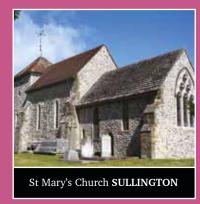
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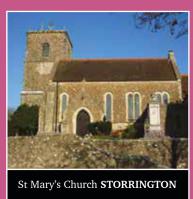
STORRINGTON # SULLINGTON # THAKEHAM

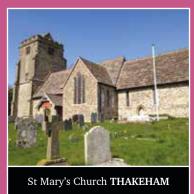


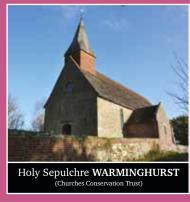












St Mary STORRINGTON



St Mary SULLINGTON



St Mary THAKEHAM

IN THE DIOCESE OF CHICHESTER

STORRINGTON Rector Re

Revd Kathryn Windslow, BTh, MPhil (742888)

The Rectory, Rectory Road, Storrington RH20 4EF

kathryn.windslow@btinternet.com

Hon. Assistant Priest Revd Cha

Revd Charles Hadley, MA (740787)

28 Meadowside, Storrington RH20 4EG charles.felicity@amail.com

Assistant Curate Revd Christi

Revd Christine Spencer, BTh, BSc (Hons) (741790)

9 Longland Avenue, Storrington RH20 4HY

SULLINGTON AND THAKEHAM WITH WARMINGHURST

Interim Minister Revd Bernard Sinton, BSc (01403 741238) pa.sinton@tesco.net

The Vicarage, Red Lane, Shipley, Horsham, West Sussex RH13 8PH

Information about study and prayer groups, and requests for baptisms, weddings and home communions, for Storrington contact Revd Kathryn Windslow and for Sullington and Thakeham contact Churchwardens – details on pages 4 & 5.

All telephone numbers are 01903 unless otherwise stated.



Pervading materialism imposes its tentacles on us all these days in its many different forms. It does so with an aggressiveness which is hard to resist. It affects us all. From the very young, who are bombarded with peer pressure for 'must have' latest gadgets and

fashions, to the oldest being targeted by midafternoon TV adverts for things to make daily life easier in advancing years.

Coupled with the fact that there is only one way which prices seem to go, upwards, it would seem that the only answer to life is more money to solve all our problems and aspirations! But life's experience is that this is not is a simplistic answer. As Spike Milligan summed up his experience, "Money can't buy friends, but you can get a better class of enemy". Or as the old proverb puts it, "Money can't buy happiness".

This, of course, is not new. There was an ancient Roman proverb which said that riches are like salt water: the more you drink the more you thirst. A fact which is exemplified in the way we are encouraged by TV adverts to improve our credit ratings so that we can borrow even more money! We don't readily vote for measures which will balance budgets in public services if it means we have to tighten our belts! Or as the world puts it, "Turkeys don't vote for Christmas".

Jesus recognised this when he said, "Be on your guard against all kinds of greed; for one's life does not consist in the abundance of possessions" (Luke 12 v. 15). It is not a sin to have riches, but it is a sin to fix our hearts and minds on them to the exclusion of everything else. We can hope to have wealth, but should never ignore the needs of society, especially those more in need than ourselves when we have them. The person who grasps this has realised that material things mean nothing, but God means everything. They may well not be poor in material terms, but they are the people whom Jesus described as "poor in spirit". May we see the things of this world as God given and treat them accordingly.

BERNARD SINTON

Interim Priest of Sullington and Thakeham with Warminghurst

A LETTER FROM THE BISHOP OF HORSHAM

This month we shall celebrate Pentecost, or in traditional English nomenclature, Whitsun. Pentecost marks the gift of the Holy Spirit to Jesus' disciples and the iconography of flames and doves will be seen all over Pentecost pew-sheets, orders of service, banners and vestments. Another less visible symbol of the Spirit is the holy oil blessed by Bishop Martin at the Chrism Eucharist. The oil for baptism, for confirmation and for anointing the sick is both token and promise of the presence of the Spirit.

Oil shares a number of properties with the Spirit of God. Oil marks what it touches, sometimes permanently. The work of the Spirit in baptism and confirmation marks people indelibly as children of God. Baptism is a work with no need of repetition but people do sometimes get stuck and fail to exhibit that freedom which belongs to the children of God. It is then the property of oil to find its way between the cracks and joints of what is seized and inflexible, just as it is the work of the Spirit to set free human beings and, having done so, to keep them moving. The Spirit lives to set us free to walk in the light.

Light brings us to another property shared by oil and Spirit; the capacity to burn with a flame. It is with the indwelling spirit that individuals' lives are set alight to shine with the same love that Jesus

has for all people. Come, Holy Spirit, set us free and give us oil in our lamps to keep us burning with the light of Jesus Christ.

Wishing you a joyful and liberating Pentecost.

+Mark



FEATURES

14
15
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22
23



What's happening at

Thakeham and Sullington share this verse for the year. We're a joint benefice which means we also share our priest - although our styles are different.

St Mary's Thakeham

www.thakehamchurch.com

Churchwardens

David Peacock (745595) 5 Dean Way, Storrington RH20 4QN Allison Goodfellow (740499) Newhouse Lane

Storrington RH20 3HQ

Treasurer

Margarita Smith (01798 817376) Staddle-stone, The Street, Thakeham RH20 3EP

PCC Secretary

Allison Goodfellow (740499) Lyndene, Newhouse Lane Storrington RH20 3HQ

Child Protection Officer

Karen Arkle (744844) 5 Jubilee Way, Storrington RH20 3NZ

Electoral Roll Officer

David Peacock (745595) 5 Dean Way, Storrington RH20 4QN

Organist

Beryl Hardie (892349)

Church Bookings

Wynn Lednor (743025)

4 Crescent Rise, Storrington RH20 3NB

Bellringers: Tower Captain

Roger Watts (01798 813775)

Gift Aid Officer Bob Timms (01798 813807)

Cootes, The Street, Thakeham RH20 3EP

PASTORAL ARRANGEMENTS FOR THAKEHAM: In the first instance, all enquiries for Baptisms, Weddings and Banns of Marriage should be directed to the Churchwardens, David Peacock or Allison Goodfellow, contact details above. Times of Church services can be found on page 18.

ST MARY'S THAKEHAM **MEN'S BREAKFAST**

We held our first Men's Breakfast on 3 March.

There were 28 men who enjoyed a full English breakfast followed by a guest speaker, Revd John Miller-Maskell.

His testimony told of his journey from being God (RSM) to discovering God, in an inspiring and captivating talk.

We also enjoyed great fellowship.

The next Men's breakfast will be on Saturday 9 June, to which you are warmly invited.

It will be held at Thakeham Village Hall, at 8.30am, with guest speaker.

Please call Derek or Lis on 01798 813012 to book your place for catering purposes.

Thakeham & Sullington Church Youth Groups

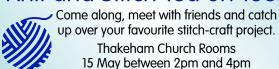
Come and join one of our fortnightly Friday evening youth groups

MILESTONES is aimed at children in years 7 and 8 of secondary school, and consists of games, crafts and discussions about moral issues, with a healthy sprinkling of 'God Stuff'. It runs from 6pm to 7.15pm in the Church Rooms at Thakeham.

TGIF (Thank God It's Friday), is aimed at years 9 upwards, and, like Milestones, has games and different activities based around a termly theme. It runs from 7.30pm to 9pm at the Church Rooms in Thakeham.

For more information about the youth work of Thakeham and Sullington, please contact Matt and Pippa at: youthwork.stmarysthakeham@gmail.com, or call 01798 817522

Knit and Stitch Tea on Tuesday



All welcome. Enquiries to Wynn Lednor - 743025

The Wild Fortune Ouiet Garden



Jesus said, 'Come with me by yourselves to a quiet place and get some rest.' Mark 6:31

Rooted in the Christian contemplative tradition of prayer and hospitality, the vision of the Wild Fortune Quiet Garden is to provide space for stillness and quiet prayer in accompanied silence in the surroundings of our home and garden and the adjoining woods of Sandgate Park.

We are open monthly on a Wednesday from 10am -12,30pm

Wednesday 9 May and 13 June

Spaces are limited to 8 and booking is essential

To reserve a space, please contact: Tessa & Mark Holland Tel: 741904

Email: wildfortune@btinternet.com

Blog: www.wildfortuneblog.blogspot.co.uk

Affiliated to the Quiet Garden Trust. Details of other Quiet Gardens in West Sussex and worldwide are available on the Trust's website. www.quietgarden.org



Cheese & Wine Evening Saturday 12 May at 6pm

Plum Tree Cottage, Coolham Road, Thakeham RH20 3EW

Please ring Harold and Cecily Linfield (01798 812276) if you would like to come to this informal evening to raise funds for Christian Aid (any donations welcome). Possibility of croquet if weather is fine!

There are lists to sign at Sullington, Thakeham and Storrington Churches.





"The steadfast love of the Lord never ceases, his mercies never come to an end: they are new every morning; great is thy faithfulness". Lamentations 3:22-23

What's happening at



St Mary's Sulling

www.st-marys-sullington.org info@st-marys-sullington.org

Churchwardens

Jo Graves (742586) Highwinds, Washington Road, Sullington RH20 4DE

John Williams (742956) Sandgate Lodge, Washington Road, Sullington RH20 4AF

Churchwardens Emeriti

Heather Cotton (742587) Douglas Parkes (743106) Ann Salinger (01798 813481)

Treasurer

Gail Kittle (745754) Sullington Manor Farm, Sullington Lane, Sullington RH20 4AE

Pastoral Care

Ann Salinger (01798 813481)

PCC Secretary Gail Kittle (745754)

Freewill Offering & Gift Aid Officer David Baxter (744346)

Electoral Roll

Margaret Slinn (746769) Beeches, Heather Way, Sullington RH20 4DD

Organist

Beryl Hardie (892349)

Church Flowers

Altar Rota Muriel Astley (01798 812706) Special Occasions Jo Graves (742586)

Safeguarding Officer

Jane Williams (742956) Sandgate Lodge, Washington Road, Sullington RH20 4AF

Lifts to Church

Anne Owen (743973)

Church Fabric Officer

Douglas Parkes (743106)

PASTORAL ARRANGEMENTS FOR SULLINGTON: In the first instance, all enquiries for Baptisms, Weddings and Banns of Marriage should be directed to the Churchwardens, Jo Graves or John Williams, contact details above. Times of Church services can be found on page 18. Alternatively you can visit the Church website for further details.

Let the beauty of Jesus be seen in us

Don't forget to keep an eye on our website for up to date information regarding service times and events

MER EVENSONG AT SULLINGTON CHURCH

Evensong will be held at 6pm on the first Sunday of each month at St. Mary's, Sullington

David Whitehead and Harold Linfield will lead sessions as follows:

6 May Reformation within the Church

3 Jun Nursing and caring

1 Jul Attitudes to race and different beliefs

5 Aug Slavery past and present

2 Sep Changing attitudes between men and women

7 Oct Those incarcerated in prison

Changes to approaches to the marginalized in society over the years, inspired by Christ's examples in the **New Testament**

Sullington Flower Festival 29 June to 1 July A Gardener's World Watch this space for further details!

THE BISHOP OF CHICHESTER PREACHING AT SULLINGTON



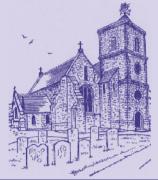


This will be a joint service with Thakeham Church and there will be no service at Thakeham on this day.

FRIENDS OF ST MARY'S SULLINGTON

Were you baptised or married at St Mary's, Sullington or would you just like to keep in touch and hear about our news and events? Please send an email to Muriel Astley, pmastley@btinternet.com, who will send our regular newsletter to you. You can also keep up to date via our website, www.st-marys-sullington.org.





