carols, young chorister Imogen Murray, aged 11, took our breath away as she opened the carols in traditional form with an angelic solo of the first verse of Once in Royal David's City.

Events like this cannot happen without a lot of people giving up their time to help, and thanks go to the Friends who helped and others outside the group who gave invaluable time to set up the Festival.

"This is a biennial event at the Church which we started in 2009" said Rachel Webster, Chair of the Friends volunteer group. "Each Festival builds on the last, and it has gained a certain reputation now which is exciting for such a small and remote Church. It involves a lot of work and creativity from so many, but we all agree that the finished result is stunning and a work of the community, which is so pleasing."

The Church is no longer in service but is vested to the Churches Conservation Trust, which maintains and cares for the building. The Friends volunteer group is essential on the ground to bring visitors to see this unique Church to see the work and support the Trust. This year the impressive repair project to the roof is on show, and the building now watertight for another generation.

The Friends of Warminghurst Church are indebted to those people and businesses that sponsored and decorated trees at this year's Festival and would like to thank:

Anderson Rowntree Solicitors **Andrew Jenkins Podiatry Services Ashington Automobiles Bedouin Antiques** Byre Cottages at Sullington Manor Farm Crossways Veterinary Practice Horsham Gingerbread Knepp Wildland Moncrieff Bray Gallery and Art Courses Nick and Lesley Carver Spring Garden Farm Shop Storrington Museum **Thakeham Bell Ringers** The Floral Artisan The Just Ironing Company The White Lion, Thakeham **Tooveys Auctioneers** Village Larder Village Nurseries Waitrose, Storrington

For more information on the Friends of Warminghurst Church or the Church contact info.fowc@gmail.com or call 891312. Also see www.visitchurches.org.uk.



Sat 1: Dull but fine and chill. Lopping trees by entrance gate. Paid bills in Storrington; nearly through them. Clara drove M to Parham to call. Hal comes down.

Sun 2: Septuagesima. Fine but chill. Purification. Fair morning and evening congregations. 9 to Holy Communion. Preached on the need for self-purification in order to have a hope of a vision of God and on Simeon hymn being the subject of the day. Hal walked to Pulborough in the late afternoon.

Mon 3: Fine, cold, dry, keen north east wind. The man I wrote to at Liphook has a place, so have all the men worth anything. My cow (Meggy) slipped a calf, another dairy blow. Agatha Hollist goes.

Tue 4: Fine, some sun. Board of Guardians big assessment of attendance, old John in force. Returned by 2.30pm to meet Mr Lambert who with his daughter was lunching, and who left his son Charles Edward Winterton here as my pupil.

Wed 5: Fine and mild. My first day with the youth. He is about a second standard type but would not pass in anything. I wonder if I would ever do anything for or with him. Pruned wall trees. Had my evening service at Roundabouts, Mrs Standen who had some 15 there.

Thu 6: Much as yesterday. Took a Union service and had an attentive congregation and spoke on the Slavery of Sin and knowing the Lord as Deliverer. Mrs Griffiths and her daughter came from Romsey.

Fri 7: Colder. Dull and raw. To Chichester County Council; much to do about the Storrington Bridge. My motion on the footway did not come off. Interviewed a coachman at Pulborough, one Smith.

Sat 8: Fine, dull at noon. Our visitors left about midday. I to Cobden. Moore not well. Our Cook wishes to leave us.

Sun 9: Sexagesima. Mild and damp after rain. Took Parkinson's evening service for him, (had catarrh). Old sermon on The Intensive Consciousness of God's Being Distasteful to Fallen Man Gen 3 v9 and in afternoon and evening on Sacrifice, Noah's Simplicity. George Carew Gibson came across with sad news of impending and final attack from the creditors.

Mon 10: Very mild and springy. Clara takes May to Petworth to a choral class. I visit Emmie about the estate: find her very comfortable over tea, fresh cake and muffins!

Tue 11: As yesterday. Made some parish visits. Mrs Clarkson called in the old Bishop's carriage. Clara goes cook-hunting. Parliament opens, the first working session.

Wed 12: As yesterday. School 25/27. A host of female folk to call and to tea. Had my service at Cobden (18). Lamb commitant. Finished the Chitral Campaign and was much interested by the narrative of the causes and resources. A new girl arrives for the scullery Alice King.

Thu 13: Very foggy and generally damp. This weather is rather limp but kindly to the poor. Called on Mesdames Quait and Birchett, both of whom have been seriously ill. Arrange with Parkinson to deliver a series of Wednesday evening sermons during Lent.

Fri 14: Fine and mild. My time taken up this morning by a visit from Halsted and Son of Chichester about the Asylum appointment of medical superintendant. Lambert had a fall from his bicycle. The party went down to a Storrington Concert got up by Newton for charity. Visited the Chantry works.

Sat 15: Fine and dull. Drove to Pulborough to meet Albery, who advises sending George C Gibson a notice of ejectment: then putting up the property for sale in May. A meet at Sandgate.

Sun 16: Quinquagesima. As yesterday. Again have taken three full services – quite satisfactory. My morning was fairly attended, some workmen from Chantry came over. Collections for CDA poor, then in afternoon rather thin: at Storrington but scant. Hear of a sad accident to poor Jane Vesey.

Mon 17: Colder and fine. Walked to Rock, called on Andrews, (lumbago). Hear of Captain Farmer's death at Worthing on Saturday after a short illness; I always liked him much, a genial kindly man full of information and fond of his neighbours. Clara May and Lambert at Washington in the evening to a "singsong" by the Godmans, rather slangy, I believe.

Tue 18: Very hazy. Long Board of Guardians plus District Council. Steam roller and clerks salary are chief discussions: self all through in a hopeless minority.

Wed 19: Ash Wednesday. Fine. A service here at 11am about a dozen, chiefly ourselves. Then into Worthing to be present at the funeral at Heene of our good old friend and neighbour Farmer. Then home again by 5.30pm to be present at Storrington evening service where I gave my first lecture on Malachi. Supped with the Hoares. Clara and Lambert were left behind and flyed from Findon.

Thu 20: Dull to rain. Had to give up my Threales service as it was wet. A writes that Jane goes on well.

Fri 21: Very dull, some rain in evening. To an Asylum Committee, passed electric and softening water apparatus (Atkins Company) and decided to advertise at once for a medico superintendent at £450. Rode to Amberley. Paid £32 odd income tax and land tax £17.

Sat 22: Colder. Called on Jelfs. Newcomers to Wiggonholt but did not see them. May to a meet with Mrs Fenton. Heartleys called: he brought me a memoir of his father by Professor Ince.

Sun 23: Lent 1. Sharp frost. Fine and bright. Had two very tidy congregations. Preached on the need of quickly quitting a condition of sin to which we had become accustomed.... Sodom Lot and the Angels; and in afternoon on the Temptation. Read some of Heartley's memoir and also of Churches Life and Letters.

Mon 24: As yesterday. School 22/27. Small boy sent up by Parrish "in custody" for pilfering here on Sunday. To Storrington to pay bills etc.

Tue 25: As yesterday. Sharp. Richardson carting out manure into lower meadow. Had my evening service at Threales, a good muster. May walks to the Ring with Miss Byers niece of Mrs Felton. Frost very sharp today.

Wed 26: Very cold dull and fine. Had a number of folk up to hockey. Mrs Broadbridge, who is suddenly bailiffed gets a loan of 30 shillings from me. Take my sermon at Storrington, a second on Malachi – fair attendance. Dr Jameson and crew in London.

Thu 27: Mild. The sharp frost gone. Had my service at Cobden as lambing is begun, the flock was smaller. The rest of the party went to Bridger's.

Fri 28: As yesterday. 24/27 school, Visited all the people along Washington Road, Clara on the lookout for a Cook. Hears of one.

Sat 29: Dull and drifty. Heard from Arthur (Rawal Pindi) who talks of coming home in April. Write back to him. May drives to Stopham for hockey, I call on Hemmingway who is walking about again.

