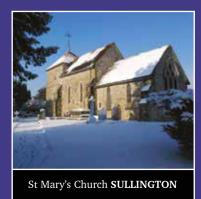
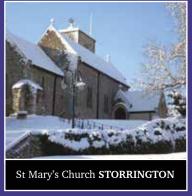
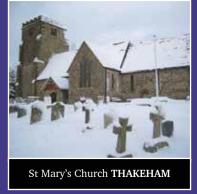


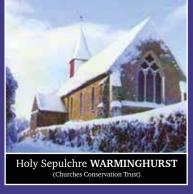
STORRINGTON # SULLINGTON # THAKEHAM











St Mary STORRINGTON



St Mary SULLINGTON



St Mary THAKEHAM

IN THE DIOCESE OF CHICHESTER

STORRINGTON Rector

Revd Kathryn Windslow, BTh, MPhil (742888)

The Rectory, Rectory Road, Storrington RH20 4EF

kathryn.windslow@btinternet.com

Hon. Assistant Priest Revd Charles Hadley, MA (740787)

28 Meadowside, Storrington RH20 4EG

charles.felicity@gmail.com

Assistant Curate Revd Christine Spencer, BTh, BSc (Hons) (741790)

9 Longland Avenue, Storrington RH20 4HY

SULLINGTON AND THAKEHAM WITH WARMINGHURST

Interim Minister Revd Bernard Sinton, BSc (01403 741238) pa.sinton@tesco.net

The Vicarage, Red Lane, Shipley, Horsham, West Sussex RH13 8PH

Information about study and prayer groups, and requests for baptisms, weddings and home communions, for Storrington contact Revd Kathryn Windslow and for Sullington and Thakeham contact Churchwardens – details on pages 4 & 5.

All telephone numbers are 01903 unless otherwise stated.



LIGHT IN A DARK PLACE

Each year I wonder is it worth it? All the preparations for Christmas, I mean. Kick off with the 120 Christmas cards (we have travelled a lot!), massive outlay on presents, food, travel (but no skiing this year, darling), elaborate decorations,

and a delicate timetable for movements of visitors and family (let's be honest, some of our relatives can be a bit of a strain, love them as we do). And fitting in the church on or around the day; what a jigsaw!

The truth is, for most of us it IS worth it. But it is also a time, as is bound to happen, when we pretend that all is well, when it often really isn't. And for some of us it is actually a very hard time indeed. The world, and perhaps my own life, is in a mess.

Christmas is part of the story about God getting involved in our mess. In some ways there are similarities: Joseph and Mary had to travel: it was all about money and the tax census, there was partying at the inn, strange visitors turned up, the angels put on a celestial carol service.

But in a deeper way, Christmas is a story about a God of mercy who enters the 'all's not well here' zone, and is immersed it in fact. A God of mercy: as this story about the baby Jesus unfolds, God is shown to be a God of undeserved mercy (the two debtors, Matthew 18: 32), of very practical mercy (the Good Samaritan, Luke 10:35), of indiscriminate mercy (banquet guests, Matthew 22: 9), of abounding mercy (5000 fed, Mark 6: 43-4) of immediate mercy (Prodigal Son, Luke 15 and centurion's servant, Matthew 8: 13). That is what this God, this 'father' of Jesus, is like, every time, every place, everyone. He is up for it.

In the Advent season leading up to Christmas, we sing a hymn, O come, O come, Emmanuel, which ends O come to us, abide with us, our Lord Emmanuel. Emmanuel, of course, means 'God with us'. With the infant Jesus, this prayer, the prayer of all God's people from the very beginning, is answered: light enters our darkness. As John says: "the light shines in the darkness ...the true light that enlightens everyone was coming into the world" (John 1: 5&9).