What's happening at

St Mary's Storrington

Clergy see page 3 www.storringtonparishchurch.org.uk office@storringtonparishchurch.org.uk

Churchwardens

churchwardens@storringtonparishchurch.org.uk Dennis Cowdrey (744372) 17 Bannister Gardens RH20 4PU Barbara Buchanan (741916) Broad Oaks, Melton Drive RH20 4RJ

Treasurer

David Rice (911179) Little Tregullas, Bracken Close, RH20 3HT

Parish Secretary

Vivien Stuart (742888; home 745913) Rectory Office, Rectory Road RH20 4EF

PCC Secretary

Val Rice (911179)

Little Tregullas, Bracken Close RH20 3HT

Retired Clergy

Revd Stephen Turrell (741272) Revd John Peal (743083) Revd Jaquie Peal (743083)

Verger: Michael Taylor (742218)

Sacristy Team

Rosemary Wills (01798 813206) Stella Hastings & John Taylor (745477)

Captain of Bellringers John Taylor (745477)

Pastoral Scheme Barbara Buchanan (741916)

Rob and Alison Wall (743713)

Readers and Sidesmen Vera Blake (743974)

Electoral Roll Officer Michael Taylor (742218)

Director of Music Vacant

Assistant Organists

John Henville Chrystalle Kersley Peter Lewis James Phillips Simon Whitchurch

Keith Smithers

Footsteps (Sunday School): Jackie Lee (743661)

Church Flowers

Anna Forster (745392)

Child Protection Officer Jackie Lee (743661)

Bible Reading Fellowship Amanda Hislop (743700)

Bible Society

Jean Hunt (01798 813681)

Christian Aid Co-ordinator Anna Forster (745392)

REGULAR ACTIVITIES

Church Services see page 18.

Footsteps (Sunday School): 9.45am every Sunday, except 1st Sunday of the month, half term and school holidays.

Choir: Fridays, 6.40pm - 7.45pm. Anyone interested in joining the choir please contact the Revd Jacquie Peal - 743083.

Altar Servers: Revd Jacquie Peal (743083) Bellringers: Fridays, 7.45pm - 9.30pm.

Handbells: Mondays, 10am. Kathleen Osgood (01403 780928)

Church Cleaning: Jeannie Watten (742542)

Church & Churchyard Maintenance: Ray Hunt (01798 813681)

Mothers' Union: Jean Hunt (01798 813681)

Bible Study / Home Groups: The Monday Home Group is at 23 Orchard Gardens from 2.30pm, currently studying Romans. Contact Chrystalle on 744269. The Thursday morning Home Group at 51 Crowhurst Crescent is running for six weeks (19 April to 31 May – omitting 10 May). Contemporary dilemmas discussion group. Contact Alison on 743713.

Sunday Lunch Club (ecumenical): Second Sunday in the month. See page 18.

Priestings 2018 to take place at our Church

St Mary's Church in Storrington is one of the three churches in the Diocese of Chichester where some of this year's candidates will be ordained priest on Saturday 19 May, at 2.30pm. The service will be taken by Bishop Mark of Horsham and the four candidates are:

Colin Cox: Findon, Clapham and Patching

Stephen Mills: Steyning and Ashurst Harriet Neales-Stevens: Henfield St Peters Martha Weatherill: Chichester St Pauls

Everyone is welcome to join the family and friends supporting the candidates to be ordained priest. They have already been ordained a deacon but, as priests, the newly ordained will be able to celebrate the Eucharist and offer God's blessing as their vocation to the priesthood finally comes to fruition.

STORRINGTON REGISTERS

Baptisms - we welcome into the Lord's family ...

Finley Jeremy Allen (son of Jodie and Matthew) 16 Mar Ava-Rose Blenkarn (daughter of Kirsty and Jason)

Marriages - to love and to cherish ...

16 Mar Jason Blenkarn and Kirsty Jeffrey 7 Apr Edward Hadley and Jara Pisaro

Funerals – we commend to God's nearer keeping ...

23 Mar John Louis Cook (91 years) Rosamund Dyer (75 years) Interment of ashes only:

23 Mar Ruby Rosina Ellis (95 years)

ROGATION SUNDAY – 6 May

It is all too easy to take our daily food for granted, forgetting that every bit of it is the result of the work of farmers and growers. On Rogation Sunday we ask for a blessing on the land, and on those who work to produce our food. Prayers will be said in the open air if fine.

Ascension Day celebrates the completion of Christ's earthly ministry.

Holy Communion will be said at 10.30am, and there will be an

ASCENSION DAY – Thursday 10 May

WHITSUNDAY or PENTECOST

Ascension Day Service in the evening, at 7.30pm.

Sunday 20 May This major festival celebrates the gift of the Holy Spirit – God's energy

in the form of inspiration and empowerment.

Church@4pm 20 May

at St Mary's Church, Storrington

Church@4 is a more informal act of worship, with stories, songs and craft to which all are welcome, especially families with young children.



PARISH VISITING TEAM

The Parish Visiting Team is a team trained and commissioned by St Mary's Church, Storrington to undertake regular visits to any person who would like not to be alone for an hour or so.

Should you or anyone you know in Storrington Parish like to be visited, do contact Barbara Buchanan on 741916 or email barbarabuchanan16@gmail.com for an informal chat.

ST MARY'S, STORRINGTON SAY GOODBYE

was an emotional moment both for George Jones and the congregation as a very fond farewell was given after the service on Sunday 1 April, as George retired from his position of Director of Music after 10 years' service. George was





presented with flowers and gifts, and the choir sang a tribute. George will be very sadly missed but we wish him all the best for his retirement.





Coffee Morning Wednesday 16 May from 10.30am to 12noon

Owl End, Roundabout Lane, West Chiltington

Plants, Cake Stall, and Bring and Buy Entrance £2, all proceeds to Bible Society. All welcome, full cars would help with parking.

THY KINGDOM COME PRAYER PILGRIMAGE

Bishop Richard's Prayer Pilgrimage 14 - 18 May

As part of the Archbishop's Thy Kingdom Come initiative, Bishop Richard, the Bishop of Lewes, is undertaking a prayer pilgrimage across the Diocese from Iden in East Sussex to Chichester Cathedral in the week before Pentecost. He will





be visiting 50 parishes along the way. The first three days of the pilgrimage will be motorised, but the last two he is walking.

Bishop Richard is coming to St Mary's Church, Storrington, on Wednesday, 16 May, at 2pm and would like as many parishioners as possible to join in him in the Church for a short time of prayer, lasting no longer than 20-30 minutes. He will bring a short service of prayer with him but is happy for more extemporary prayer too. He has suggested that prayer will be offered for any local concerns and for the wider theme of evangelisation which is the heart of the Thy Kingdom Come initiative.

Please come and join him and pray with him and make him feel very welcome!



St Mary's Church Storrington CONCERT COMMITTEE

are pleased to announce the following Concerts at St Mary's Church, Storrington

Sun 6 May Songs for Spring Petworth Town Band Sat 16 June

The Magic of Rodgers & Hammerstein Sat 21 July

Dlease make a note of the dates in your diaries!

Christians in Storrington Monthly Inter-Church Prayer Meetings

Everyone welcome Do join us in the side-chapel at Our Lady of England RC

Church - 10am - 10.30am on the first Tuesday of each month. Tuesday 1 May Our Lady of England RC Church will lead

Tuesday 5 June Trinity Methodist Church will lead

One in faith and love and praise

PRAYER FOR THE MONTH

Lead me Lord, In the paths of peacefulness In the roads of righteousness In the ways of willingness.

Lead me Lord,

Down the tracks of thoughtfulness In the streets of sensitiveness By the journey of joyfulness.

David Adam Tides & Seasons









Songs of Praise Sunday 13 May at 6pm



St Mary's Church, Storrington

Including AGM, followed by refreshments.

Kristin Stevenson from Bible Society
will make a presentation, and a retiring

collection will be taken.

All are welcome.

CHICHESTER CATHEDRAL FESTIVAL OF FLOWERS

31 May to 2 June

This Earthly Paradise

Thursday 31 May: 9.30am – 7pm Friday 1 June: 9.30am – 6.30pm Saturday 2 June: 9.30am – 6pm

The Preview Evening will take place on Wednesday 30 May between 6pm and 9pm

For more information and booking please call 01243 782595 or see web site https://www.chichestercathedral.org.uk





CHRISTIAN AID WEEK 13 - 19 MAY

Could you help the hungry and needy?

Please keep the above dates in your diary if you are able to help with the street collections in this area.

We are extremely grateful to all those who have given their time to collect for Christian Aid in past years, and we shall need **several more collectors** in order to repeat the success of previous years. This is an inter-Church appeal - members of all churches are invited to help.

If you are able to help this year please contact Anna Forster on 745392.

ST MICHAEL AND ALL ANGELS RAFA CHAPEL SUSSEXDOWN

Communion with the residents Thursday 24 May at 11.30am

BCP Holy Communion in the Chapel at Sussexdown Please do come and join us; visitors are welcome For more details phone Jo Graves on 742586



Karlene - 07775 835842 or Katherine - 01903 245799

FIND YOUR VOICE

Saturday 12 May from 10am to12noon St Michael's Church, Amberley

Admission free

– collection for tower fund



Please wear comfortable clothing as there will be some 'movement'. We are so lucky to be blessed with voices and can use them in many ways especially for singing. We will explore our vocal development from when we were babies; techniques on how to nurture our voices, including our breathing and our posture, with vocal exercises to strengthen and widen the range of our voice.

Everyone welcome. If you were ever told that you could not sing as a child by someone, now is the time to prove them wrong!

For more information please contact Shirley Linford on 01903 783692



Children's Outdoor Theatre: The Midnight Gang By David Walliams Sunday 27 May 3pm

Enter the world of David Walliams to discover this heart-warming and dynamic story where friendships are forged and fun and frolic ensue at midnight when the tyrannical Matron assumes the children are sweetly sleeping.

Performed in Parham's Pleasure Grounds, Heartbreak Productions' version of this popular children's book is suitable for all the family and promises to add some uplifting magical fun to your summer's afternoon.

Needlework On Display

Wednesday 13 – During House Sunday 24 June opening hours

Parham is home to possibly the finest and most important collection of sixteenth and seventeenth century embroidery in the United Kingdom. Visitors will have an enhanced opportunity to discover Parham's needlework collection, including items that are not normally on display.

ANNUAL SEASON TICKETS Enjoy unlimited admission to Parham House & Gardens throughout the year with an annual season ticket. Prices for season tickets start from £25.00 for an individual or £45.00 as a double and £70.00 for a family ticket (2 adults and up to 4 children).

Fri 1: Dull and cold. To Horsham County Council and Lunch. Committee etc. taking C Napper thence to Tunbridge Wells where all well

Sat 2: Cold. Administered Holy Communion. Home by Brighton and Worthing, Cicely and May driving in there early. AM Kings card on the table!

Sun 3: Easter IV. Cold again from the North East. Had a thin morning congregation (only 7 to Holy Communion). Preached on Psalm XVI the value of a clear faith, complimenting the language with the Collect for the day. At the afternoon service churched Mrs Bartlett of Clayton. George C Gibson came over, very much put out about our projected sale. Poor fellow. I am sorry to be the means but so it is. A fair evening congregation and preached on Deuteronomy V.

Mon 4: As yesterday. Heath over for school inspection. Children answered well. Walked with Hal nearly to Wiston: views magnificent: he had come from Gorina.

Tue 5: Fine bright cold morning and evening. Took Clara to Pulborough *en route* for Benges. Much correspondence from: HIS GRACE OF RICHMOND to ALDERMAN Reeves of Brighton. Dining room turned out and swept. Arthur comes over, Bourke with signature to Partition for including Tithe in the Rating Relief Bill. Whittington thatching the summer house but tumbles there from.

Wed 6: Milder. School 21/25. Gave away the cards to the children: only 6 escaped them. Cleaned out Church gutters. Knight came over to tea. I thought him better. Hal wants £10 for a bicycle.

Thu 7: Warm. School 20/25. Took the Standard 3 in Dictation which was poor. Rapley over; kitchen fireplace, church lock etc. With May to Cobden, total number of souls 25. A parish meeting at 6 when G Richardson was made assistant overseer at £100 per year too large a salary but no-one else can be found. Clara writes a poor account of Mrs Marten who has been seen by Dr Broadbent.

Fri 8: Warm. With May to the Hoarse: on to Fryern: gave Cicely £1 for nursing association. Called on Mrs Quait who is better. Mrs Neel thinks my terms rather too high for her. Lawn mowing.

Sat 9: Very beautiful throughout. Plant out some chrysanthemums. Meet Clara, who returns with Hal. Her account of Mrs Marten is very sad. Rapley puts our blinds up. Fires out.

Sun 10: Easter 5. Bright and warm. Fair morning and good evening congregations, in spite of the Farm trouble. From notes in morning on Psalm 50 Thanks Giving, and in evening Deuteronomy. Hal left in afternoon in good spirit and full of his work, in which he is much interested, good sign.

Mon 11: As yesterday. Took a strolling ride to Clapham visiting Barwell, Joad, and a new curate Williams; then on to Findon, to Margesson's where her sister Mrs Warren and Miss Cholmondley. Thence to Wyatt's, William's and Allen's and so home by 8, everything very bright and dry.

Tue 12: Very warm. An extra ordinary warm day. Again elected Chairman of the Council after honeyed words from Aysh and Bourke. Had fully meant to cry off. Did not get home until 3.30. Clara and May drove to Stopham to a practising.