SUSSEXDOWN RAFA CARE HOME

Would you like to visit some of the residents at Sussexdown on a reasonably regular basis? These visits would be purely neighbourly and should prove interesting and may be enlightening for the visitors! Please let Ann know if you are interested on 01798 813481.

CHRISTMAS DAY LUNCH

One of the worst aspects of Christmas, in our opinion, is that many people face it alone. Sometimes this is due to having no family close by, or you are the last member of your family to be alive, or maybe there is a family rift.

We both have children and grandchildren, but for various reasons, we don't get together at Christmas. This was the catalyst for the first Christmas Day Lunch in 2015. In this, our third year, we had 27 guests and several

helpers who sat down to superb, traditional Christmas Day fare.



The meal was cooked by some of our many volunteers. Sue, Ann and Sheena ensured that the kitchen ran like clockwork; the food was served hot and quickly by the waiters and waitresses, including Sue's three daughters Helen, Rachel and Lucie, who added their own fun and laughter to the day. We were fortunate to have the use of one of the

community minibuses which was driven by David, offering a lively journey to the meal and home again.

Without the fantastic number of people who enjoy helping us, and who are willing to give up their time, not only on Christmas Day, but also for the planning meetings and on Christmas Eve setting up the room, the day would not and could



not happen. So to all the helpers, Jim, Caroline, Ann, Eric, Rory, Sheena, David, Jacquie, Jackie, Stuart and Margaret, a huge thank you. These helpers are from the various local churches, and they are all amazing!

This year, as well as a visit from Santa, we had musical entertainment from Stuart who played the keyboard during the meal and one of our guests, Diana, a partially-sighted lady, sang for us between courses. For a tiny lady she has a wonderful, powerful voice and her choice of Christmas songs and carols was spot-on. So thank you to both of you for making the day so special.

Thank you everyone for your help and sense of fun that you brought to the day.



Incidentally, we had a waiting list of people who wanted to help out, and we have already had people saying they would like to help this year! How incredible is that?

Christine & Stephen Turrell





CHURCH SERVICES AT A GLANCE





SULLINGTON St Mary's



DATE	FESTIVAL OR SUNDAY	10000000000000000000000000000000000000		
4 February	2nd Sunday before Lent Candlemas Sunday	8am Holy Communion (said) 10am Family Communion 6pm Evensong	10.30am Joint All-age Service (with Sullington)	8am Holy Communion (with Thakeham)
11 February	Sunday Next before Lent	8am Holy Communion (said) 10am Parish Communion + Footsteps 6pm Evensong	9.30am Morning Prayer	8am Holy Communion (with Thakeham) 11.30am Morning Prayer
14 February	ASH WEDNESDAY	7pm Ash Wednesday Eucharist with imposition of ashes followed by Week 1 of Lent Course – see p.6		12 noon Ash Wednesday Holy Communion with imposition of ashes (with Thakeham)
18 February	Lent 1	8am Holy Communion (said) 10am Parish Communion with Prayers for Healing + Footsteps 4pm Church@4 No Evensong	8am Holy Communion (with Sullington)	10.30am Holy Communion (with Thakeham)
25 February	Lent 2	8am Holy Communion (said) 10am Parish Communion + Footsteps 6pm Evensong	9.30am Family Communion	11.30am Family Communion
4 March	Lent 3	8am Holy Communion (said) 10am Family Communion 11.45am Baptism Service 6pm Evensong	10.30am Joint All-age Service (with Sullington)	8am Holy Communion (with Thakeham)

Midweek Holy Communion services on Thursdays: St Mary's Church, Storrington at 10.30am and Sussexdown at 11.30am

OTHER CHURCH DETAILS

ROMAN CATHOLIC CHURCH

Our Lady of England, Monastery Lane

Mass – Saturday 6pm, Sunday 8am and 10am
Daily Mass: Monday – Friday 9am.
For other midweek services, confessions etc., please contact
Parish Priest: Fr Charles Howell
2 St. John's, Fern Road, Storrington RH20 4LW
Tel: 740338

STORRINGTON CHAPEL

North Street

Sunday Services 10.30am, 6.30pm Church Elder: Graham Thrussell Tel: 01243 545737 grahamthrussell.GT@gmail.com

COMMUNITY CHURCH

at Steyning Grammar School – Rock Road Campus

Family Worship – Sundays 10am
Enquiries to Mrs Val Augustine
Community Church Office, PO Box 1020, Storrington RH20 3UY
Tel: 01798 817596

TRINITY METHODIST CHURCH

Thakeham Road

Sunday Service 10.30am
Minister: Revd Dawn Carn
4 Gorse Avenue, Worthing, BN14 9PG
Tel: 260356 (Church Office: 746390)
www.trinitymethodiststorrington.uk
www.facebook.com/TrinityStorrington

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Tues	10am	Coffee Morning – Storrington Chapel
Wed	9.30am	Registrar of Births and Deaths – Storrington Library – pre-booking only – 01243 642122
Fri	10am	Storrington Community Market – Village Hall

Storrington Library Opening Hours – Tel. 839050

Monday to Friday	9.30am – 5.30pm
Saturday	10am – 4pm

SUNDAY LUNCH CLUB

1pm on second Sunday in the month (except August) at the Old School, School Lane, Storrington, for those who would like to join us for friendship and food.

Tickets (£4.00) are available from:Louisa Austin, Church Street, Storrington



Storrington Village Hall – First Thursday of each month

COFFEE served from 10.30am LUNCH available: £3.00 12 noon – 1pm

(Soup, Ploughman's and home-made puddings)

ALL ARE WELCOME. Come and meet old friends and make new ones. No need to book – just turn up.

Co-ordinator: Pat Webb (893145)