And as John also reminds us, don't forget the rest of the story, the whole point of the story about this God of mercy: that those who believe in him become children of God (John 1: 12). To be bearers of compassion, mercy, kindness and love, like our heavenly Father. That's the idea: that we become like him, following the child of

Bethlehem. And Christmas is a way of saying, this is where it all begins.

Now that really is something worth preparing for!

Love and prayers to all,

CHARLES HADLEY Assistant Priest, St Mary's, Storrington



PRAYER FOR THE MONTH

A Christmas Prayer

As once you came in the hush of darkness, O God, so still our hearts now by the wonder of this night.

Make us wise with the wisdom of a little one, that truth might be born afresh in us.

Let not our hearts be busy inns with no room, but doors opened wide to welcome a Holy Guest, who is Jesus Christ, alive with you and the Holy Spirit, one God, now and for ever.

Amen.

EATURES

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What's happening at

Thakeham and Sullington share this verse for the year. We're a joint benefice which means we also share our priest - although our styles are different.

St Mary's Thakeham

www.thakehamchurch.com

Churchwardens:

David Peacock (745595) 5 Dean Way, Storrington RH20 4QN Allison Goodfellow (740499)

Newhouse Lane Storrington RH20 3HQ

Treasurer:

Margarita Smith (01798 817376) Staddle-stone, The Street, Thakeham RH20 3EP

PCC Secretary:

Allison Goodfellow (740499) Lyndene, Newhouse Lane Storrington RH20 3HQ

Child Protection Officer:

Karen Arkle (744844) 5 Jubilee Way, Storrington RH20 3NZ

Electoral Roll Officer:

David Peacock (745595)

5 Dogn Way Starrington PH20 44

5 Dean Way, Storrington RH20 4QN

Organist:

Beryl Hardie (892349)

Church Bookings:

Wynn Lednor (743025)

4 Crescent Rise, Storrington RH20 3NB

Bellringers: Tower Captain

Roger Watts (01798 813775)

Gift Aid Officer:

Bob Timms (01798 813807) Cootes, The Street, Thakeham RH20 3EP

PASTORAL ARRANGEMENTS FOR THAKEHAM: In the first instance, all enquiries for Baptisms, Weddings and Banns of Marriage should be directed to the Churchwardens, David Peacock or Allison Goodfellow, contact details above. Times of Church services can be found on page 18.

ST. MARY'S CHURCH, THAKEHAM WITH WARMINGHURST OUR CHRISTMAS WORSHIP

SUNDAY 17 DECEMBER

6pm Carol Service by candlelight with mince pies and mulled wine

CHRISTMAS EVE

4pm "Journey to Bethlehem" (children's service)

The Church will be open from 3.15pm.

No tickets will be issued but, for safety reasons, as soon as the Church is full to capacity (275 people) no others will be admitted.

11.30pm Midnight Communion



9.30am Christmas Day Celebration

Knit and Stitch Tea on Tuesday

Come along, meet with friends and catch up over your favourite stitch-craft project.

Thakeham Church Rooms 19 December between 2pm and 4pm

All welcome. Enquiries to Wynn Lednor - 743025



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FAMILY SUPPORT WORK CHRISTMAS QUIZ

Please continue your wonderful help at £1 a go.

More details from Harold Linfield on 01798 812276

A DATE FOR THE DIARY

Saturday 6 January

Bring and Share Epiphany Lunch 12.30pm in the Church Room Followed by an afternoon of fun, with board games.

If you are unable to stay for the afternoon, please join us for lunch. Everyone Welcome.

Thakeham & Sullington Church Youth Groups

During Church services on the 2nd, 4th and 5th Sundays, we run a children's group called EXPLORERS, which unpicks the main theme for the year, in a way which is accessible for all ages of young people. Explorers is an active group, which includes storytelling, acting, role-play, craft, games and, most importantly, snacks! There is a chance for the children to hear the Bible story of the week, and ask any questions they may have about it.

In Explorers, we also send and receive letters and pictures from our sponsored child in Uganda, Levi.