Wed 13: Much as yesterday. School 20/25. Cooler evening. Had a luncheon party; Barwells, Hugh and Clapham, Wyatt and wives and a Miss Gregory. Then to a "Nurse" Concert at Storrington, where the "Revenge" proved the piece de resistance and was well rendered. First gooseberry tart.

Thu 14: Ascension. As yesterday. Helped Faithfull in the morning with prayers and Holy Communion. In evening our service fairly

attended (20) considering the desert state of the farm. Preached on Psalm XXIV.

Fri 15 and Sat 16: Weather much as before. Dry and fine. Early to Town. Saw Mr Neel at the India Office: a dry gentlemanly man: arranged with him to keep the matter open about his son. Lunched at Charing Cross with the Veseys and the P. Douglas': delighted to see them all. To Epileptic Hospital. Then to WBC and meet Hal at dinner. On Saturday visited the "New Gallery" with WBC. Lunched at 71, went to 49 Belgrave Square, chose Dr Kidd and so home by 8pm. Hal on a bicycle.

Sun after Ascension: As yesterday. Thin congregations but the Farm bouleversement the cause. Preached old written sermons on Wait – the order given by Christ to His Disciples until Pentecost and let the blind in. A useful subject but not particularly appropriate. Called on Duke.

Mon 18: Very warm. A July day. Worked up and put right Church and School accounts. Enquired of Mrs Austin about who has gone through a severe operation in the neck. George Napper writes to me from Cordwallis! Sowed main carrots.

Tue 19: Warm. Our school examinations in drawing, the man kept us waiting for the second time $\frac{3}{4}$ hour and remained for 30 mins. Clara drove to West Chiltington to see Alice Butt. I visited Emmie. George Marten writes wishing me to see his mother soon.

20, 21, 22, 23: To Benges. Mrs Marten dies on the 20th and was buried at Sandridge on the 23rd. We returned home late on that day from Marshalswick.

Whit Sunday 24: Fine. The Farm bouleversement has upset the Parish. Small congregations. Preached in the morning on John I vs 14 The Spirit of Life and Light of Men and in evening on Christs Words of Comfort. Hal came in very late. Pink and white thorns very full out.

Mon 25: As yesterday. A quiet, pleasant day. Hal rode over to Burpham to play cricket. We gardened and went to Threales where Miles with measles, much of which about.

Tue 26: Fine but rather cold. Board of Guardians. One "Miss Hall" brought us a baby to look after which we declined to do. Five guineas for Guys Special Hospital fund was announced as a future proposal by me. Bedding out nasturtiums etc. May and I walk round about "new Chantry" and home by Storrington down track: the bridge being built, engine got in this morning. NICHOLAS II crowned.

Wed 27: As yesterday. May XIX. Spent dear May's birthday in Brighton. A lovely blue sea and fresh keen air. Attended CDA but little done. Men replacing slates on barn roof.

Thu 28: As yesterday. Terry and Co. delayed me nearly all morning: barn and Church, Chancel roof and starlings. Called registers in a tiny school of only 17. Measles rampant. Decide to restore the Hall. May takes much and beautiful honey.

Fri 29: Very warm and thundery. Rapley doing the front hall. Round by Barns Farm where they have done up house and farm and pulled down a very old barn.

Sat 30: Dull cool. Paid monthly bills at Storrington. Bridge being built. Collecting for the tramps.

Sun 31: Trinity. Warm. Thin morning congregations good evening chiefly from Storrington. Preached old sermon and John Baptist witness to the Messiah after Baptism. In evening extempore on Psalm CL. Arthur came and lunched. To the Downs in afternoon, very hot.

A TRIBUTE TO DON FILLISTON MBE

20 February 1929 to 24 March 2018

President of the Sandgate Conservation Society



Sadly, Don passed away on 24 March, aged 89. Such a lovely person and a driving force behind the Society, who had a great empathy with countryside and its conservation.

Don took over the Chairmanship in 1985 when the membership was little more than 300 and due mainly to his own efforts, raised it to over 2000; quite an achievement by any standards, that made the Society the largest Parish based organisation of its kind in the LJK

Don was a very quiet person who had a way with him that beguiled many a volunteer to offer his or her services without realising they had volunteered.....ring any bells with anyone?

Another attribute that never ceased to amaze was his attention to detail and instant recall of people and their names, not only their names but also their relatives and previous conversations; just remarkable.

Among many of Don's achievements was the introduction of young people to conservation work, and under his watchful eye many youngsters have attained their Duke of Edinburgh Awards.

He was also a lover of poetry and contributed over 100 poems to the West Sussex Gazette.

Don was awarded the MBE in 2003 for his unstinting work in the area of countryside conservation that will benefit future generations. He was also awarded with the Honorary Citizenship of Storrington.

A kind and gentle man who will be sadly missed, but remembered with

fondness, by all the people who's lives he made a difference to.





CHEMIN NEUF COMMUNITY

The Priory, School Lane, Storrington

EVENTS AT THE PRIORY

QUIET DAYS

Teaching, times of prayer and light lunch provided 10am-4pm – Wednesday 16 May

PRAYER GROUP

A time of worship and praise with a charismatic flavour

8-9pm on Tuesdays

We do have to change dates occasionally,so worth ringing beforehand

PRIORY DAYS

9.30am-2pm - 3 May • 7 June

Come and join in the life of the Priory with gardening, cooking, sewing or DIY, Midday Prayer and Lunch. Please let us know you are coming so we can cater for you for lunch.

Phone 742150 • storrington@chemin-neuf.org www.chemin-neuf.org.uk

WEST CHILTINGTON AND STORRINGTON MOTHERS' UNION

Music and meditation



We were very pleased to welcome Revd David Coleman and wife Rosemary to the meeting on 20 March. Several members attended David's Licensing Service and also provided cakes for refreshments afterwards. We look forward to welcoming David to our meetings in the future.

We were delighted to welcome back Mrs Sue Hyland as our Speaker at our meeting on 5 April, as she conducted an afternoon of Music and Meditation. Her theme focused on hymns, psalmody, and spirituals or worship songs. She reminded us of the saying of St Augustine, "When you sing you praise God twice, once with the words, and once with the music". We listened to several hymns, one being a very unusual rendition of the 23rd Psalm, Psalms being the very first hymns. When members were asked what their favourite hymn was, the answers were varied, none of which appeared in the nation's Top Ten List.

We look forward to our meeting on **3 May** when Andrew and Sheila Boultbee will tell us of their Pilgrimage to Santiago de Compostela.

We meet at 2pm in West Chiltington Church Hall and visitors are most welcome to join us.

Jean Hunt



Hello. I'm Barbara, owner of Ashington Aesthetics, a new business in Storrington. I am currently working as a consultant anaesthetist in the NHS but I will be leaving my 18 year long

career in clinical medicine for the new challenge of running my own business. I am also a mum and my children will both be school age and so being self-employed allows more flexible working hours.

During my many years as a doctor, I have seen much of what makes people happy or sad, ill or well and how much can be achieved without pharmaceuticals, if only we looked after ourselves a little better. After all, we wouldn't put poor quality petrol in our cars and expect them to run efficiently.

So with this in mind, I offer several services.

Firstly, the aesthetics. From treating an annoying forehead wrinkle to defining and enhancing lips; restoring the apple in the cheeks or reducing the dark circles under the eye, I can help you smile when you look in the mirror. I also offer a range of aloe based skincare products and supplements to help replenish and revitalise.

And beauty on the outside is just the beginning. I offer nutrition planning and advice for those exercising or training for an upcoming sporting event, weight-loss coaching and planning as well as health and wellness consultations, but please note I do not offer medical advice or prescriptions.

So whether it is a cleanse and weight loss programme ready for that summer beach holiday or a wrinkle treatment to look fresher for an upcoming wedding, or you'd simply like some skincare or other wellness advice, do contact me because I might be able to help.

Dr Barbara Stanley MBBS FRCA MA ClinEd 07572 473256 • www.ashingtonaesthetics.co.uk

1ST STORRINGTON RAINBOWS AND 2ND STORRINGTON BROWNIES

Animals and a sad 'Goodbye' to Clare

One of the most popular evenings is when we have animals to visit.

Rainbows were invited to bring along a pet to show everyone. We had two dogs, two rabbits, a tortoise and a very friendly cat. Of course, it is important parents stay to supervise their own animal to avoid any mishaps.

Also, some girls brought photos of their pet if it wasn't practical to bring them.





The Rainbows and Brownies said a sad goodbye to Clare Worth at the end of term. Clare has been with the units for five years and will be greatly missed. She is a busy lady and we wish her well as she takes a break from weekly Guiding.

Joan Parkes



Girl guiding, the UK's leading charity for girls and young women, offers a hugely varied programme of events, activities and adventures for girls aged between 5 and 25.





A community orchestra for players of all ages Musical Director Peter Allwood

Rehearsals: Saturdays 5th & 19th May 9.30 -11.30am

In the Meadows Hall, Pulborough Village Hall

If you enjoy playing an instrument and would like to make music with others come and join us!

We now have a few places for brass players.

Contact Ros 01798 875804 downlandensemble@gmail.com



STORRINGTONPRIMARY SCHOOL



A busy spring term

It's been a short but very busy spring term at Storrington Primary School!

Children and staff have got dressed up for World Book Day, run and raised money for Sports Relief, shared poetry, competed in spelling competitions and enjoyed a day focusing on their Spanish.



We're very proud to have retained our Green Flag status for Eco Schools, and well done to the children and staff who have worked so hard for that.



Our Head of Early Years, Samira Stratford, has been invited to become a Maths Hub Ambassador. Samira is already a Specialist Leader in Education and also an Early Years moderator for the local authority. Only five maths hub ambassadors were being

recruited to cover Sussex and Surrey; each ambassador underwent a day's training and will deliver two one-day courses to schools within their locality over the course of the year. The course focuses on developing children's language for learning through rich mathematical opportunities. Samira says, "I am very keen that children coming into school develop

an interest and enjoyment of learning in all subjects and believe that establishing an understanding in maths is particularly important to achieve early on".

The spring term ended with a wonderful Easter Egg hunt, organised by FOSS, which was enjoyed by children from Reception to Year 6!

Thank you to all our volunteers and school community for their help and involvement this past term.

Rebecca Stables, Business Manager

CHICHESTER CATHEDRAL FREE LUNCH TIME CONCERTS

MAY

Tuesday 1 Anemos Trio

Karen Kingsley (piano)

Richard Moore, (bassoon) Robert Blanken, (clarinet)

Tuesday 8 Chichester String Ensemble, Richard Barnes (*organ*)

Tuesday 15 Gabriele Baldocci (piano)

Tuesday 22 Duo Fantasia

Rusne Mikiskaite (saxophone)

mma Setiadi (piano)

For full details of programmes see www.chichestercathedral.org.uk



FANCY A WADDLE?



You would be Quackers to miss the 20th anniversary of the Storrington Village Duck Race!

Sunday 13 May

Riverside Walk and Library Car Park, Storrington First race starts at approximately 12.30pm

There is only one place to be on Sunday 13 May and that is at the 20th Storrington Village Duck Race which promises thrills and spills as the ducks race to glory alongside a great range of entertainment for all the family.

Join us from midday to race ducks and raise money for the Friends of Storrington Primary School. There will be more hotly contested races this year with six heats; the top ten ducks from each heat being entered into the Grand Finale, making seven races in all.

Ducks for each race are on sale now and can be bought in advance in the days leading up to the big day, or on the day itself from the many volunteers in the village. Prizes are on offer for each of the heats with cash prizes available for the winning ducks in the Grand Finale

To add to the fun, there will be fun-fair rides and face-painting, craft stalls, music, bar, refreshments, ice-cream and cakes, plus the ever popular BBQ.

All proceeds from the Duck Race will go to Storrington Primary School to provide and maintain facilities and equipment for the children.

The Duck Race team are still taking bookings for stands so if you have an idea for a stall or a craft business that you want to promote please get in touch with georgedelarue@hotmail.co.uk.

And the Car Boot is back! Car boot pitches must be booked. Set up from 10.30am for a midday start. Limited number of spaces available. Book in advance via foss.school@aol.co.uk.

Rotary Club of Storrington & Pulborough District

CAR BOOT SALES

STORRINGTON LIBRARY CAR PARK 8am until 12noon

Bank Holiday Mondays 7 May * 28 May * 27 August

Pitches available at £7 per car and from £10 for vans. All proceeds go to charitable causes supported by Rotary.