WHAT'S ON

FEBRU	ARY
Thu 1	
10.30am	Pop-In Lunch Club – p18
2pm	MU – AGM and Meeting – p20
	Fryern Ladies' Probus – Meeting – p31
7.30pm	Storrington Camera Club – Meeting – p24
Sat 3	
10am	Storrington Conservation Society – Working Party – p24
Sun 4	2nd BEFORE LENT
Mon 5	
7.30pm	Storrington & District Museum – Talk – p.22
Tue 6	
10am	Inter-Church prayers - RC Church (side-chapel) – p9
2pm	SPACE – Arts and Craft Group – p23
Wed 7	
10am	St Barnabas Outreach – Library Car Park – p23
2.30pm	The Arts Society – Lecture – p31
Thu 8	
7.30pm	Bingo – Mary How Trust – p24
Sat 10	
10am	Sandgate Conservation Society – Working Party – p28
2pm	Storrington Conservation Society – Talk – p24
3pm	Visiting bellringers at St Mary's, Storrington (ends 4.30pm)
Sun 11	
3011 1 1	SUNDAY NEXT BEFORE LENT
10am	
10am	St Mary's, Storrington - MU - Celebrating Marriage
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10am 1pm Mon 12	St Mary's, Storrington - MU - Celebrating Marriage Sunday Lunch Club – p18
10am 1pm Mon 12 7.30pm	St Mary's, Storrington - MU - Celebrating Marriage
10am 1pm Mon 12	St Mary's, Storrington - MU - Celebrating Marriage Sunday Lunch Club – p18 Thakeham Gardeners' Club – Meeting – p32
10am 1pm Mon 12 7.30pm Wed 14	St Mary's, Storrington - MU - Celebrating Marriage Sunday Lunch Club - p18 Thakeham Gardeners' Club - Meeting - p32 ASH WEDNESDAY Stay and Play - Children's Half-term Playgroup - p17
10am 1pm Mon 12 7.30pm Wed 14 10am	St Mary's, Storrington - MU - Celebrating Marriage Sunday Lunch Club - p18 Thakeham Gardeners' Club - Meeting - p32 ASH WEDNESDAY Stay and Play - Children's Half-term Playgroup - p17 Wild Fortune Quiet Garden - p5
10am 1pm Mon 12 7.30pm Wed 14 10am 10am	St Mary's, Storrington - MU - Celebrating Marriage Sunday Lunch Club – p18 Thakeham Gardeners' Club – Meeting – p32 ASH WEDNESDAY Stay and Play – Children's Half-term Playgroup - p17 Wild Fortune Quiet Garden – p5 Ash Wednesday Holy Communion at St Mary's, Sullington
10am 1pm Mon 12 7.30pm Wed 14 10am 10am 12noon	St Mary's, Storrington - MU - Celebrating Marriage Sunday Lunch Club - p18 Thakeham Gardeners' Club - Meeting - p32 ASH WEDNESDAY Stay and Play - Children's Half-term Playgroup - p17 Wild Fortune Quiet Garden - p5
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10am 1pm Mon 12 7.30pm Wed 14 10am 10am 12noon 12.45pm 7pm 7.30pm Thu 15 2pm	St Mary's, Storrington - MU - Celebrating Marriage Sunday Lunch Club – p18 Thakeham Gardeners' Club – Meeting – p32 ASH WEDNESDAY Stay and Play – Children's Half-term Playgroup - p17 Wild Fortune Quiet Garden – p5 Ash Wednesday Holy Communion at St Mary's, Sullington Lent Lunch at Church Rooms, Thakeham – p5 Ash Wednesday Eucharist - St Mary's, Storrington - followed by Week 1 of Lent Course Rotary Film Night – Victoria & Abdul – p28 Storrington Conservation Society – Working Party – p24
10am 1pm Mon 12 7.30pm Wed 14 10am 10am 12noon 12.45pm 7pm 7.30pm Thu 15 2pm 3pm	St Mary's, Storrington - MU - Celebrating Marriage Sunday Lunch Club - p18 Thakeham Gardeners' Club - Meeting - p32 ASH WEDNESDAY Stay and Play - Children's Half-term Playgroup - p17 Wild Fortune Quiet Garden - p5 Ash Wednesday Holy Communion at St Mary's, Sullington Lent Lunch at Church Rooms, Thakeham - p5 Ash Wednesday Eucharist - St Mary's, Storrington - followed by Week 1 of Lent Course Rotary Film Night - Victoria & Abdul - p28 Storrington Conservation Society - Working Party - p24 Tea with the Vicar - p5
10am 1pm Mon 12 7.30pm Wed 14 10am 10am 12noon 12.45pm 7pm 7.30pm Thu 15 2pm 3pm 7.30pm	St Mary's, Storrington - MU - Celebrating Marriage Sunday Lunch Club - p18 Thakeham Gardeners' Club - Meeting - p32 ASH WEDNESDAY Stay and Play - Children's Half-term Playgroup - p17 Wild Fortune Quiet Garden - p5 Ash Wednesday Holy Communion at St Mary's, Sullington Lent Lunch at Church Rooms, Thakeham - p5 Ash Wednesday Eucharist - St Mary's, Storrington - followed by Week 1 of Lent Course Rotary Film Night - Victoria & Abdul - p28 Storrington Conservation Society - Working Party - p24 Tea with the Vicar - p5
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10am 1pm Mon 12 7.30pm Wed 14 10am 10am 12noon 12.45pm 7pm 7.30pm Thu 15 2pm 3pm 7.30pm Fri 16 7.30pm	St Mary's, Storrington - MU - Celebrating Marriage Sunday Lunch Club - p18 Thakeham Gardeners' Club - Meeting - p32 ASH WEDNESDAY Stay and Play - Children's Half-term Playgroup - p17 Wild Fortune Quiet Garden - p5 Ash Wednesday Holy Communion at St Mary's, Sullington Lent Lunch at Church Rooms, Thakeham - p5 Ash Wednesday Eucharist - St Mary's, Storrington - followed by Week 1 of Lent Course Rotary Film Night - Victoria & Abdul - p28 Storrington Conservation Society - Working Party - p24 Tea with the Vicar - p5 Storrington Camera Club - Meeting - p27
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10am 1pm Mon 12 7.30pm Wed 14 10am 10am 12noon 12.45pm 7pm 7.30pm Thu 15 2pm 3pm 7.30pm Fri 16 7.30pm Sun 18 4pm	St Mary's, Storrington - MU - Celebrating Marriage Sunday Lunch Club - p18 Thakeham Gardeners' Club - Meeting - p32 ASH WEDNESDAY Stay and Play - Children's Half-term Playgroup - p17 Wild Fortune Quiet Garden - p5 Ash Wednesday Holy Communion at St Mary's, Sullington Lent Lunch at Church Rooms, Thakeham - p5 Ash Wednesday Eucharist - St Mary's, Storrington - followed by Week 1 of Lent Course Rotary Film Night - Victoria & Abdul - p28 Storrington Conservation Society - Working Party - p24 Tea with the Vicar - p5 Storrington Camera Club - Meeting - p27 LENT 1
10am 1pm Mon 12 7.30pm Wed 14 10am 10am 12noon 12.45pm 7pm 7.30pm Thu 15 2pm 3pm 7.30pm Fri 16 7.30pm Sun 18 4pm Tue 20	St Mary's, Storrington - MU - Celebrating Marriage Sunday Lunch Club - p18 Thakeham Gardeners' Club - Meeting - p32 ASH WEDNESDAY Stay and Play - Children's Half-term Playgroup - p17 Wild Fortune Quiet Garden - p5 Ash Wednesday Holy Communion at St Mary's, Sullington Lent Lunch at Church Rooms, Thakeham - p5 Ash Wednesday Eucharist - St Mary's, Storrington - followed by Week 1 of Lent Course Rotary Film Night - Victoria & Abdul - p28 Storrington Conservation Society - Working Party - p24 Tea with the Vicar - p5 Storrington Camera Club - Meeting - p27 LENT 1 Church@4pm - St Mary's, Storrington - p15

Wed 21	
10am	Cafe in the Church – St Mary's Church, Storrington – p10
7.30pm	Week 2 of Lent Course – St Mary's, Storrington – p6
7.30pm	Sullington Windmills WI – Meeting – p34
Thu 22	
11.30am	Holy Communion at Sussexdown – p10
7pm	Introduction to Alpha Course – p10
Sat 24	
10am	Sandgate Conservation Society – Working Party – p28
7pm	Quiz Night – Thakeham Village Hall – p4
Sun 25	LENT 2
Tue 27	
7pm	(for 7.30pm) Deanery Synod Open Meeting - St Mary's CofE Primary School, Pulborough
7.30pm	Mary How Trust Film Night – Hampstead – p32
Wed 28	
2pm	Storrington Flower Club – Meeting – p27
7.30pm	Week 3 of Lent Course St Mary's, Storrington - p6
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Details of all church activities on pages 4,5,6 and 18.

SAINTS AND SPECIAL DAYS

FEBRUARY			
Fri 2	PRESENTATION OF CHRIST IN THE TEMPLE (Candlemas)		
Sat 3	Anskar, 865, known as 'Apostle of the North' (Europe)		
Sun 4	Gilbert of Sempringham, 118, founder of the Gilbertine Order		

Tue 6 Accession of Queen Elizabeth II, 1952

Sat 10 Scholastica, c.543, Roman Catholic Saint

Wed 14 Cyril and Methodius, 869 and 885, brothers, Greek, principle Christian missionaries for Slavic people

Valentine, c.269, associated with love since high Middle-Ages; this day also remembers other saints called Valentine

Thu 15 Sigfrid, 1045, apostle of Sweden, second 'Apostle of the North'

Thomas Bray, 1730, founded the Society for the Propagation of the Gospel in 1701

Sat 17 Janani Luwum, 1977, Archbishop of Church of Uganda, one of the most influential leaders of the modern church in Africa. Murdered in 1977 by Idi Amin

Fri 23 Polycarp, c155, a disciple of the apostle John, who ordained him bishop of Smyrna.