For more details regarding Explorers, please contact Carol Peacock on 745595.

Outside of the Sunday services, we run two Friday evening youth groups, fortnightly.

MILESTONES is aimed at children in years 7 and 8 of secondary school, and consists of games, crafts and discussions about moral issues, with a healthy sprinkling of 'God Stuff'.

It runs from 6pm to 7.15pm in the Church Rooms at Thakeham.

TGIF (Thank God It's Friday), is aimed at years 9 upwards, and, like Milestones, has games and different activities based around a termly theme.

It runs from 7.30pm to 9pm at the Church Rooms in Thakeham.

For more information about the youth work of Thakeham and Sullington, please contact Matt and Pippa at:

youthwork.stmarysthakeham@gmail.com, or call 01798 817522



'Forget about what's happened; don't keep going over old history. Be alert, be present, watch for the new thing I am going to do. It is happening already – you can see it now! I will make a road through the wilderness.' Isaiah 43: 18-19

What's happening at



St Mary's Sullington

www.st-marys-sullington.org info@st-marys-sullington.org

Churchwardens:

Jo Graves (742586) Highwinds, Washington Road, Sullington RH20 4DE

John Williams (742956) Sandgate Lodge, Washington Road, Sullington RH20 4AF

Churchwardens Emeriti:

Heather Cotton (742587) Douglas Parkes (743106) Ann Salinger (01798 813481)

Treasurer:

Gail Kittle (745754) Sullington Manor Farm, Sullington Lane, Sullington RH20 4AE

Pastoral Care:

Ann Salinger (01798 813481)

PCC Secretary:

Gail Kittle (745754)

Freewill Offering & Gift Aid Officer:

David Baxter (744346)

Electoral Roll:

Margaret Slinn (746769) Beeches, Heather Way, Sullington RH20 4DD

Organist:

Beryl Hardie (892349)

Church Flowers:

Altar Rota Muriel Astley (01798 812706) Special Occasions Jo Graves (742586)

Safeguarding Officer:

Jane Williams (742956) Sandgate Lodge, Washington Road, Sullington RH20 4AF

Lifts to Church:

Anne Owen (743973)

Church Fabric Officer:

Douglas Parkes (743106)

PASTORAL ARRANGEMENTS FOR SULLINGTON: In the first instance, all enquiries for Baptisms, Weddings and Banns of Marriage should be directed to the Churchwardens, Jo Graves or John Williams, contact details above. Times of Church services can be found on page 18. Alternatively you can visit the Church website for further details.

Let the beauty of Jesus be seen in us

Don't forget to keep an eye on our website for up to date information regarding service times and events



Stalls, homemade cakes, gifts and more More info from Ann on $01798\,813481$

ST. MARY'S CHURCH, SULLINGTON

A shepherds' church at the foot of the Downs at the end of Sullington Lane

OUR CHRISTMAS WORSHIP

SUNDAY 17 DECEMBER

3pm Carol Service with mince pies and mulled wine

CHRISTMAS EVE

11.30pm Midnight Communion

CHRISTMAS DAY

11.30am Christmas Day Celebration

The Wild Fortune Quiet Garden



Jesus said, 'Come with me by yourselves to a quiet place and get some rest.' Mark 6:31

Rooted in the Christian contemplative tradition of prayer and hospitality, the vision of the Wild Fortune Quiet Garden is to provide space for stillness and quiet prayer in accompanied silence in the surroundings of our home and garden and the adjoining woods of Sandgate Park.