West Chilt Jazz Club West Chiltington Village Hall RH20 2PZ



FEATURING THE VERY BEST JAZZ BANDS

Tuesday 1 May

Goff Dubber's Dixieland Express – from Dixieland to swing

Tuesday 5 June

Tony Waller's Prohibition Jazz – a great hit last season

Doors Open 19.00 Concerts start at 19.30

Licensed Bar with Draught Beer

Tickets £10 from NISA (Cherilyn) Store in West Chiltington and the Card Centre, Storrington.

More information and late tickets from Keith Rushton

742914 | ckrushton@outlook.com

www.westchiltvillagehall.org go to "Jazz Club"



WI NEWS SULLINGTON WINDMILLS

Jean and lace making

The President, Erika Brichta, welcomed members, along with two new members and three visitors to the March Meeting. During the President's report, she mentioned the many events planned during the year, including a stall at the Annual Duck Race on Sunday 13 May in Storrington. The stalls are to be situated on the Library car park, so do come along and meet us.

The Secretary, Sara Harden, gave her report, during which she read out a letter from Yvonne Price, chair of the West Sussex Federation of WIs, informing members of the death of Hazel Tester after a short illness. Hazel was a highly respected County Advisor for the West Sussex Federation, and will be remembered for her dedication to the WI movement. Sara also read a letter from Janice Langley, a former chair of the National Federation of WI, saying she had been appointed by the Board of Trustees to organise events to celebrate the West Sussex Federation Centenary, which will take place in 2019. Janice asked all members to give her their ideas and suggestions as just how and where they would like the celebrations to take place. 2019 will be a busy year for Sullington Windmills as in October that year they celebrate 50 years, having first been formed in 1969, the year man first walked on the moon.

The speaker for the evening was Jean East, her talk entitled 'Lace Making - then and now'. Jean was a member of Sullington Windmills until last year when she moved out of the area, so it was a pleasure to have Jean back with her friends. Jean has been interested in lace making for around 30 years, and now takes a holiday every year in Bruges, renown for lace making, during which she takes another course on lace making. Lady Emma of Parham had kindly given Jean permission to photograph some of the paintings at Parham, showing some well-known figures from history adorned with lace, which she used during her talk. Queen Elizabeth I was extremely fond of lace and, it is reputed, on her death she left 4000 pieces of jewellery, many of which contained lace. Elizabeth of Bohemia, daughter of James I, had gold and silver entwined in her lace. It is reported Queen Ann, in 1707, used lace as currency to pay her armies, although there is no record to show just how this payment was made. Queens throughout history have ordered lace dresses for their ceremonial occasions.

Members were shown many samples of Jean's work and the equipment she uses, which included the lace pillow, originally stuffed with straw but now stuffed with sea grass or even polystyrene. The finest thread Jean uses is as fine as a human hair.

Following this interesting talk, many members asked questions which Jean enjoyed answering.

Following refreshments, including a delicious array of decorated Easter cakes and biscuits made by Sheila Foster, members took part in a general knowledge quiz set by Pat Jenkins with a little input from Rachel Martin, who is recovering from a stroke, but has still maintained her interest in the WI.

The next meeting will take place on **Wednesday 16 May**, also the Annual Resolutions Meeting, during which members discuss and vote on the proposed resolutions for 2018. Members all bring along a plate of nibbles to share.

Meetings take place on the third Wednesday of the month (2nd Wednesday in December) at 7.30pm, at Sullington Parish Hall. If you feel you would like pay us a visit or would like to become a member, you can be assured of a warm welcome. For further information please contact Erika Brichta, President, on 742039 or erikabrichta@hotmail.co.uk, or Sara Harden, Secretary, on 741350 ors.harden@hotmail.co.uk .

Pat Snape







SULLINGTON St Mary's



DATE	FESTIVAL OR SUNDAY			
6 May	ROGATION SUNDAY	8am Holy Communion (said) 10am Family Communion 3pm Concert in Church: Songs for Spring 6pm Evensong	10.30am Joint All-age Family Communion (with Sullington)	8am Holy Communion (with Thakeham) 6pm Evensong
10 May (Thursday)	ASCENSION DAY	10.30am Holy Communion 7.30pm Ascension Day Service		
13 May	Sunday after Ascension	8am Holy Communion (said) 10am Parish Communion + Footsteps 6pm Evensong	9.30am Morning Prayer	8am Holy Communion (with Thakeham) 11.30am Morning Prayer
20 May	WHIT SUNDAY PENTECOST	8am Holy Communion (said) 10am Parish Communion with Prayers for Healing 4.00 Church@4	8am Iona Communion (with Sullington)	10.30am Holy Communion (with Thakeham)
27 May	TRINITY SUNDAY	8am Holy Communion (said) 10am Parish Communion + Footsteps 6pm Evensong		10.30am Joint Family Communion (with Thakeham) Preacher Bishop Martin
3 June	Trinity 1	8am Holy Communion (said) 10am Family Communion 6pm Evensong	10.30am Joint All-age Family Communion (with Sullington)	8am Holy Communion (with Thakeham) 6pm Evensong

Midweek Holy Communion services on Thursdays at St Mary's Church, Storrington, at 10.30am Holy Communion Service at Sussexdown on the fourth Sunday of each month at 11.30am

OTHER CHURCH DETAILS

ROMAN CATHOLIC CHURCH

Our Lady of England, Monastery Lane

Mass – Saturday 6pm, Sunday 8am and 10am
Daily Mass: Monday – Friday 9am.
For other midweek services, confessions etc., please contact
Parish Priest: Fr Charles Howell
2 St. John's, Fern Road, Storrington RH20 4LW
Tel: 740338

STORRINGTON CHAPEL

North Street

Sunday Services 10.30am, 6.30pm Church Elder: Graham Thrussell Tel: 01243 545737 grahamthrussell.GT@gmail.com

COMMUNITY CHURCH

Steyning Grammar School – Rock Road Campus

Family Worship – Sundays 10am
Enquiries to Mrs Val Augustine
Community Church Office, PO Box 1020, Storrington RH20 3UY
Tel: 01798 817596

TRINITY METHODIST CHURCH

Thakeham Road

Sunday Service 10.30am
Minister: Revd Dawn Carn
4 Gorse Avenue, Worthing, BN14 9PG
Tel: 260356 (Church Office: 746390)
www.trinitymethodiststorrington.uk
www.facebook.com/TrinityStorrington

WEEKLY EVENTS

Tues	10am	Coffee Morning – Storrington Chapel
Wed	9.30am	Registrar of Births and Deaths – Storrington Library – pre-booking only – 01243 642122
Fri	10am	Storrington Community Market – Village Hall

Storrington Library Opening Hours – Tel. 839050

Monday to Friday	9.30am – 5.30pm
Saturday	10am – 4pm

SUNDAY LUNCH CLUB

1pm on second Sunday in the month (except August) at the Old School, School Lane, Storrington, for those who would like to join us for friendship and food.

Tickets (£4.00) are available from:

Louisa Austin, Church Street, Storrington

STORRINGTON POP-IN LUNCH CLUB

Storrington Village Hall First Thursday of each month

COFFEE served from 10.30am

LUNCH available: £3.00 12 noon – 1pm (Soup, Ploughman's and home-made puddings)

ALL ARE WELCOME. Come and meet old friends and make new ones. No need to book – just turn up. Co-ordinator: Pat Webb (893145)

WHAT'S ON

MAY	
Tue 1	
10am	Inter Church Pressure PC Church (side chance) no
	Inter-Church Prayers – RC Church (side chapel) – p9
2pm	SPACE – Art and Craft Club – p23
Wed 2	
10am	St Barnabas Outreach – Library Car Park – p32
Thu 3	
9.30am	Chemin Neuf – Priory Day – p15
	Pop-In Lunch Club – p18
2pm	West Chiltington & Storrington MU – Talk – p15
Sat 5	
10am	Storrington Conservation Party – Duck Race Preparation – p31
10am	Storrington Bowling Club – Open Day – p23
Sun 6	ROGATION SUNDAY – 6 of Easter
10am	Storrington Bowling Club – Open Day – p23
3pm	Songs for Spring Concert, St Mary's, Storrington – p10
6pm	Summer Evensong at St Mary's, Sullington – p5
Mon 7	
8am	Rotary Club Car Boot Sale, Storrington – p17
Wed 9	, ,
10am	Wild Fortune Quiet Garden – p5
7.30pm	Rotary Film Night – Paddington 2 – p33
Thu 10	,
7.30pm	Ascension Day Service – St Mary's, Storrington
7.50pm 7pm	Bingo – Mary How Trust – p32
	Storrington Camera Club – Meeting – p22
7.30pm Sat 12	Siornigion Camera Clob – Meeting – pzz
	Sandanta Consequation Society, Westing Bouts, 22
9.30am	Sandgate Conservation Society – Working Party – p32
10am	Storrington on Show – p23
2pm	Warminghurst Church Plant Sale – p16
6pm	Christian Aid – Cheese and Wine Evening – p4
Sun 13	SUNDAY AFTER ASCENSION – 7 of Easter Christian Aid Week: 13 – 19 May
12 30pm	
	Storrington Duck Race – p17
Ipm 2pm	Sunday Lunch Club – p18
3pm	Sunday Tea – p4
6pm Mon 14	Bible Society Meeting – St Mary's, Storrington – p10
MOD 14	
	Standard March T II 22
7.30pm	Storrington Museum – Talk – p22
7.30pm 7.30pm	Storrington Museum – Talk – p22 Thakeham Gardeners' Club – Meeting – p21
7.30pm 7.30pm Tue 15	Thakeham Gardeners' Club – Meeting – p21
7.30pm 7.30pm Tue 15 2pm	Thakeham Gardeners' Club – Meeting – p21 SPACE – Art and Craft Club – p23
7.30pm 7.30pm Tue 15 2pm 2pm	Thakeham Gardeners' Club – Meeting – p21
7.30pm 7.30pm Tue 15 2pm 2pm Wed 16	Thakeham Gardeners' Club – Meeting – p21 SPACE – Art and Craft Club – p23 Knit and Stitch Tea – p4
7.30pm 7.30pm Tue 15 2pm 2pm Wed 16 10am	Thakeham Gardeners' Club – Meeting – p21 SPACE – Art and Craft Club – p23 Knit and Stitch Tea – p4 Chemin Neuf – Quiet Day – p15
7.30pm 7.30pm Tue 15 2pm 2pm Wed 16 10am	Thakeham Gardeners' Club – Meeting – p21 SPACE – Art and Craft Club – p23 Knit and Stitch Tea – p4
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7.30pm 7.30pm 7.30pm Tue 15 2pm 2pm Wed 16 10am 10am 10.30am	Thakeham Gardeners' Club – Meeting – p21 SPACE – Art and Craft Club – p23 Knit and Stitch Tea – p4 Chemin Neuf – Quiet Day – p15 Café in the Church – St Mary's, Storrington p9
7.30pm 7.30pm 7.30pm Tue 15 2pm 2pm Wed 16 10am 10am 10.30am 2pm	Thakeham Gardeners' Club – Meeting – p21 SPACE – Art and Craft Club – p23 Knit and Stitch Tea – p4 Chemin Neuf – Quiet Day – p15 Café in the Church – St Mary's, Storrington p9 Bible Society – Coffee Morning – p9
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7.30pm 7.30pm 7.30pm Tue 15 2pm 2pm Wed 16 10am 10am 10.30am 2pm 7.30pm Fri 18	Thakeham Gardeners' Club – Meeting – p21 SPACE – Art and Craft Club – p23 Knit and Stitch Tea – p4 Chemin Neuf – Quiet Day – p15 Café in the Church – St Mary's, Storrington p9 Bible Society – Coffee Morning – p9 Bishop Richard visits St Mary's, Storrington – p9
7.30pm 7.30pm 7.30pm Tue 15 2pm 2pm Wed 16 10am 10.30am 2pm 7.30pm Fri 18 7.30pm	Thakeham Gardeners' Club – Meeting – p21 SPACE – Art and Craft Club – p23 Knit and Stitch Tea – p4 Chemin Neuf – Quiet Day – p15 Café in the Church – St Mary's, Storrington p9 Bible Society – Coffee Morning – p9 Bishop Richard visits St Mary's, Storrington – p9 Sullington Windmills WI – p17
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Sun 20	PENTECOST (WHIT SUNDAY)	
4pm	Church@4, St Mary's, Storrington – p6	
	NOTE: No Evensong at St Mary's, Storrington	
Tue 22		
7.30pm	Mary How Trust Film – Murder on the Orient Express – p23	
Wed 23		
2pm	Storrington Flower Club – Meeting – p3	
Thu 24		
11.30am	n Communion at Sussexdown – p10	
7.30pm	Storrington Camera Club – Meeting – p22	
Fri 25		
11am	Parham Clocks Tour – p31	
Sat 26		
10am	Sandgate Conservation Society – Working Party – p32	
	Storrington Camera Club – p22	
Sun 27	TRINITY SUNDAY	
3pm	Parham House – Children's Outdoor Theatre – p13	
Mon 28		
8am	Rotary Club Car Boot Sale, Storrington – p17	
Wed 30		
3pm	St Mary's, Thakeham Garden Party – p5	
Thu 31	VISIT OF BLESSED VIRGIN MARY TO ELIZABETH	
	Chichester Cathedral Festival of Flowers opening day	

Details of all church activities on pages 4,5,6 and 18.