According to David Trobisch, Polycarp may have been the one who compiled, edited, and published the New Testament

Tue 27 George Herbert, 1633, Welsh-born English poet, orator and Anglican priest, important British lyricist

WEST CHILTINGTON AND STORRINGTON MOTHERS' UNION

Mothers' Non Christian care for families

We were deeply shocked and saddened to hear of the death of Michael

Bull, husband of our member, Brenda. Michael showed interest in what was going on at MU, had been to the occasional meeting and joined us with Brenda on MU outings.

We were also sad to learn of the death of Margaret Norman, a former member and Branch Leader of Storrington Branch when we were two separate Branches. At the closure of Storrington Branch, their members joined us at West Chiltington and Margaret continued to be a staunch supporter even when her health was failing, right up until about a year ago. We will remember her with affection and we offer our deepest sympathy to both families.

Joyful voices rang out at West Chiltington Church on 7 December when we celebrated Advent with our service led by Revd Kathryn Wndslow. Singer Jillian Arthur delighted us with Little Road to Bethlehem accompanied by Tony Hancock on the organ. Chrystalle Kersley moved us with two poems she had written about the Nativity and Stella Hastings amused us with the Pam Ayers poem Goodwill to Men. Bible verses were read by Jean Hunt and Jeannie Watten. Afterwards, guests joined us for a festive tea provided by the members. The proceeds from the raffle and sale of table decorations and cakes amounted to £95 which went to support Away From It All Holidays.

Fourteen ladies gathered at The Crown, Cootham, on Thursday 4 January to enjoy the conviviality of a New Year lunch. We were delighted Ella Coventry joined us for lunch, who has recently moved to Storrington with her husband.

Thursday 1 February will be the AGM at 2pm at West Chiltington Church Hall, followed by 'Name that Hymn or Tune'. A reminder to members to bring their collecting boxes for counting and also any subscriptions outstanding.

Jean Hunt





Join us...

If you love aircraft, action and adventure, then the Air Cadets is for you The RAF Air Cadets is a UK-wide cadet force sponsored by the Royal Air Force.

As a cadet, you'll get the chance to do things that others only dream about. Such as adventurous training, camps, drill and real flight experience.

So, if you're aged 12* - 17 and you're looking for a challenge, contact us.
*You must be in school Year 8

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Aged 20 or over?

Become an adult instructor with the RAF Air Cadets.

Training is provided. Have fun, make life long friends and even achieve valuable qualifications.

Help cadets develop leadership and team working skills.

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Air Cadets



@aircadets



HOW STORRINGTON DEVELOPED IN THE 20TH CENTURY

At the beginning of the century, Storrington had a population of 1,016, comprised of just 248 families living in 237 houses. The concentration of building at that time, which had hardly changed for centuries, was in Church Street, High Street, West Street, Brewer's Yard, Back Lane (North Street), and the southern end of School Hill and Mill Lane. There were scattered houses and farms along Hurston Lane, Cootham, Chantry, Greyfriars, Kithurst and Bog Common, and estate cottages at Fryern completed the village.

By the 1930s, the number of households had nearly doubled and the population had increased by 75% to 1,754. Several West Country farmers found it advantageous to move their entire farms to the area, settling in



Sullington and Chantry, Hormare and Hurston.

Early housing schemes began in Cootham with the Crescent built in 1921 and St Richards replacing the substandard houses known as the Long Row and built by St Richard's Housing Association. Individual private housing began to appear along the Washington Road around the south-western corner of Sullington Warren in the 1930s. The new rectory was built behind *Chanctonbury House* in a corner of the Church meadow, followed in 1936 by the access road, Rectory Road, with *Green Arbor*, for the dentist. Immediately prior to the war and just afterwards, the Melton Drive houses were built at the opposite end of the parish.



No census was taken in 1941 during WWII, but the figures would have been distorted with the hundreds of troops and evacuees in the village on a temporary basis. It was not until the late 1940s that real development appeared, as Spierbridge farm gave way to a new council estate, together

with Fryern Close, and the first Meadowside council houses. Those were difficult years with post-war shortages of building materials of all kinds and financial restrictions on local authorities as the country struggled to repay its massive war debts.

The situation eased by the 1950s and council housing continued to be built in Windmill Copse and Brown's Lane: in the private sector, Bine Close, and Kithurst Park were developed on the old commons. The programme of council house building was completed by 1977, at which time Ravenscroft, Kingsfield Flats and Field End had come into being.

The private sector, however, was growing fast as large old houses were demolished and the land more intensively used, with building in Holly Court, Plantation Way, Chantry Close, Fox Court in Newtown Road, Old Mill Drive, Hawthorn Way, Merryfield Way, Merryfield Close and Melton Avenue.

In the 1970s, the remainder of Gatley's field, which stretched from the High Street to Fryern Road, was completely redeveloped as Old Mill Square shopping precinct and car park, sweeping away the bus station which had only been built in 1954. It continued north into the new Sunley estate of Greenfield Way, Aldermoor Avenue, extension of Melton Drive, Downsview Avenue, Kingsland Close and Denshire Drive. The closure of the sawmills released yet more land for housing; Woodside Close and Timberlands were built on the site.



There was further incursion into the Church meadow, now wrongly referred to as the Glebe Field, with building of Rectory Close, and the old common

continued to be built over with the Kithurst Lane and Kithurst Park estate. The Hanover Housing Association came into the village in the mid-70s, building houses and flats behind *Eastbrook* and the *Anchor*. 1970 saw the biggest development project of all as Hormare farm was taken over for housing, and for the next decade, building continued with streets and houses springing up where John Turner's dairy herd had once grazed, and the view north from the recreation ground was hemmed in by a solid mass of houses.

It was becoming evident that unless something was done, the individual character of many towns and villages like Storrington could easily be destroyed. The Town and Country Planning Act of 1971 required local planning authorities to pinpoint areas of special historical and architectural interest to make them 'conservation areas', where the character of the place should be preserved and enhanced. In 1973, Storrington's conservation area was mapped, taking in the old centre of the village: Church Street, The Square, High Street, Brewer's Yard and Manley's Hill. Within this area, Manleys and the Old Cottage, Brook House, Mulberry House, several Church Street houses, The Abbey, The Horsecroft, Smugglers and the Old School were listed as buildings of special architectural or historic interest. Five buildings in Church Street, seven in West Street, eight

in The Square and North Street, seven in High Street, three houses and all the Malthouse row in Brewer's Yard and two in School Hill were recommended to be listed, some of which have since been done.



With many large open areas already built up, the 1980s were marked largely by infilling at Cootham, Plantation Way, West Street, Church Street (as *Chanctonbury House* was demolished to make way for the Wade estate of Chanctonbury Walk), Brown's Lane and Meadowside, Nightingale Lane, Thakeham Road and Fryern Road.



As the last decade of the century dawned, the Church meadow came under renewed pressure for infilling and the Glebe Surgery was built behind the Village Hall, with various proposals for further building, including suggestions for a supermarket or

houses on the site. Another new surgery was built at the end of Ryecroft Lane next to the Library, to accommodate the practice from Church Street. Even the churchyard was no longer large enough to accommodate new burials, and in 1996 this was enlarged into the Church meadow.

Extract from Storrington through the Twentieth Century by Joan Ham, Village Historian

STORRINGTON & DISTRICT MUSEUM

We began the New Year with an exhibition called 'Were You Being Served?', which is based mainly on photographs from our archives, but also from a collection held by Amberley Village Stores, which they have kindly lent to us. (A visit to Amberley Stores to see the whole collection is well worthwhile.) This exhibition is about village shops and other retail outlets which have disappeared and, mainly, have become residential properties. It is amazing how many retail outlets existed before the car and supermarkets took over our lives.

On **Monday 5 February**, at 7.30pm there will be a film presented by Bill Gage called 'Views of Sussex', and on Monday 5 March, our AGM will be followed by a talk by Ian Ferguson, 'Research Can Be Revealing'.

On Saturday 24 March, there will be another of our Quiz Evenings with a home-made supper. It will begin at 7.30pm sharp, and tickets are £10 each. Come as a table of four or join a table on the night. Tickets will be available from Rene Harwood, on 745756.