We are open monthly on a Wednesday from 10am -12.30pm

13 December • January 10th • February 14th

Spaces are limited to 8 and booking is essential

To reserve a space, please contact: Tessa & Mark Holland Tel: 741904

Email: wildfortune@btinternet.com

Blog: www.wildfortuneblog.blogspot.co.uk

Affiliated to the Quiet Garden Trust. Details of other Quiet Gardens in West Sussex and worldwide are available on the Trust's website. www.quietgarden.org

Whilst I shall be on sabbatical from this Advent for a year, our ministry here at the Wild Fortune Quiet Garden continues. Along with other quiet gardens throughout the diocese, this is an ecumenical resource for all those who are seeking God in stillness and looking to deepen their prayer and life in Christ. As part of the Diocesan Year of Prayer we continue to be a praying presence and place of welcome for all. Please see our Quiet Garden advert for dates. Further details are on our blog site. Booking is essential.

Revd Tessa Holland

Tea with the Vicar

21 December at 3pm to 5pm Sullington Manor Farm Sue, Gail and Grahame Kittle

All welcome.



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What's happening at

St Mary's Storrington

Clergy see page 3 www.storringtonparishchurch.org.uk office@storringtonparishchurch.org.uk

Churchwardens:

church wardens@storrington parish church.org.ukDennis Cowdrey (744372) 17 Bannister Gardens RH20 4PU Barbara Buchanan (741916) Broad Oaks, Melton Drive RH20 4RJ

David Rice (911179) Little Tregullas, Bracken Close, RH20 3HT

Parish Secretary:

Vivien Stuart (742888; home 745913) Rectory Office, Rectory Road RH20 4EF

PCC Secretary:

Val Rice (911179)

Little Tregullas, Bracken Close RH20 3HT

Retired Clergy: Revd Stephen Turrell (741272) Revd John Peal (743083) Revd Jaquie Peal (743083)

Verger: Michael Taylor (742218)

Sacristy Team:

Rosemary Wills (01798 813206) Stella Hastings & John Taylor (745477)

Captain of Bellringers: John Taylor (745477)

Pastoral Scheme: Barbara Buchanan (741916)

Rob and Alison Wall (743713)

Readers and Sidesmen: Vera Blake (743974)

Electoral Roll Officer:

Michael Taylor (742218)

Director of Music: George Jones (850019)

Assistant Organists:

John Henville Chrystalle Kersley Peter Lewis James Phillips Simon Whitchurch

Keith Smithers

Footsteps (Sunday School): Jackie Lee (743661)

Church Flowers:

Anna Forster (745392)

Child Protection Officer: Jackie Lee (743661)

Bible Reading Fellowship: Amanda Hislop (743700)

Bible Society: Jean Hunt (01798 813681)

Christian Aid co-ordinator: Sue Kibblewhite (745325)

REGULAR ACTIVITIES

Church Services see page 18.

Footsteps (Sunday School): 9.45am every Sunday, except 1st Sunday of the month, half term and school holidays.

Choir: Fridays, 6.40pm - 7.45pm. Adults or children interested in joining the choir please contact the Director of Music (above) or Revd Jacquie Peal - 743083.

Altar Servers: Bridget Vickerstaff (743346) Bellringers: Fridays, 7.45pm - 9.30pm.

Handbells: Mondays, 10am. Kathleen Osgood (01403 780928)

Church Cleaning: Jeannie Watten (742542)

Church & Churchyard Maintenance: Ray Hunt (01798 813681)

Mothers' Union: Jean Hunt (01798 813681)

Bible Study / Home Groups: Tuesdays, 10am Sylvia (745878).

Tuesdays, 7pm Chrystalle (744269).

Home Group Changes Tuesday evening home group meets at 7pm at 23 Orchard Gardens. We are studying Jacob (also known as Israel). New members welcome. Contact Chrystalle on 744269.

Sunday Lunch Club (ecumenical): Second Sunday in the month. See page 18.

ADVENT AND CHRISTMAS SERVICE

CHILDREN'S GIFT SERVICE - At the 10am Family Service on Sunday 3 December children (and adults if they wish) are invited to bring up a modest gift for needy children which will be distributed through the Salvation Army. A simple, durable and inexpensive toy or book would be much appreciated. Please wrap gifts using ribbon or string rather than sellotape. A label stating contents and suitable age-range would help the Salvation Army staff to give the presents to appropriate children. Sue Kibblewhite (745325).