SAINTS AND SPECIAL DAYS

JAII	NIS AND SPECIAL DAIS
MAY	
Tue 1	PHILIP AND JAMES, APOSTLES
Wed 2	Athanasius, 373 - bishop of Alexandria and renowned theologian
Mon 7	Julian of Norwich, c.1417 - Christian mystic; her work, Revelations of Divine Love, is first book in English language known to have been written by a woman
Fri 11	Gregory Dix, 1952 - English monk; his work influenced reform of Anglican
Sun 13	ST. MATTHIAS, APOSTLE
Tue 15	Caroline Chisholm, 1877 - English humanitarian, involved with female immigrant welfare in Australia
Fri 18	Dunstan, 988 - much loved saint; patron saint of goldsmiths (hallmark year date runs from 19 May after him); charities and churches named after him
Sat 19	Alcuin, 804 - considered among the most important architects of the Carolingian Renaissance
Wed 23	John and Charles Wesley, 1791 and 1788 - credited with the foundation of the evangelical movement of Methodism

Fri 25 The Venerable Bede, 735 Augustine of Canterbury, 605 - the first Archbishop of Canterbury in 597 and a founder of the English Church

Tue 28 Lanfranc, 1089

Wed 30 Josephine Butler, 1906 - feminist and social reformer, particularly welfare for prostitutes

Thu 31 VISIT OF BLESSED VIRGIN MARY TO ELIZABETH

STORRINGTON & SULLINGTON – REFLECTIONS OF THE PAST

A COUNTRY LAW FIRM

In West Street and facing south across the road to Church Street, there stood a large imposing building. The earliest transaction on it is dated 1691, when a lease and release between John Monke of Old Shoreham, Richard Paine of Lewes and William Wheeler of Storrington of the one part, and Stephen Batcock of Storrington, locksmith, of the other part of the house, barn, gardens and orchard, sometime called Swan & Dawes of about 8 acres, and all such common of pasture and feeding for cattle upon the commons and wastes of the Manor of Storrington (except Oldfield Common) but including Byne Common, West Common, Cootham Common and Bugg [Bog] Common.

William Wheeler was Lord of the Manor and the Commons were manor wastes, the uses of which were available only to Manor tenants. In February 1729, a covenant made between Stephen Batcock and his eldest son and heir, Thomas, and John Bonus of Storrington, fellmonger, by which John Bonus bought the property, renaming it The Kings Arms, and running it as an inn. His will left it to his wife in 1742, Mary Bonus, for her life and then to her son,

Thomas Bonus. In 1747, Thomas Bonus' creditors forced him to sell the property to John Cook and Edward Carleton, who sold it in 1759 to Edward Coates of Storrington, miller. Further transactions in the 18th century resulted in the sale to William Botting of Ashurst.



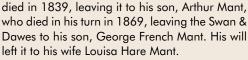
FIVE CUINEAS REWARD.

Whereas some Person did, on Studiey, the 10th Greder, about 1870 pm.

Discharge a BULLET Interpretate of the Studies of

Enter the Mant Family. In 1824, William Botting and his wife, Sarah, of the first part, sold to George Mant of the second part and the Hon George King of Fryern, Storrington of the third part, and there was a covenant by the Hon George King to produce certain indentures regarding manor rights.

The property then passed through the Mant family by the will dated 1831 of George Mant, who





Their son, Frank Mant with his wife and family were living in Sand Lodge, School Hill at the time. They had recently returned from Wellow in Somerset where Frank had a flour mill. They were waiting to move to 'Banksia' owned by George Frank Mant and leased to Mrs Gallier, whose lease had not run out.

Charles Mant records in his notes that

"... William Botting of Ashurst ...on Sep 29 1824 sold it 'Swan & Dawes' to my GG Grandfather George Mant, who came from Arundel – he was a solicitor – he closed the public house and turned the property into a private house where he carried on his legal practice under the name of Mant and Lear. This George was ... a member of the Storrington Prosecuting Society formed by him on March 31 1828. I have the original notice of this meeting hanging in my surgery today. This old society was still in existence as late as October 28 1885. My grandfather George French Mant, was its secretary then, but it died soon after that. The object of this society was to raise a fund to be used for prosecuting Felons and Thieves and was, of course, started long before the Police.

Storrington's first policeman was William Tribe soon after the passing of the County Police Act in 1857. George Mant when he lived at Arundel prior to 1824 was the secretary of a similar society in 1790. This old Arundel Society was and still is called the Arundel Society for the Prosecution of Felons and Thieves – I am a member of this society at the present day. To become a member you must be connected with agriculture and to reside within 15 miles of Arundel. We give



rewards to those who catch poachers and even today poaching for pheasants is still very much with us – cars provide a quick getaway for this kind of 'gentleman'. They even use boats for this purpose up the Arun beyond The Black Rabbit at night. We hold an annual dinner at the Norfolk Hotel, Arundel, on the night nearest the full moon in February - this comes about the 22nd of the month. In the list of the members of the Arundel Society all the original names are given and one can still find the old names with their descendants through the years being listed as members today, such as Loveys, Langmead, Mant, Tompkins, Boniface, Boxall, Campbell and many others ... also we have members later in the 1880s onwards and some later such as Aysh, Rydon, Emmett etc. 'Grandfather was a very well-dressed man and always wore a frock coat and top hat, the uniform of the legal and medical professions in those days. He was driven about in his hansom cab by George Butcher who worked at the White Horse stables.

"In 1881, my grandfather who, besides his legal practice and various other appointments, was Clerk to the Thakeham Board of Guardians and Thakeham School Board before schools were taken over by the WSCC. There was a very serious fire in his office in West Street, caused probably by overheating the chimney, as he did so like to bank up his fire - he was, so I have been told, very fond of a very large fire in any room he was occupying. This fire eventually broke through into the room over the office ... The other part of the house was not affected. The various deed boxes and legal documents were saved and removed to the old granary up the yard ... Steyning Fire Brigade were called and eventually arrived at the scene – horses in those days... and no proper means of communication ... The legal practice was carried on from the granary while repairs were being done ... When the time came to occupy the repaired office, as so many of the owners of the deed boxes and papers had died, many going back to 1830 or so, it was decided to leave them out in the granary. Grandfather knew where they were and could get at them any time he wished. [They were still there 80 years later.]

In the 1870s there was an old man who lived in the end cottage on the corner of Brown's Lane who earned his living by playing a 'one-man band'. He carried a drum on his back ... he played cymbals by moving a lever strapped to his left elbow and with his right hand he played a cornet. The old man lived to a great age and when he eventually died and Grandfather settled his affairs for his widow, a very small sum I expect, but "she wanted it done proper". The old lady was very grateful for Grandfather's work that she made him accept the old drum for his services; she had no money left to give him. He did not want it, but as she wished it, he accepted it - the old drum was kept in the granary for several years and was used during the celebrations in the village for the Relief of Mafeking, which getting rather rough caused the end of the drum to be broken - this was in 1900 or 1901. We have used it since, but only to put raffle tickets into for Christmas draws for the Fire Brigade fund and so on. Grandfather died in

1893 leaving The Dawes to my grandmother, Louise Sophie Mant, who lived there with her two maiden daughters and son, Arthur, who eventually married Eva Prande and went to live at Petworth, where he bought the legal practice from Mr Daintry who had gone to prison for 10 years for stealing his clients' money. Arthur Mant ran the practice from Petworth, having offices at Pulborough, and the Storrington one as well. He was a very short, fat man and had to ride a cycle from Petworth to Storrington for some time to try to keep his fat down. He died in 1902, leaving a wife, one son, George, and two daughters ... George lives at Petworth now ... On his death the legal practice was sold to Ernest Staffurth from Bognor, and was run in the name of Mant and Staffurth."

Charles Mant continues by saying that after Ernest Staffurth's retirement the practice was sold to Capt. Oglethorpe who closed the Pulborough office, keeping Petworth and Storrington branches going. On his death, it was bought by Mr Anderson, who still runs it.



George Mant restarted the Mant legal practice at Petworth after Staffurth's death and had branches in London and Basingstoke. Frank Mant, Charles Mant's father, inherited The Dawes and, finding the property too large for him, put it up for auction by King and Chasemore, but it failed to reach the reserve price, only £900 being offered, so a wall was built round the West Street part of the garden in order that the land was set aside for possible offices for Mant and Mant solicitors. The wall was the only thing ever built there, and on his father's death in 1909, Charles Mant opened the house and grounds as his veterinary practice with kennels and loose box.

Joan Ham (Village Historian) Ron.ham@talktalk.net



David Sumner-Wilson, along with his wife Emma, was our speaker at the March meeting. In 1994, David took over the running of Allwoods dianthus nursery which has been in existence since 1910. The nursery had moved to Sussex from Lancashire as prices were then cheaper in the South. Plants are still grown in the same 3' wide bed system and all plants are grown from cuttings. Every year that the nursery exhibited, firstly at the International Horticultural Expedition and then Chelsea, it has won a gold medal. The name pinks comes from the pinked edges of the flowers and this is the nursery which introduced repeat flowering pinks. David showed us slides of many named pinks, all of which were delightful.

Our next speaker at our meeting on **14 May** is Richard Ramsey on 'Growing and Care of Dahlias'. Our competition is 'A Small Branch of Early Flowering shrub'.

Our main Plant Sale will be held on **Saturday 19 May** at 2pm, but don't be late as we sell out quickly.

We are also running a coach trip to Exbury Gardens in the New Forest on Wednesday $\bf 2$ May at a cost of £30. If you would like to join us on this trip please contact Sandra on 743671.

Meetings take place at 7.30pm on the second Monday in the month at Thakeham Village Hall. We welcome new members and guests; come along to the Hall on Club night or ring our Chairman Bruce on 892466 for further details.

Sandra Jenkins



SUNDAY 3 JUNE AT 7PM

Steyning Parish Church of St Andrew and St Cuthman

The Royal Holloway Choir conducted by their Director of Music, Rupert Gough, with Bernardi Music Group and composer-conductor Malcolm Singer

Mozart: Flute and Harp Concerto/Malcolm Singer: World Premiere Fiona Howe: Requiem movement/Bernstein: 'Chichester Psalms'

Tickets: £21.50

FRIDAY 8 JUNE AT 7.30PM

The Blue Idol Quaker Meeting House, Oldhouse Lane, Coolham

Bernardi Music Group with soloist Bruce Martin (flute) A celebration of William Penn, his legacy and Quaker life as in 2018, 300 years since his death.

> Gluck: Concerto for Flute and Strings Cecilia McDowall: 'Descending Blue' Bach: Trio Sonatas for flute, violin and cello

Tickets: £27.50 (refreshments available)

SATURDAY 9 JUNE AT 7.30PM

Nyetimber Vineyard, Gay Street, Pulborough Bernardi Music Group

A quintessentially British evening, celebrating world-class classical music and England's finest sparkling wine in Nyetimber's White Barn.

Enjoy a glass of Nyetimber's Classic Cuvee MV on arrival and their Rosé MV. A perfect setting to listen to this nine-piece ensemble and hear the renowned Stradivarius Violin

Tickets: £36.50 (including canapés and Nyetimber wine)

Box office: 01403 750220 • www.thecapitolhorsham.com Tel: 01403 741685 • Mobile: 07710 02408 andrewbernardi@me.com • www.bmglive.com www.shipleyartsfestival.co.uk

MEN'S BREAKFAST

Saturday 9 June at 8.30am

Thakeham Village Hall

With guest speaker

All men are warmly invited

Please call Derek or Lis on 01798 813012 to book your place for catering purposes.

ARUN VALLEY U3A INAUGURAL GENERAL MEETING

Come and join Arun Valley U3A at our inaugural General meeting to hear what promises to be a most interesting talk from ex Bunny Girl Gill Parker.

All are welcome. Admission free.