We had a most informative talk in December given by Richard Draycott of the Kent Surrey and Sussex Air Ambulance. The complexity and expense of the whole business is mind-numbing, but as Richard said, "It is a life-saving charity giving people the best chance of survival in a life threatening situation", and as such is worth every penny it costs.

The first Air Ambulance was set up 30 years ago in Cornwall. The Kent Air Ambulance began 26 years ago, and now 19 regions have the service nationwide. The whole service is funded almost exclusively by donations from the public, from wills, collections, and raffles. A little money comes from the government and Primary Care Trusts. It takes between eight and nine million pounds a year just for the Kent Surrey and Sussex Air Ambulance to operate, which is a huge amount to raise, but with the help of about 200 volunteers, it is raised, to ever higher standards.

The service was basic to begin with, being a speedy way to get a seriously injured person to hospital, but functioning only on weekdays and during the hours of daylight. Now it is much more complicated. Originally there was the pilot, then, as now, often ex-RAF, and two paramedics or one paramedic and a nurse, but in 2005 one paramedic was replaced by a doctor, and more and more casualties were treated at the scene of the accident because the importance of 'the golden hour', the hour immediately after the accident, was realised.

The crew is now trained to a critical care level so that all kinds of trauma can be dealt with. Patients can be anaesthetised at the scene, they can have punctured lungs drained, which happens perhaps 60 times a month, even open-heart surgery can be performed.

In many accidents, loss of blood is a major problem, and this presented great difficulties: all the available equipment to deal with blood was so heavy and a helicopter can lift only a specified weight, and blood has to be stored at a certain temperature, but that temperature is too cold for it to be transfused, so it needs warming up. Eventually all the obstacles were overcome and now a patient could be at the most suitable hospital within the hour.

There are many 'smaller' issues which affect the success of each operation, for example the need for meticulous hygiene, which means that the crew can use five or six sets of overalls a day. The helicopter might be temperamental or not ready to go. Also, helicopters age, like everything else. £150,000 is needed just to fit out a helicopter. There are not enough helipads, and finding landing sites can be difficult.

However, everybody benefits from the research which goes into the workings of the Air Ambulance. Doctors do stints of six months to a year, and go back to the wards with greater expertise. Similarly, the paramedics who work on the Air Ambulance for two to three years are specially trained, and bring their skills back to the hospitals.

Do we appreciate this wonderful service enough? Or do we just take it for granted? Richard said that there are many ways we, the public, can help. If we volunteer we would have an interview to see where our skills and interests lie. We might help with the database, with the raffles, or by giving talks, even having a collection box helps. One unit of blood may cost £125, every lift may cost £2,500, but the best way to keep a body warm is, apparently, to wrap it in bubble wrap, and you can get a lot of bubble wrap for just £1, so every penny is useful to this wonderful service.

Mary Wilson

Old School, School Lane, Storrington RH20 4LL

Tel: 740188 www.storringtonmuseum.com E-mail: contact@storringtonmuseum.com Registered Charity No. 1084853

Weds and Sat 10am - 4pm • Sun 10am - 1pm



Christmas Buffet

Our December annual buffet was once again a great success. We all look forward to this event as the evening is always enjoyable. The food, as usual, was superb with soup, cold meats, fish and various salads followed by fantastic sweets, cheese and biscuits, coffee and tea, all prepared by Janet and Carol and assisted by a very helpful committee. Quizzes, stand up bingo, raffle and carol singing completed the night. Chris Lee played lovely back ground music throughout the evening. Roll on next December!

The next meeting is on 16 February when Roger Parsons will give an illustrated talk on Sweet Peas.

Sheila Parvis

All are welcome and we look forward to

seeing you, especially

if you are new to the

village, it's a great way

to meet people!



Village Hall, opposite Stable Antiques

Open Friday 2, 9, 16, 23 February from 10am to 11.15am.

Please come along and support your Local Community Market selling delicious homemade cakes and savouries, jams and marmalades,

eggs, local free range pork, mushrooms & vegetables, plants, flowers & peren nials. Also a wide range of handicrafts, cards & jewellery and

Aloe Vera skincare and health products. Stop for a coffee or tea and cake and browse our second hand book stall. We are always looking for helpers and bakers and producers for the wide range of stalls. For more information

please give Gilly a ring on 743888.





GUIDED TOURS OF SULLINGTON CHURCH AND FARMSTEAD

At 2pm every Wednesday

Guided tour of the ancient farmstead and Church at Sullington.

Meet by the Rector's parking space. No charge but donations to ongoing repair work greatly appreciated.





St Barnabas House Hospice Outreach Project Our staffed HOP vehicle converts into a

St Barnabas
House

Our staffed HOP vehicle converts into a cosy drop-in centre providing information and support related to end of life care.

The next visits to Storrington will be in the library car park.

Wednesday 7 Feb and 7 Mar - 10am to 2pm

For more information about the project please visit our website or email HospiceOutreachProject@stbh.org.uk or call 706357.

STORRINGTON & SULLINGTON - REFLECTIONS OF THE PAST

In the article on Storrington Heavy Industry on page 20 of the January 2018 issue of 3 Heralds, there was a referral to William Brown, which should have been William Bourn, more usually know as Bill.

Our sincere apologies to the family and relatives for this mistake, which was due to a transcription error.



STORRINGTON DRAMATIC SOCIETY

THE PERFECT MURDER 15 16 and 17 March

15, 16 and 17 March at Sullington Parish Hall

Following a very successful pantomime, which ran for five performances to packed audiences, SDS' next production will be *The Perfect Murder*, something a lot of people might be interested in after the Christmas and New Year celebrations! This is a play written by Hugh James, adapted from a story by the well-respected author, Jeffrey Archer.

John Hoskins, an accountant, appears to spoil the whole mystery, by confessing to the death of Carla Moorland, a beauty consultant, in the opening scene. However, in true Archer fashion, the plot is far from ended and the play moves through several twists and turns before the final revelations.

Tickets available mid-February from Fowlers Estate Agents, Storrington and Nisa Stores, West Chiltington, and online from 23 February https://storringtondramatics.co.uk.



Everyone will be very welcome (men and women, any age or ability). Either bring along something you can already do, or have a go at something different.

For more information (or just to tell us you are coming along) contact Christine Turrell (741272)

SCOC Storrington Camera Club IT'S ALL IN THE EYE OF THE BEHOLDER

When we look at a photograph in a publication, online or a gallery we all see something different. The point of interest in a scene is often defined by our own interests as they are defined by the different elements and aspects that we see.

The New Year provided us with the opportunity to interpret an image which made for an interesting challenge with our first meeting in January entitled 'Buddy Pairs'. The evening not only allowed us to have creative licence in changing an image but also to enjoy some humour and fun.

Members had been allocated a 'buddy' in the previous month with whom they had to share an altered photo. The challenge for members was what to change as they were allowed complete freedom which might just be to, 'crop the size', change to black and white or enhance colours in a way that would show how, looking through their eyes, they see the image.

The images covered a multitude of subjects from landscapes, buildings such as St Paul's Cathedral, castles, trains, traction engines, trees and plants, so there was no shortage of variety!

As each of the 'buddy pairs' presented their altered images, and when compared with the original, the changes varied significantly. It was interesting to see that no two altered images were similar and highlighted the differences in what we all see and why; no one is the same and we all have a different view and perspective on how we see things.

An example of these differences will be shared on **1 February** when our speaker Viveca Koh, who specialises in fine art photography, will be discussing what she looks for and providing another different perspective.

Kevin Harwood









STORRINGTONCONSERVATION SOCIETY

This time of the year as the days lengthen, we begin to look forward to spring, keeping eyes open for the first snowdrops, daffodils beginning to form buds and birds starting to build nests; all signs of warmer weather on the way, though cold spells may intervene. Also it is a time for preparing our gardens for summer. It is rewarding to have flowers, such as perennial wallflowers, that attract honeybees, with bumblebees enjoying the nectar and pollen as well. Also butterflies are attracted, adding colour. If white clover can be allowed in part of the lawn, that also is a good provider of nectar. Fulfilling and good conservation, becoming increasingly important as other habitats are lost.