Wednesday 10.30am – 12noon on 23 May at Pulborough Village Hall

For further details contact Roger Millard on 741233 or email rimillard@btinternet.com.

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STORRINGTON & DISTRICT MUSEUM

Surprising findings when you explore gravestones

Our 'Were You Being Served' exhibition ended mid-March and a new one called 'Treasured Toys' began. This is a gentle and light-hearted look at, mainly, museum members' shady pasts; the relics that have not been swept away by over-enthusiastic mums, or vandalised by younger siblings, or 'lost' in house moves. These things are inordinately dear to us, treasures to cling on to from less worrisome times. This exhibition will run until 10 June.

The Museum Society's 13th AGM was held on 5 March. All the usual business was speedily dealt with. I am afraid the emphasis was, as always, "we need more members and we need more money".

Then Cindy Waters spoke briefly about the trip which she and Frank proposed to take along the A272 to raise, by sponsorship, some of the above mentioned much needed cash. She described the journey they proposed to make from Poundford in the East to Stockbridge in the West, visiting villages all along the south of the road, and then retracing their route back, calling at villages north of the road. At all stopping places they hope to get a signature to confirm that they did actually go there. Cindy estimated that it would take the best part of a week to do the run properly. Everyone at the meeting applauded Cindy and Frank's enterprise and terrific enthusiasm and wished them every success. There will be a report on this in the next issue of 3 Heralds.

lan Ferguson then 'Rose to the Challenge'. Ian is a very active museum member and is a regular steward. While stewarding one day he was challenged with a question from a visitor: "How do you know that Father Tyrell's gravestone was the work of the famous Eric Gill? You say it is, but is it really?" So Ian set about finding proof. He learned a great deal from the internet and then visited Ditchling Museum, which is near where Gill lived and worked, and is dedicated to arts and crafts, where he learned more, including the fact that Eric Gill's documents are held in America, but that a microfiche of them is at the East Sussex Record Office. However, Ian received a letter from Ditchling Museum of Art and Craft saying, "I am delighted to report that the headstone was cut by Eric Gill's workshop - a carving of Chalice and Patten in low relief above the inscriptions for 1909. Gill designed the headstone, but it might have been cut by the apprentice Joseph Cribb, who worked for Gill from 1906." Proof indeed.

However, this was not the end. The Ditchling Curator goes on, saying there are also two others recorded in the same graveyard and which were from the workshop at Ditchling, a narrow ledgerstone in memory of Arthur Francis Bell, who died in 1918, and a camber arch-headed memorial stone "To the beloved memory of PEGGY SUTTON 1885-1923".

Ian was very pleased with these answers, but another question was raised: who was "Peggy Sutton, wife of Eric Sutton of Chelsea"? What was she doing here in Storrington? So again he tried to find the answer and lo and behold, Eric Sutton was a friend of Arthur Bell, from their Cambridge days, and they visited each other frequently. In this way, they would have met Maud Petre who commissioned and paid for Arthur Bell's memorial stone and probably Father Tyrell's as well. They belonged to the Catholic Church and were probably sympathetic to the changes advocated by Father Tyrell, which caused him to be rejected by the conservative hierarchy of the Catholic church.

Ian subsequently wrote to the Sutton family, and now almost feels one of them! His mission was now complete, but what a lot extra he had learned while closing the circle, and what a lot of satisfaction he can draw from it all!

The Museum and its ever-growing local history archive is full of

such lucky coincidences: read about the Mant papers, for instance, in our newsletter *Times Past*. So much in life is down to chance, lucky or unlucky, meetings, and words. It is up to us, as lan said, to make the most of them.

On Saturday 24 March, we had a Quiz Evening with Christine and Stephen Turrell, and not forgetting Oscar, which was both great fun and galling, and for me a sharp reminder of the things I used to know and now cannot recall in time.

The next talk will be on **Monday 14 May at 7.30pm**, when Neil Hunt will tell Tales from the Top Table. Neil is Past President of the National Association of Toastmasters and member of the City of London Beadles Guild. His talk promises to be an intriguing glimpse behind the scenes of grand events.

Mary Wilson



Old School, School Lane, Storrington RH20 4LL

Tel: 740188 www.storringtonmuseum.com E-mail: contact@storringtonmuseum.com Registered Charity No. 1084853

Weds and Sat 10am - 4pm • Sun 10am - 1pm



competitions, practical workshops and a monthly conee club.

MEETINGS alternate Thursdays 7.30pm to 10pm,
September through to May in The Football Pavilion,
behind Chanctonbury Leisure Centre, Storrington.

Thursday 10 May: Guest Speaker, Rob White

- Marine and Milky Way Photography.

Thursday 24 May: Best Print and Projected Image of the Year Competition. Our judge for the evening is Trevor Gellard FRPS.

MORE INFORMATION:

www.storringtoncc.org.uk or contact Janet Brown T: 01798 812183 E: vicechair@storringtoncc.org.uk



STORRINGTON ON SHOWIS GETTING THERE!

The invitations that went out a few weeks ago have now been converted into 16 confirmed exhibitors at the show at the Chanctonbury Leisure Centre on 12 May.

The organisers have been asking some of the voluntary groups to ask their members what they gain from being a part of their activities, and their members are always keen to make their voices heard.

Sandgate Conservation Society tells us, "We have been going for over 40 years. We focus on protecting our local green spaces in the Sandgate area in between Sullington Warren and Warren Hill. We aim in particular for the establishment of a country park as local quarrying activities end. We comment on planning matters that would be detrimental to these aims. The more members we have the stronger is our voice. The more fun part of what we do is our 'field days', of which we have two most months, on Saturday mornings on Sullington Warren and in Sandgate Park. Volunteers, whether members or not, are always welcome to these. We are particularly keen for children to take part, including those working towards their DofE awards. Our working parties include people of ages, spanning over 60 years! There is always a good cup of tea and slice of cake to be had, time for a chat and to enjoy being outdoors. All tools and gloves provided.



During part of the year we have monthly evening talks on topics mainly related to nature conservation and local interest. Talks in the past have been about local plants, insects and birds, gardens, history and have even included live owls and hedgehogs."

Sandgate volunteers say, "It's really satisfying to see the difference a group of people working together can achieve in a short time". Other comments include -"Good cup of tea and a cake"; "Always a friendly welcome"; "A free, gentle, workout"; "You can do as much or as little as you like"; "Some people just come for the chat"; "You learn about the local flora and fauna".

So do come and visit this second event of its kind, where budding volunteers can find out which local group offers them the kind of experience they would most like, be it healthy exercise, technical computer skills, admin, or just helping vulnerable people.

It's on **Saturday 12 May** from 10am until 2pm at the Chanctonbury Leisure Centre, with free entry.

There will be refreshments available in the café, and lots of people to talk to, and much to see.



STORRINGTONBOWLING CLUB



Open mornings to tempt you!

Would you like to have a game of bowls on our lovely green? It is a very enjoyable activity. New bowlers are given plenty of support and made to feel welcome, so do give it a try! Membership is good value for money and informal bowling is free.

The Green, behind the cycle shop, reopened on 21 April with a coffee morning followed by an afternoon 'Drive' when members spent an enjoyable couple of hours bowling in a relaxed, informal competition followed by a cup of tea. Visitors, especially prospective members, are welcome to come and watch any of our matches.

During the 2018 season we have a number of Open Days to welcome new members. Following the first two open mornings in April, a further two are arranged for **Saturday 5 and Sunday 6 May**, from 10am to 12noon. Just turn up!

We also have regular open evenings throughout the season. Qualified coaches are on hand to assist. Bowls can be borrowed initially and all that is needed for the open days is a pair of trainers or flat soled shoes.

Our website is www.storringtonbc.co.uk

For more information or to arrange a taster session, you are welcome to contact any of the following: David Bain on 742526; John Rimmer on 744832; or Howard White on 01798 812206.

John Rimmer, Chairman



THE MARY HOW TRUST FILM SOCIETY

Screenings take place at 7.30pm on the fourth Tuesday of every month at West Chiltington Village Hall

MURDER ON THE ORIENT EXPRESS (12A)

"Kenneth Branagh finds interesting ways to grease the wheels of this new take on the oft-filmed novel." Total Film

Tuesday 22 May

New loyalty card - watch 6 films and get your 7th free! Collect your loyalty card at your next visit.

Tickets: £6 including membership, available on the door and from the following: Mary How clinic and charity shop (Ticket hotline 01798 877646); Guy Leonard Estate Agents in Storrington & Pulborough; The Card Centre, Storrington; Nisa Local Stores, West Chiltington; West Chiltington Post Office.



www.maryhowtrust.org

All proceeds to the Mary How Trust for Cancer Prevention Independent Health Screening Charity, Registered Charity No.1122393



Everyone will be very welcome (men and women, any age or ability). Either bring along something you can already do, or have a go at something different.

For more information (or just to tell us you are coming along) contact Christine Turrell (741272)

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SOUTH DOWNS PROBUS

Membership of the Club is for retired and semiretired professionals and businessmen, hence the acronym PROBUS. It is not involved in charity work. Members meet monthly, usually on a Thursday, for lunch in the delightful setting of Abingworth Hall, Thakeham, often entertained by a speaker.

programme of such meetings, provides dialogue and friendship with the likeminded. There is also an optional programme of social events and coffee mornings, including partners, who are always most welcome. Many

join after being proposed by a friend, often leading to long-term friendships. A number of Club members have an interest in sport and there is an active group of golfers.

We have an active calendar of social events, typically including quiz nights, theatre trips and visits to historic sites, such as Churchill's Chartwell residence. Forthcoming speakers' events include 'Flying the Vulcan' and a 'Lifetime in Television'.

The President elect for the coming year is Roger Arthur, who can be contacted on 741353 or on rogerarthur12@gmail.com. We would be delighted to welcome those who want to find out for themselves whether the Club is for them. Please don't hesitate to request a copy of our programme of events and speakers.

If you are a retired from business life, then why not come along as a guest to one of our events. There is no commitment to join, but you may be pleased you came.



West Chillington Dramatic Society



Grant awarded from Horsham District Year of Culture

Rehearsals are well under way for our next production, A Sense of Achievement, written and directed by Jean Trew. The playing dates are 24, 25 and 26 May and tickets, price £10.00, are on sale from now at our usual box offices, Nisa Stores and The Post Office, West Chiltington and the Card Shop in Storrington. We will be busy constructing the set on Sunday 13 May, so if you would like to come and wield a hammer, screwdriver or paintbrush we would be pleased to see you. Please e-mail us at chair@wcds.co.uk if you are interested.

We are pleased to advise that our application for a grant to aid our participation in the Horsham District Year of Culture 2019 has been successful, and we will be commencing work on our event in the coming weeks. This will probably be a competitive Drama Festival for dramatic societies throughout Horsham District and we hope to provide a legacy so it is staged annually.

We will be holding one of our Play Reading for Fun evenings in June and will provide more details next month, including venue and timing. This will be one of a number of events our Membership and Activities Group are planning to bring to the community during 2018, some others being the West Chiltington Village Show, and Pulborough Harvest Fair.

Our search for new members continues and, whilst we have successfully recruited some, we are looking for more. We will shortly be reviewing our membership rates so if you want to join us at the current very low rate of £7, please sign up now. A membership form is available for download from the website www.wcds.co.uk or from our membership secretary e-mail membership@wcds.co.uk.

Geofrey Steward, Chairman



An eye-opener in a Driftwood garden

Geoff Stonebanks gave an interesting talk on the development of his small garden measuring 112ft by 40ft, situated by the sea in Seaford, which he calls 'Driftwood'. It is an inspirational garden with inspired planting and shows what can be achieved without possessing rolling acres. It contains many plants and objects once owned by family and friends making it a personal garden. Geoff, a retired Royal Mail manager, and his partner, arrived in Seaford in 2004 and started to build his garden. He persevered in growing many varieties of plants, his maxim to find space for anything he liked the look of, including statues, odd-shaped stone or pieces of wood.

He was persuaded into taking part in 'Seaford in Bloom' and since then hasn't looked back, in not only continuing to develop his garden but also his support for charities from the funds raised by visitors to his garden.

His garden was accepted by the National Gardens Scheme and, through this association, Geoff is now their publicity and county organiser, and, as well as contributing a substantial number of articles for magazines and newspapers, he has also appeared on TV and garden radio programmes.

With the help of volunteers he has now developed his own Macmillan charity garden trail which has raised a substantial amount of money for various charities.

After exploring the garden, a cup of tea and a slice of homemade cake, served on vintage china, makes it well worth a visit. Opening dates can be found on driftwoodbysea.co.uk or in NGS magazine.

On 18 May at 7.30pm, Geoff Hawkins will be giving an illustrated talk on houseplants.

All are welcome

and we look forward to

seeing you, especially

if you are new to the

village, it's a great way

to meet people!

STORRINGTON COMMUNITY MARKET Village Hall, opposite Stable Antiques

Every Friday in May 4, 11, 18 and 25 - 10am to 11.15am

Please come along and support your Local Community Market selling delicious home-made cakes and savouries, jams and marmalades, eggs, local free range

pork, mushrooms & vegetables, plants, flowers & peren nials. Also a wide range of handicrafts, cards & jewellery and Aloe Vera skincare and health products. Stop for a coffee or tea and cake and browse



STORRINGTON FLOWER CLUB 2pm Wednesday 23 May

Demonstrator: Sue Aston Theme: Metelolage

Competition: Tall and Elegant



FROZEN SHOULDER

Shoulder pain is common and is reported as affecting between 16 to 25% of the population in the UK at any one time. Symptoms can include restricted movement due to pain, stiffness or weakness.

One of the common pathologies of the shoulder region is 'frozen shoulder' and this is reported to affect between 2-5% of the population in the UK at any one time. This is a benign condition which resolves completely for the majority of people and although recovery can occur within a year, it can take up to four years. It is usually classed as Primary or Secondary frozen shoulder. Primary frozen shoulder seems to start without an identifiable cause, whereas Secondary frozen shoulder is clearly linked to a cause, such as an upper limb fracture or following shoulder surgery.

The name frozen shoulder was coined in 1934 by Codman, an Orthopaedic surgeon. He used the term to reflect the different stages that the disease seemed to progress through. He felt that there were three distinct phases whereby the shoulder is freezing, frozen and thawina.

As the words suggest, the initial phase is where the joint becomes painful and begins to stiffen up. The joint then remains stiff, with or without pain, for a period of time. The joint loosens up and returns to normal. These terms have been used for many years. More recent thinking and research has changed how we think about 'frozen shoulder' and we now prefer a simple classification of either: 'pain greater than stiffness' or 'stiffness greater than pain'. The reason for this is that the phases often overlap so much so that it is hard to tell which phase is happening. It also helps reflect the body's processes that may be occurring in the soft tissues of the shoulder at the time.

The current research suggests an initial inflammatory (irritation) process that leads to fibrosis (thickening or scarring of connective tissue). This inflammation can cause the sometimes severe pain that can accompany the onset of the condition and the subsequent fibrosis leads to restriction of movement.

There is no single examination test or investigation that can confirm a diagnosis of frozen shoulder. It is often a diagnosis of exclusion of other conditions, such as osteoarthritis, which can also present with pain and stiffness. A diagnosis is made from the person's history of how the problem started and how it has developed. A physical examination is essential to confirm movement restriction and rule out other possible shoulder problems. Sometimes an x-ray is needed to exclude other pathologies. Chartered Physiotherapists are skilled at diagnosing this problem.

Initial treatment is focussed on pain relief. This can include 'over the counter' pain relieving medication and physiotherapy which can help with hands on soft tissue and joint techniques to loosen tight muscles or joint stiffness. Stretches can also help. The use of steroid injections into the joint for pain relief can be beneficial if used at the right time. The above treatment approaches have good research evidence to support their use. Once the shoulder becomes 'more stiff than painful' then there is less evidence for the use of steroid injections, although they can still help and more evidence for hands-on physiotherapy as well as specific and general exercise.

The degree of symptoms encountered by individuals with frozen shoulder can vary greatly and therefore predicting recovery times as well as likely benefit from treatment is difficult.

In summary, frozen shoulder is a common and painful condition. Accurate diagnosis and early treatment can help alleviate the severity of the symptoms.

If you would like to talk to us regarding any specific problems you may have and how we can help you then please call us on 743538 or via email: office@spc-physiotherapy. co.uk or via our Facebook site.

The White Building, The Old School, School Lane, Storrington



Physiotherapy Clinic Sean Case, Chartered Physiotherapist

Sean Case is an Advanced Practitioner who works in the NHS as a Spine, Shoulder and Elbow Specialist, as well as one of the team at Storrington Physiotherapy Clinic

Storrington 'GIGGLES' AND 'WHATEVER THE WEATHER'

The thing about photography is that you are never short of subjects. The only limitation is yourself and possibly what is of interest to you. This is always the case when we have our Club photo competitions as the variety of topics always makes for an interesting evening, especially in how our visiting judge reviews them.



Our latest competition was an 'Open Subject' that allowed members to submit whatever they wish. As a result, the subject areas covered people, landscapes, wildlife, street and macro shots of plants. In the Projected Image category, top marks were awarded for 'Young Jackal' by Anne Nagle, 'Snarling

Seddon

Giggles

- A Fit of



Wildcat' and finally



'Fit of the Giggles', a delightful image of a laughing granddaughter, as only little girls do, by David Seddon. The judge commented that it was a welltaken image with excellent capture, especially the highlights in the eyes.

For the print category, three images scored top marks, these being, 'Impressions of a Huntsman' from Daisy Kane, 'Last day of the tulip' by Norman Kirby and 'Tulip Splendour' by Anne Nagle, the latter being awarded 'Print of the Night'.

Later in the month, our guest speaker, Tony Worobiec, gave an enlightening talk on 'Photographing Landscape Whatever the Weather'. Tony shared his views and, as someone who has written 16 books

with over 200,000 copies sold, certainly





gave us all some ideas. For Tony, a pure blue sky with no clouds does not make for a great landscape image. If the sky is blue, his suggestion is to try and include something orange in the subject matter. Complementary colours always work well together and, if not orange, then yellow or red. If it's a grey day or raining, then he will be out looking for images as they add interest in any shot. You also

need to select your subjects. As Tony advises, grey skies work well with urban and industrial landscapes and possibly even better in monochrome. Rain is great for city streets and paths with their reflections, something he showed with images from his home area in Dorset and of Eastbourne pier on a very wet day.

Although summer is just around the corner, hopefully we will be seeing blue skies and nice fluffy clouds, but for us, now it's a case of no excuses to not go out if skies are grey or it's raining!

Kevin Harwood



STORRINGTON FLOWER CLUB



Chrissy Desmond, our Club Chair welcomed everyone to the meeting.

Chrissy reported that our long serving Club member Pin Camp celebrated her 100th birthday this month. Chrissy and Vice Chair, Mollie, visited Pin with a birthday card and Orchids on behalf of the Club.

The meeting was reminded of the Club's workshop day on 26 May.

Due to illness, Lynne Carter was unable to attend, but the Club was delighted to welcome Jan Mason who had agreed to step in, with a display entitled 'Garden Inspirations'. Before she began, Jan commentated on the excellent and imaginative arrangements created by Club members for the competition. Jan chose different types of garden as her theme. The themes for her arrangement were seaside, herbaceous, woodland, country, fantasy, and vegetable.

The seaside arrangement had Sea Kale, Fatsia and Ferns for foliage, with flowers of blue Thistles, yellow Broom, Acid yellow Gerberas and Red Pin Cushions, part of the Protea family.



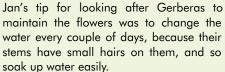
herbaceous arrangement was in a trough with mixed greenery of Pittosporum and

Fatsia berries. The flowers were Stocks, dark pink Gerberas, and purple Lisianthus.

The fantasy arrangement had a large

metallic sun-shaped background, and sprayed **Fatsias**

and sprayed Agapanthus frames created the shape. White twigs with hanging eggs were supplemented with purple Lilies and white Lisianthus.

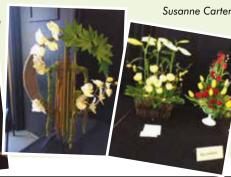




Jean Minter gave the vote of thanks, commenting on the gargeous arrangements and the superb quality of the flowers. Eight lucky members of the Club won an arrangement each in the raffle.

The Club is pleased to welcome visitors and new members. You do not need to be a flower arranger to come and join us. The meeting is informal, welcoming a monthly demonstrator whose arrangements are raffled at the end of the meeting. We have a second-hand bookstall and an accessory stall for flower arranging. Refreshment and chats end a pleasant and informative afternoon.

Storrington Flower Club Garden inspired flower arrangements



CRICKET IN STORRINGTON

New league season underway

After a Club warm-up game on the last Saturday in April, our new League season for senior players, in the new Regional West Division, gets underway on Saturday 5 May, when we are at home to Southwater. Successive fixtures, up to the end of June, are then as follows:



Arundel (away) Horsham Trinity (away) Stirlands (home) Crawley Eagles (home)

Crawley (home) Pulborough (away) Wisborough Green (away) Chichester Priory (away)

During July and August, we will be playing the same Clubs on a reversed home and away basis.

Prospective players should contact Club Captain, Ian Homewood, on 07734 308785.

The Cygnets' weekly practice sessions will be on Friday evenings from 6pm, and on Sunday mornings: the under 8 All Stars from 9.30 to 10.30am, followed by the over 8 Cygnets from 10.30am. Further information and joining forms can be obtained from Martin Fisher, the Cygnets Manager, on 07850 416886, or Judith Houghton, the Club's Welfare Officer, on 742679.

Chris Winter

NEW CAFÉ at sullington

The café at The Old Workshop is now open Fridays, Saturdays and Sundays, 10am to 5pm.

Over two years after the launch of 'Saving Sullington's Heritage' and the start of work on The Old Workshop, the café is now in action! Accompanying an informative and interactive exhibition on the history of Sullington and farming on the Downs, which is housed in a 16th century barn, the early 20th century leanto extension has been converted into a stylish, modern café environment. Serving breakfast,

specialist coffee, homemade cakes, light lunches and afternoon tea, this is the perfect pit stop after a bracing walk on the Downs! The cycle racks and fix-it station make it an ideal stop for the intrepid cyclist too. Please come and see for yourselves!





Saturday 9 June • From 8am to 12noon

St Mary's Church Meadow,

Church Street, West Chiltington, RH20 2JW

Gates open for car boot sellers at 7.30am Pitches available at £5 per car, and from £7 for vans

Buyers free entry

Whether you want to browse at the boot sale, sell your unwanted goods, or just eat a hearty breakfast or maybe all three come and enjoy the fun.

Any questions contact



STORRINGTON & PULBOROUGH DISTRICT ROTARY CLUB



ROTARY'S 'WORLD'S GREATEST MEAL' GLOBAL FUNDING INITIATIVE FOUNDER VISITS STORRINGTON

Susanne Rea of the Rotary Club of Cairns Sunrise, in Australia, and Mukesh Malhotra from the Rotary Club of Hounslow, England set up the 'World's Greatest Meal', a global funding initiative around food, fun and fundraising to support Rotary's 'End Polio Now' campaign.

Susanne visited Storrington & Pulborough District Rotary Club this week to thank the Club for its 'World's Greatest Meal' fundraising efforts and to update members on Rotary's amazing drive to eradicate the World of Polio.

Her idea is simple: a program in which Rotarians host meals, anything from two people having lunch to elaborate gourmet dinners, and ask for donations.

The 'World's Greatest Meal' initiative started small but has grown enormously. Since its launch in 2014, nearly \$9 million has been raised, providing vaccinations for more than 14 million children. To keep the momentum alive, Susanne re-mortgaged her house and embarked on a self-funded world tour, speaking, vaccinating children and motivating parents, governments and supporters across 32 countries. She contracted polio as a child herself at four years old, spending a year in isolation at Birmingham hospital and undergoing 18 operations on her legs to help her walk.

Rotary, the World Health Organization, UNICEF and the Centers for Disease Control and Prevention launched the Global Polio Eradication Initiative in 1988. In 2007, the Bill & Melinda Gates Foundation joined Rotary in its commitment to ending polio, and since 2013 the Foundation has matched every \$1 Rotary commits to polio eradication 2 to 1. Rotary, with matching funds from the Gates Foundation, has contributed more than \$1.6 billion to end polio and Rotary Clubs and Rotarians throughout the world have been active in raising funds locally.

Money raised on the evening and at other local Rotary events raised over £1,100, that is £3,300 with matching grants! Rotary President Brian Parfitt thanked Susanne for coming to Storrington and Club Members applauded her work to end the scourge of police.



applauded her work Susanne Rea with Storrington & Pulborough to end the scourge of District Rotary President Brian Parfitt (left) and polio. Rotary District Governor Elect David Easton

Since the 'End Polio Now' programme began, 2.5 billion children have been vaccinated and there has been a 99.9% worldwide reduction in polio cases. For further information visit wgmeal.com or rotary.org or contact Penny Barnes at artybarnes@btinternet.com or call 01798 815129.