Our work party on Saturday 6 January spent time in Fryern Dell, carrying out woodland management and restoration work, the aim being to recover aspects of the original Victorian Pleasure Garden for all ages to enjoy, and the exercise helped to reduce Christmas weight gain. The work party on **3 February** at 10am will be again in Fryern Dell, clearing invasive undergrowth from around the pond. For details of the Thursday work party on **15 February** at 2pm, please refer to our website nearer the time. As ever, all comers welcome to join any work party, equipment provided, but suitable foot wear is necessary.

On **Saturday 10 February** at 2pm, all are invited to the Village hall for Tea and Talk. Our guest speaker is Michael Joseph, talking about the creation and management of the wildflower meadow to which he and his wife Jane have devoted their time, and which a group of us visited last year.

For information about this and all our activities, or on becoming a member, please get in touch with Chairman Mick Denness on 745971, or see our website www.storringtonconservation.org.uk.

Stuart Kersley



BRIDGE EVERY DAY

There are no less than six duplicate Bridge Clubs in the Storrington, Thakeham and Pulborough area and they provide an opportunity to play every weekday. The clubs are quite small and are ready to welcome newcomers to the area or to help those who enjoy social rubber Bridge to experience the duplicate version of the game.

Thakeham and Pulborough Clubs are ready to help those with some experience of Bridge by arranging a discussion and play session on duplicate. If you are interested please contact Harold Linfield (01798 812276) or Tom Garside (01403 782814).

If you are new to the game then we can put you in contact with experienced local teachers. Bridge, like all games, is competitive but the Clubs provide a welcome and friendly atmosphere. You can keep your mind active but at the same time enjoy meeting new people and making friends.



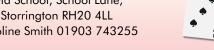
Adur Valley Bridge Club Storrington

Football Pavilion, Leisure Centre, Storrington RH20 4PG Partner guaranteed Bob Whiting 01403 711707



Storrington Bridge Club

Old School, School Lane, Storrington RH20 4LL Caroline Smith 01903 743255



TUESDAYS 7.10PM

Thakeham Bridge Club

Thakeham Village Hall, RH20 3EJ. (01798 815467) Harold Linfield 01798 812276



Storrington Bridge Club For Fun Gre

Football Pavilion, Leisure Centre, Storrington RH20 4PG Partner guaranteed Don or Doreen Cork 01403 782516



Ron James Play Sessions for less experienced player

Football Pavilion, Leisure Centre, Storrington RH20 4PG

Prior contact please to Ron James 01903 742135

THURSDAYS 7.20PM

Pulborough Bridge Club

Village Hall, Lower Street, Pulborough (01798 874647) Tom Garside 01403 782814

FRIDAYS 1.10PM

Thakeham Bridge Club

Thakeham Village Hall, RH20 3EJ. (01798 814467) Harold Linfield 01798 812276





Looking for an opportunity to develop your interest and skills?

Come and join us, visitors welcome.

Our programme includes guest photographer talks, demonstrations, competitions, practical workshops and a monthly coffee club.

MEETINGS alternate Thursdays 7.30pm to 10pm,
September through to May in The Football Pavilion, behind Chanctonbury Leisure Centre, Storrington.

Thursday 1 February at 7.30pm Guest speaker Viveca Koh FRPS, 'Urban Exploration to Fine Art'

Thursday 15 February at 7.30pm

One Photo – Many Results. Members have the opportunity to give their interpretation of an image

MORE INFORMATION:

www.storringtoncc.org.uk or contact Janet Brown T: 01798 812183 E: vicechair@storringtoncc.org.uk



LENS MADE IN JAPA

STORRINGTON ON SHOW 2018

After very encouraging feedback and results from our first show, we have decided to hold a second event to support the voluntary groups in Storrington in 2018. We have decided to go to the Chanctonbury Leisure Centre, Spierbridge Road, in the main hall, on Saturday 12 May.

Entry to the event, which will again be from 10am to 2pm, will be free, and the Leisure Centre manager is keen to use this as a way of getting closer to the community they serve, and is as excited as we are at the prospect of another opportunity to bring local groups into the centre. Car parking should be easy, and the centre boasts a café adjacent to the main hall.

Planning for this has already started, and more publicity will appear in future 3 Heralds.



STORRINGTON FLOWER CLUB

Wednesday 28 February at 2pm **Sullington Parish Hall**

Demonstrator: Graham King Theme: Experimental

Competition: Double Whammy



3 Heralds // February 2018

27



SANDGATECONSERVATION SOCIETY

Into February with the last blast of winter, and spring not too far away.

The Society work parties have been active in Sandgate Park and on Sullington Warren during this period by clearing areas of invasive wild rhododendrons and clearing areas of tree damage.



As many will know, we are always on the lookout for new members to join the Society in helping to conserve these local areas of outstanding natural beauty, so if you would like to face up to the challenge, then take a look at our web site where you will find all the details. The work parties will be on duty on **Saturday, 10 February** on Sullington Warren and in Sandgate Park on **24 February**, between 9am and 12 noon, with a break for refreshments during the morning, all provided free!

It should be mentioned that you are not obliged to join the work parties; just being a Society member gives us plenty of clout when it comes to local planning matters.

It is not all work as we have guest speakers giving presentations at Sullington Parish Hall on **Wednesday 28 February**, at 7.30pm. The Sussex Wild Life Trust will give a presentation covering the Sussex chalk streams and water, so why not come along and meet some of the Society's members.

To learn more about the Sandgate Conservation Society, who work closely with the National Trust and Horsham District Council, please contact our Chairman, Jacinta White on 01798 813545. www.sandgate-conservation.org.uk.

Brian Burns

West Chilt Jazz Club West Chiltington Village Hall RH20 2PZ CONCERTS FEATURING THE VERY BEST JAZZ BANDS Tuesday 6 February The Bateman Brothers Jazzband, with Rachael Pennel Tuesday 6 March Kevin Grenfell's Jazz Giants Doors Open 19.00 Concerts start at 19.30 Licensed Bar with Draught Beer Tickets £10 from NISA (Cherilyn) Store in West Chiltington and the Card Centre, Storrington. More information and late tickets from Keith Rushton 742914 I ckrushton@outlook.com www.westchiltvillagehall.org go to "Jazz Club"

St Mary's Church Storrington Concert Committee presents

BRIGHTON WELSH MALE VOICE CHOIR

at St Mary's Church, Storrington

SATURDAY 3 MARCH 7.30pm

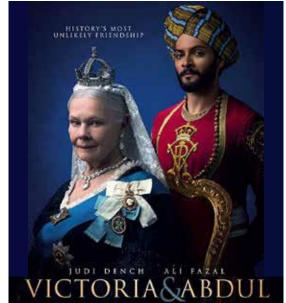


Tickets £10
to include a
glass of wine/
soft drink and

nibbles

from Fowlers Estate Agents, The Square, Storrington (745844) or King & Chasemore Estate Agents, High Street, Storrington (745761)





Performance commences at 7.30pm with an interval and Bar & Raffle. Tickets £5 fromThe Card Shop' in Storrington. Unsold tickets will be available for purchase on the door on the night.

Anyone needing transport should contact Roger Jamieson on 01798 813956

For further details please contact Ken Collins on 01903 740745 **Rotary Club of Storrington & Pulborough District**

The March film, on Wednesday 7, will be Murder On The Orient Express, the Agatha Christie classic, with her detective, Hercule Poirot.

FRYERN LADIES' PROBUS

Delights of Bed and Breakfast

Despite the coughs and colds of the season, the ladies met in good numbers to enjoy their monthly lunch at The Roundabout Hotel. Additionally, some potential members from the waiting list had been invited to 'test the waters' and there was a convivial feel in the air as the ladies chatted, enjoyed pre-lunch cocktails and speculated on the raffle.