Rotary Club meets on Mondays 7pm for 7.30pm at the Roundabout Hotel. For information about attending or joining Rotary contact Club Secretary, David Lowe, on 01403 784653 or see www.storringtonrotary.org.uk.

STORRINGTONCONSERVATION SOCIETY

Take part in the Storrington bird survey

Winter seemed to drag on this year; spring started and then stopped. It prolonged the life of daffodils but delayed other plants. The change of the clocks told us we could look forward to warmer days, with bluebells, trees budding, birds raising their young, all lifting the spirits and perhaps encouraging us to spend time in the open. There are plenty of walks nearby to enjoy.

With this in mind, we would like to invite readers to participate in a bird survey we are conducting during the late spring and summer. If you take a walk beside the River Stor, or at any location between the Mill Pond and Fryern Dell, why not keep an eye out for the birds you see. Then let us know what you have seen, and where, by recording details on our website: www.storringtonconservation.org.uk. Your results will help us to gain a clear idea of the birds we have and help us manage the area for their maximum benefit.

We are lucky to live in such a beautiful area, and give thanks for all who care for, preserve and protect these places. Our Society contributes by the upkeep of local woodlands and open spaces. Rewarding in itself as well as meeting a need.

At the work party on 7 April we spent time clearing the stream and its banks in the section between Love Lane and Fryern Dell, the recent rains having given fresh life to the flow. On **5 May at 10am** we will be carrying out similar work further upstream in preparation for the annual Duck Race. Those who enjoy



splashing about, do join us, but remember to wear wellies if you have them!

For information about this and all our activities, or on becoming a member, please get in touch with Chairman Mick Denness on 745971.

Stuart Kersley

PARHAM CLOCKS' TOUR

Friday 25 May and Wednesday 5 September at 11am





Discover Parham's horological history with this one hour guided tour of the Elizabethan House's beautiful clocks and wonderful stories behind them. Dating from the eighteenth to the nineteenth centuries, Parham's clocks were collected by the Bisshopp and Pearson families.

Text written and researched by Elspeth Clarkson. Presented by Stephen Howarth, Parham Guide and Valerie Myers, Parham Warden and Keeper of the Clocks.

Limited availability only. Open to individuals and groups. Tickets cost £10.00pp. Refreshments can be purchased from The Big Kitchen at 12noon following the tour. There is a £2.00 upgrade if you would like to go back into the House.

To book your place please call 742021 or email enquiries@parhaminsussex.co.uk.

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Well, this is going to be my final monthly column, with possible seasonal additions after this...? This is because although it was fun and a challenge to write, life and all its distractions has got the better of me and I feel a bit bereft of that thing we all need more of: time.

Hopefully, one day my children, now in their teens, will stop being so demanding, my house will magically clean itself and meals will miraculously appear ready cooked on the table! In actual fact, there's about as much chance of that as me winning the lottery, which is a very slim chance considering I don't actually DO the lottery!

Seriously though, although some days I do feel I have more time, snow days being an example and wishing for fewer of those please, I know I am going to be busy later in the year as I am going back to college. I will have to fit this around my present work and family commitments, but I'm really looking forward to it. I will be travelling to Plumpton to study RHS Level 3 Practical Horticulture. I did study the RHS 3 theory last year but it was all very academic and scientific and basically not stuff I can use in my day to day work and, interesting though it was at the time, I feel I've forgotten a lot of it now as I'm not applying it. I'm really enthusiastic about the practical as it will improve my work and there are lots of opportunities for plant identification. I saw a table laid out with about 15 types of conifer which all looked pretty similar to me, but it is that sort of thing that will be useful and, well, practical.

I do hope you've enjoyed reading my column as much as I've enjoyed writing it and, like I say, I may pop in seasonally. So, thank you for reading and who knows, in the not too distant future I may be able to astound you with my in-depth knowledge of conifers!

> Heidi Hurwood Leaf and Seed - 07952122228



Thursday 10 May

and on the second Thursday of every month

Doors open 7pm Play starts at 7.30pm

Storrington Village Hall, 59 West Street RH20 4DZ

Entry only 50p (includes the chance of winning a mystery prize!) Great prizes, raffle and refreshments – and fun for everyone!

www.maryhowtrust.org



St Barnabas House Hospice Outreach Project

Our staffed HOP vehicle converts into a cosy St Barnabas drop-in centre providing information and support related to end of life care.

The next visits to Storrington will be in the library car park.

Wednesday 2 May and 6 June - 10am to 2pm

For more information about the project please visit our website or email HospiceOutreachProject@stbh.org.uk or call 706357.

SANDGATE CONSERVATION SOCIETY

Easter egg hunting!

The annual Easter Egg Hunt held on Sullington Warren was a great success, despite the gloomy weather, although at least the rain held off.

Over 300 children and adults turned up and when the children completed the hunt they were awarded an Easter

Egg for free! The event is held by the National Trust, aided and abetted by the Sandgate Conservation Society.



The work parties will be operating on Sullington Warren on Saturday 12 May from 9.30am till 12noon and will also be in action on Saturday 26 May in Sandgate Park from 10am till 12noon. So if you feel like a spot of gentle exercise with a coffee/tea break mid-morning, then you know where to find us, even if just for an hour or so;

you will be most welcome.

To learn more about the Sandgate Conservation Society, who work closely with the National Trust and Horsham District Council, please contact our Chairman, Jacinta White on 01798-813545. www.sandgate-conservation.org.uk.





INTERESTED IN VOLUNTEERING IN YOUR **COMMUNITY?**

INTERESTED IN LEARNING NEW SKILLS? WANT TO HAVE FUN AND FEEL USEFUL? IS KEEPING FIT AND FRESH AIR A PRIORITY?

SATURDAY 12th MAY 10.00am - 2.00pm

ARE YOU INTERESTED IN VOLUNTEERING IN YOUR COMMUNITY?

COME ALONG TO HEAR MORE AT STORRINGTON'S VOLUNTEERING FAIR

> Chanctonbury Leisure Centre, Spierbridge Road RH20 4BG



FREE ENTRY



GET YOUR FAMILY TOGETHER FOR A NIGHT TO REMEMBER IN MEMORY OF SOMEONE SPECIAL

AND SUPPORT YOUR LOCAL HOSPICE



St Barnabas House, the local hospice for Worthing, Adur, Arun and Henfield, is excited to announce it will be making some very special changes to its annual Night to Remember midnight walk for 2018! For the first time ever, men and children will now be able to take part in the charity's flagship



fundraising event, as well as ladies, allowing families to walk together.

Now in its 11th year, *Night to Remember* had only previously been open for ladies to participate, but this year anyone aged 10 or over will be able to walk through the night on Saturday 30 June and help to raise vital funds for the hospice.

St Barnabas House is a local charitable hospice based on Titnore Lane, Worthing. It provides end-of-life care services to adults with advanced progressive life-limiting illnesses across the Worthing, Adur, Arun and Henfield areas. The hospice provides outstanding palliative care services, both at the hospice and in the comfort of patient's own homes.

Since the first time it took place in 2008, Night to Remember has gone from strength to strength with almost 10,000 walkers taking to the streets of Worthing over the last 10 years, raising an incredible £1.4 million between them!

For the past four years, walkers taking part have raised funds for the Hospice at Home night sitting service, which provides support for patients in their own homes during the often most challenging night-time hours.

As well as being open for men and children to take part in this year, the walk will also start at an earlier time of 10.30pm and t-shirts will be teal instead of pink.

Lucy Brady, Events Fundraiser at St Barnabas House, said, "We decided to start this year's walk at an earlier time so the last walkers to arrive back at Worthing Leisure Centre won't be finishing quite so late and to make it more child-friendly. Even if you're doing the shortest route you'll still be walking at midnight though, so we're still calling it a midnight walk!"

As in previous years, there will be three different routes, all setting off from Worthing Leisure Centre, including a steady 7 mile walk, a half marathon distance 13.1 mile route, or a challenging 20 mile trek from Worthing to Shoreham and back.

Lucy Scriven, 38, has participated in Night to Remember for the past three years and took on the 13.1 mile route last year.

This year she will be walking with her husband Ed, daughters Jasmine and Skye, and son Eddie, in memory

of her father-in-law, Ted Scriven.



She said, "I think it's amazing that families can take part this year because I'm taking part in memory of my father-in-law who was cared for at St Barnabas and I never really understood why it was only women who could take part."

Registration for Night to Remember is open now and closes on Sunday 24 June. You can register today at www.stbh.org.uk/nighttoremember or all St Barnabas House Events Team on 706354.

RUDE MECHANICAL THEATRE

COMPANY

Outdoor theatre in West Chiltington

The very popular Rude Mechanical Theatre Company will be coming back to West Chiltington, on the recreation ground, this summer on



Thursday 28 June. It will be their 20th year of touring and the play is Oberon's Cure. In this prequel to A Midsummer Night's Dream, an old goat of a fairy is not capable of resisting a beautiful young 'ooman woman. Now when has that not been in the news recently! But the waspish Hippolyta, running amok in the forest, is more than a match for him. Love is thwarted as the human and fairy worlds collide. But will it triumph in the end? A funny and, at times, deeply romantic play about how we deal with desire. It starts at 7.30pm, but you can get there from 6pm with your picnics. Bring your own low-backed chairs and warm clothes. Tickets are available online from the Rudes' website, www.therudemechanicaltheatre.co.uk, or locally from NISA, Haglands Lane. You won't want to miss this funny, romantic and rather poetic offering from the Rudes.



FRYERN LADIES' PROBUS

War time evacuation to America

The Fryern Ladies' Probus held their monthly meeting at the Roundabout Hotel, West Chiltington, on 5 April, and after socialising and catching up on plans for future activities on arrival, they enjoyed lunch, and then a fascinating afternoon talk by Barbara Yarrow, a committee member, on her experiences as a wartime child evacuee to America.

Her audience were taken back to the grim days of the 1940's, when invasion by the Germans from the continent seemed imminent, and parties of children and other vulnerable civilians were being shipped over to the greater safety of Canada and America. In 1940, Barbara, aged eight, and her brother, John, aged six, were included in a party organised by the Hoover Corporation of America, by whom their father was employed, which assembled in London, with chaperones who were to escort them to Liverpool to embark on an ex-Cunard cruise liner for New York in a shipping convoy. The children did not have passports, but identity discs, and were allowed to take one suitcase and a favourite toy, with the hope they would be home for Christmas! Four and a half years later they returned, having grown up in their host families and fully integrated into the American education system and way of life, with strong American accents, and were greeted by their parents and a three year- old sister, whom they had not previously met! Their contact with parents had been limited to recorded messages, but their host families had shown them great kindness and understanding, and family life was finally resumed in England.

A fascinating story with a happy ending.

Pauline Archibald



Note from the editor....



Driving through Storrington village can be a nightmare with so much traffic! Recently, I was very frustrated trying to turn right along the High Street, with no visible opening, when a very kind driver stopped to let me out, followed by another driver in the opposite direction also stopping. We exchanged smiles and waves and it made me feel good. Driving further, I could see another car in a similar position, so I stopped and let them pull out, with more smiles and waves. It made me

Sometimes, we want to change the world: stop war, famine, violence, poverty, but it is a hard struggle. However, we can make changes in small ways by acts of kindness to those around us. Little things make a big difference. We should all make an effort to do those seemingly small things to help others that make such a difference, and we will be rewarded with much, much more. Think about something you could do to make a difference to your neighbour. Remember, there are no strangers, just friends you haven't yet met.

Amanda Hislop (Editor) 3Heralds@gmail.com

USEFUL CONTACT NUMBERS **POLICE** 101 or 01273 470 101 **DOCTORS** Out of hours doctors 111 742942 **Glebe Surgery** 01798 872815 Pulborough Medical Group **HOSPITALS** Worthing 205111 St Richards 01243 788122 Horsham 01403 227000 0800 111 999 **Gas Emergencies** 0800 31 63 105 **Electrical Emergencies** 0330 303 0368 **Water Emergencies** Samaritans 116 123 270 444 Citizens Advice Bureau Storrington and Sullington Parish Council 746547 **Thakeham Parish Council** 01798 815305 **Horsham District Council** 01403 215100 746547 **Sullington Parish Hall** 744592 **Storrington Village Hall Storrington Minibus** 743188 or 01798 813045 **VETS** Crossways 743040 Arun Vets 746028

3 Heralds

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Any articles, reports and submissions should be sent by email to the editor or submitted to the Rectory Office by 10th to ensure consideration of inclusion in the following month's edition.

Subscriptions / payments by cheque, payable to Storrington and Sullington Parish magazine, should be sent to Vera Blake, Treasurer (details above).

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