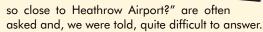
Once inside the restaurant, and after short notices, the ladies did justice to the generous servings of Bavette of Beef followed by hot, mouth–watering sticky toffee pudding surrounded by moats of vanilla ice cream! We all know the importance of a sensible diet, after the Christmas season, and this was not a sensible diet; we'll try to do better next month.

Our guest Speaker of the day was Frances Farrer Brown and her unusual talk title was *Bed and Breakfast!* Some of us had met Frances previously in her role as a Blue Badge Accredited Tour Guide and she is certainly a lady of many talents, eloquence and interests.

Frances spoke about how she, encouraged by her husband David's idea, had established the business in 1984 and had found great pleasure in sharing their gracious family home and in providing accommodation to clients throughout the UK and overseas. Situated in Littlehampton and set within two acres of gardens and woodlands, their home is an excellent place to get away from it all, and also being nicely situated for golf, riding, tennis and swimming, as well as having The Goodwood Motor Racing Circuit but 20 minutes away.

We heard many anecdotes regarding her clients and indeed against herself. Whilst we were given permission to doze off, should the occasion present itself, we were politely asked not to snore! Apparently this had happened during one of her previous talks when a certain lady had woken up abruptly and exclaimed loudly "Oh God, she's not still talking". We found out that Germans won't eat English sausages but love the TV comedy 'Allo 'Allo. The French come to England to see the English gardens, learn how to make proper English tea, and hate 'Allo 'Allo. The Americans sensibly stay well away during any

terror attacks but really can't speak proper English. New Zealanders useful in scarifying lawns, but the Dutch are perfect! Questions such as "Are Harry Potter and Beatrice Potter related?" "Why did and The Queen build Windsor Castle



Frances went on to tell us about the impact that B&B had made on her family life and especially on her son and daughter, Robert and Claire. Apparently, the children, from a young age, had been willing to help out and serve at table etc. Consequently, with the large and varied mix of overseas visitors, they quickly adopted a love for languages, which reflects in their excellent and competent linguistic skills of today. Husband David, however, a retired medical doctor, was heard to say that "It keeps his wife off the streets." No comment from the ladies present! Friends thought that they were mad in opening up their house, but many of them, further down the line, copied their idea and reaped the benefits on all levels.

Maureen Girard thanked Frances on our behalf and we all enjoyed her talk immensely. As Frances said at the end of her talk, quoting Mrs Beaton, "Don't start today until you have removed all of yesterday"; sound advice for the New Year, and thank you.

Our next meeting will be on **Thursday 1 February** when we shall hear about antiques from our old friend Rupert Toovey.

Russ Fry

THE ARTS SOCIETY STORRINGTON



(Previously Storrington Decorative & Fine Arts Society)

The next lecture is on **Wednesday 7 February** from 2.30pm to 3.30pm at West Chiltington Village Hall. A lecture by Imogen Corrigan on *The Book of Kells*. The story of an extraordinary manuscript surviving from about the year 800, and a testament to the spirituality, not just of the men who created it, but of the Christianity of that time and place.

The March lecture is on Wednesday 7 March from 2.30pm to 3.30pm at West Chiltington Village Hall. A lecture by Frank Woodgate on *Elisabeth Frink* – The expressive power of bronze. This lecture examines the work of one of the outstanding figures of 20th century sculpture, an artist who achieved an international reputation for her monumental works. Her work will be examined in the context of great sculptors such as Henry Moore, Auguste Rodin and Alberto Giacometti, as well as her contemporaries.

Attendance is free for members, guests are asked to make a donation of £5. Coffee and tea will be served before the lecture from 2pm.For further information please contact the Membership Secretary, Caroline Long, on 744797 or by email: caroline.fflong@gmail.com.

Linda Hannaford





I've nothing against weeds, after all, they supply work for me! A weed is just a plant in the wrong place so the saying goes. If weeds grow, it shows the ground is fertile and to give them credit, they are fantastic survivalists.

Some weeds are worse than others: Ground elder (Aegopodium podagraria) and Marestail (Equisetum arvense), for instance, are up there with the worst of the worst. The Romans brought Ground Elder over as a salad herb as it is, in fact, edible (thanks for that guys!), even a tiny bit of root left in the soil will regrow. Marestail roots go down..and down...and down, but on the plus side, it can be used to scour your pots and pans.

I actually really like Dandelions (*Taraxacum officinale*), a field full of their sunshiny yellow blooms in Spring followed by the fantastically architectural seedheads are something to behold.

Nettle (*Urtica diocia*) and brambles (*Rubus*) are also some of the worst invaders; anything that injures you as you try and remove it just is plain nasty!! Hairy bitter cress (*Cardamine hirsuta*) is very easy to weed out but boy does it spread! It



disperses its seeds by explosive seed heads, scattering them all around and can grow in the tiniest smidge of organic matter.

In olden times many weeds were used medicinally . Anything with the suffix officinale meant it was used in this way.

Plantain (*Plantago*) for instance can be crushed and used on insect bites and stings, mouth ulcers and burns and, apparently, a leaf in your shoe before you go on a long walk will prevent tired feet. Cleavers or 'Sticky Willy' (*Galium aparine*) is good for chapped lips, sunburn and sores and finally Dock (*Rumex*) for constipation, anaemia and skin problems.

So we really shouldn't malign weeds too much; however annoying, they do have their uses.

Heidi Hurwood Leaf and Seed - 07952122228



THE MARY HOW TRUST FILM SOCIETY

Screenings take place at 7.30pm on the fourth Tuesday of every month at West Chiltington Village Hall

HAMPSTEAD (12A)

The film stars Diane Keaton and Brendan Gleeson and is loosely based on the real-life experiences of Hampstead homeless man, Harry Hallowes. "Hampstead is a charming and funny life-affirming tale about how love can be found in the most unexpected places and proves once and for all that age is no barrier to second chances." Scope Pictures.)

Tuesday 27 February

New loyalty card - watch 6 films and get your 7th free! Collect your loyalty card at your next visit.

Tickets: £6 including membership, available on the door and from the following: Mary How clinic and charity shop (Ticket hotline 01798 877646); Guy Leonard Estate Agents in Storrington & Pulborough; The Card Centre, Storrington; Nisa Local Stores, West Chiltington; West Chiltington Post Office.



www.maryhowtrust.org
All proceeds to the Mary How Trust for Cancer Prevention

Independent Health Screening Charity, Registered Charity No.1122393



A fun Christmas evening

Club members greatly enjoyed the Christmas Party in December. We enjoyed an excellent fish and chip supper freshly cooked in the car park and desserts accompanied by wine or elderflower, followed by coffee and mince pies. We puzzled over a gardening-themed table quiz before laughing at the entertainment provided by members in the form of jokes, poems, and a Cinderella sketch. Lastly, we all joined in singing the Twelve Days of Christmas. Thanks to the committee and all members who contributed to a fun evening.

At our first meeting for 2018 on **12 February**, David Hide will be talking about plant propagation.

Meetings take place at 7.30pm on the second Monday in the month at Thakeham Village Hall. We welcome new members and guests; come along to the Hall on Club night or ring our Chairman, Bruce, on 892466 for further details.

Sandra Jenkins

YOU MAY FIND YOURSELF WONDERING HOW YOU'VE LIVED THIS LONG WITHOUT KNOWING THIS STUFF?

- A rat can last longer without water than a camel.
- Your stomach has to produce a new layer of mucus every two weeks or it will digest itself.
- The dot over the letter "I" is called a tittle.
- A raisin dropped in a glass of fresh champagne will bounce up and down continuously from the bottom of the glass to the top.
- A female ferret will die if it goes into heat and cannot find a mate
- A duck's quack doesn't echo. No one knows why.
- A 2" X 4" Stud is really 1-1/2" by 3-1/2".
- During the chariot scene in 'Ben Hur,' a small red car can be seen in the distance (and Heston's wearing a watch).
- On average, 12 newborns will be given to the wrong parents daily! (That explains a few mysteries....)
- Donald Duck comics were banned from Finland because he doesn't wear pants.
- Because metal was scarce, the Oscars given out during World War II were made of wood.
- The number of possible ways of playing the first four moves per side in a game of chess is 318,979,564,000.
- There are no words in the dictionary that rhyme with orange, purple and silver.
- The name 'Wendy' was made up for the book Peter Pan. There was never a recorded 'Wendy' before.
- The very first bomb dropped by the Allies on Berlin in World War II killed the only elephant in the Berlin Zoo.
- If one places a tiny amount of liquor on a scorpion, it will instantly go mad and sting itself to death. (Who was the sadist who discovered this??)
- Bruce Lee was so fast that they actually had to s-l-o-w film down so you could see his moves. That's the opposite of the norm.
- The first CD pressed in the US was Bruce Springsteen's Born in the USA.
- The original name for butterfly was flutterby (and that is a more accurate description)
- The phrase "rule of thumb" is derived from an old English law which stated that you couldn't beat your wife with anything wider than your thumb.

WHAT IS PHYSIOTHERAPY?

For most people the image that comes to mind when you mention physiotherapists is someone running onto a sports pitch to treat an injured player. This, however, is a very small part of who and what physiotherapists are. Physiotherapists work in many different settings and in a variety of different specialities.

These specialties include Neuromusculoskeletal Outpatients, Paediatrics (children), Elderly Medicine, Orthopaedics, Neurology, Mental Health, Women's Health, and Palliative Care. Physiotherapists are key members of the rehabilitation team in clinics, hospitals, nursing homes and other settings where health care is practiced.

Physiotherapy aims at promoting, restoring and maintaining physical, psychological and emotional wellbeing. Physiotherapists undergo years of training before they can become licensed to practice, with a large proportion going on to further post graduate study.

Clinical research is another field of physiotherapy which is as important to the profession as it is to any other in the medical field. Clinical research helps the practitioner keep up to date with the latest in practice methods and research evidence to support patient care.

At Storrington Physiotherapy Clinic, we specialise in Neuromusculoskeletal and Orthopaedic physiotherapy. This speciality of physiotherapy is concerned with the treatment of injuries or disorders of the skeletal, muscular and neural systems of the body. In other words the bones, nerves and soft tissue that keeps us physically functioning. When people attend an appointment they usually want know what is wrong (a diagnosis), whether it will get better or not (a prognosis) and what can be done about it (management or treatment).

In our experience, physiotherapy means different things to different people. Some people want to know what is wrong and what they can do about it as well as what their options are with the management of the problem. Other people come with clear expectations regarding a previous or recurrent problem, whereas others want help with how to treat and manage a problem or avoid a problem recurring. Whatever the reason people come to see us at Storrington Physiotherapy Clinic, we are able to help people in a number of different ways.

At Storrington Physiotherapy Clinic, a treatment session starts with a conversation about your symptoms and how they are affecting you. Other questions about your lifestyle and health, occupation and physical activities will also be asked. We will ask you details about possible causes of your problem or other treatment or investigations you have had. We would then examine you, which would involve observing the affected body part, looking at how you move and what movements or actions provoke or ease your symptoms. We would then assess the affected body part with palpation and other hands on techniques. We will discuss with you the findings of our assessment and suggest what kind of treatments may be beneficial for your problem.

In the next article, Sean will be explaining more about shoulder injuries.

If you would like to talk to us regarding any specific problems you may have and how we can help you then please call us on 743538 or via email: office@spc-physiotherapy. co.uk or via our Facebook site.

The White Building, The Old School, School Lane, Storrington



Filipa Barnes & Sean Case

FOR THE STORRINGTON CHRISTMAS POP-IN LUNCH



Storrington & Pulborough District Rotary Club helps some of Storrington's senior citizens get into the Christmas spirit at the December Pop-In Lunch.

The Christmas Pop-In Lunch is the December event of the Storrington Pop-In Lunch Club which meets monthly throughout the year. The Lunch Club meets on the 1st Thursday each month in Storrington Village Hall. Members are primarily elderly members of the local community.



Some 50 guests attended the lunch this year, enjoying a glass of wine and traditional Christmas lunch. Special guests were the young children from Storrington Primary School who entertained the guests singing Christmas carols.

Storrington & Pulborough District Rotary Club has sponsored and run this free community Christmas event for many years. A dedicated team of Rotary Wives provides the lunch and other Rotarians help prepare the Hall, serve the food, wash up and tidy away afterwards.

This year the Pop-In Lunch welcomed support from the Waitrose Community Matters grant initiative which provides help for vulnerable members of the community.



Not even the cold, wet December weather could dampen members' spirits as they gathered for the 2017 Christmas Meeting. Members were greeted with a glass of wine or a soft drink as they entered the Hall.

The New President, Erika Brichta, warmly welcomed members to the special meeting along with twelve visitors, six of whom had been invited from neighbouring Wls, West Chiltington, Washington and Partridge Green. What a pleasure it was to see the Hall so full. Following her welcome, the President introduced the new committee to members and explained their duties for the coming year.

Members had brought along beautifully decorated parcels containing seasonal delights, the parcels filled two long tables in the Hall, all adding to the seasonal atmosphere. The parcels were later distributed by the FSW to local needy families, which is always a reminder that not everyone is as fortunate as ourselves at this time of year.

The business part of the evening was conducted, reports being given by the President, Secretary, Treasurer and Welfare officer. It was then time for the highlight of the evening, the entertainers, Ladies Who Boogie. We were entertained by six of the ladies from the main troop of twenty eight. They were, energetic and enthusiastic, dressed in sparkling outfits and obviously enjoying their music and singing, performing many numbers from down memory lane which had members foot tapping, arm waving and joining in with the singing, plus, of course, all the seasonal favourites. It was such a happy atmosphere in the Hall and a pleasure to see so many WI members together, old and new friends, having a wonderful time together.

Time to relax after the entertainment and enjoy the buffet of seasonal food, provided by the retiring committee, along with a cup of tea or coffee. Members made the most of this time to talk to their friends and pass on seasonal greetings. The Christmas raffle followed and finally members joined together to sing Christmas Carols, accompanied on the piano by Daphne Patch.

The President closed this happy and entertaining meeting by conveying seasonal greetings to all, and said she looked forward to seeing everyone at the first meeting of 2018.

The February meeting will take place on **Wednesday 21 February**, when the speaker will be Kathy Hall, her talk entitled 'Petworth House and Park, The Place, The Owners and the Collection'. The competition will be 'A Favourite Ornament'. We meet on the 3rd Wednesday of the month (2nd Wednesday December) at 7.30pm at Sullington Parish Hall, New members and visitors always welcome. Should you require further information please contact Erika Brichta on 742039.

Pat Snape

Note from the editor....

Did you make any New Year resolutions? Have you kept them up, or have they already fallen by the wayside? Maybe

when we set ourselves goals we are too ambitious. It can be difficult to make significant changes in our lives, but if you think about smaller steps to reach an ultimate goal, that could be more achievable. Little changes can be more realistic to reach and consequently you feel a sense of success, which can encourage you to plough on and reach the next stage.

With Lent starting this month, think about those steps you could take to achieve something you have always wanted to do, whether something personal or involving family and friends. It may be something you would like to do in the wider community to help others. It may be developing a closer relationship with God and strengthening your faith.

Whatever it is, there are always plenty of people around to help you and who may join you on the same journey. Tell your family and friends about it and you will be sure of support.

Good luck on your journey, and remember those little steps.

Amanda Hislop (Editor) 3Heralds@gmail.com



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Worthing	205111
St Richards	01243 788122
Horsham	01403 227000
Gas Emergencies	0800 111 999
Electrical Emergencies	0800 31 63 105
Water Emergencies	0330 303 0368
Samaritans	116 123
Citizens Advice Bureau	270 444
Storrington and Sullington Parish Council	746547
Thakeham Parish Council	01798 815305
Horsham District Council	01403 215100
Sullington Parish Hall	746547
Storrington Village Hall	744592
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3 Heralds

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