SCOUTS CAROL SERVICE will be held in Storrington Parish Church on Sunday 10 December at 3pm.

The main PARISH CAROL SERVICE will be held on **Sunday 17 December at 6pm with full choir. Part of the** service is in candlelight. Mulled wine and mince pies will be served afterwards in the Old School.

CAROLS IN THE SQUARE (opposite the White Horse Inn), arranged by Chanctonbury Lions and the Storrington Churches, will be on Wednesday 20 December at 6.30pm.

CHRISTINGLE SERVICE AND NATIVITY PRESENTATION

This special Family Service takes place on Christmas Eve at **4pm.** A collection is taken for the Children's Society.

MIDNIGHT MASS is celebrated at 11.30pm on Christmas **Eve.** Part of the service takes place by candlelight.

CHRISTMAS DAY – The main service will be Christmas Family Communion with Carols at 10am. There will be a Holy Communion service at 8am. No evening service on Christmas Day.

Christmas Collections will be taken at Midnight Mass and on Christmas Day in aid of the Worthing Churches Homeless Project and Church funds

STORRINGTON REGISTERS

Baptisms - we welcome into the Lord's family ...

Bella Sky Swyer (daughter of Natalie and Adam) 22 Oct

22 Oct Laura Topliss-Guile (adult)

Bailey Malakai Newman (son of Martine and Kieran) 22 Oct

22 Oct Kayleigh Bushby (adult) Karl Redfern (adult) 22 Oct

22 Oct Dale Mitchell Fish (adult)

12 Nov Alexa Skye Matthewson (daughter of Jenny and Derek)

Marriages - to love and to cherish ...

Joshua Tucker and Eleanor Jones 21 Oct

11 Nov Thomas Hedley and Lénia do Carmo Guerreiro

Funerals – we commend to God's nearer keeping...

19 Oct Eric Charles Randall (89 years) Nigel John Harford (62 years) 3 Nov

Interment of ashes only: 24 Oct Joan Horton (age 94)

26 Oct Pamela Mary Mcilroy (85 years)

CHURCH DIARIES A useful pocket diary is available in St Mary's Church, Storrington, which is open daily – please help yourself and make a suitable donation. Our thanks to all who advertise in the Church diary and in this magazine.



SUSSEXDOWN RAFA CARE HOME

Would you like to visit some of the residents at Sussexdown on a reasonably regular basis? These visits would be purely neighbourly and should prove interesting and may be enlightening for the visitors! Please let Ann know if you are interested on 01798 813481.

Open Barn and Exhibition at The Old Workshop



Friday 1 and Sunday 3 December



1.30pm trailer ride 2.30pm talk 2.45pm trailer ride from 2.45pm 'champa

RSVP Tel: 01903 745754, Email: info@sussexholidaycottages.biz The Old Workshop, Sullington Manor Farm, Storrington RH20 4AE

WEST CHILTINGTON AND STORRINGTON MOTHERS' UNION

Mothers' Non Christian care for families

Sonia Fox and Jean Hunt represented the Branch at the Members' Meeting

on 14 October at Bishop Hannington Memorial Church, Hove, and served refreshments before the meeting. The donation of new socks from our members for Christmas presents for the Gatwick detainees was very much appreciated.

A calm and gentle afternoon was enjoyed by all at our meeting on 2 November, when speaker Sue Hyland presented Remembrance in Music. Sue had not been to West Chiltington since 1972, when she spent her honeymoon at The Roundabout Hotel, and playing Cavatina reminded her of that time.

As Sue plays the organ at Eastergate Church, she has been very much involved with families choosing music for weddings and funerals. On one such occasion, having met with the bridal couple and decided on the music, the next day the bride phoned to ask a favour. As her husband-to-be was in the Fleet Air Arm, she wanted them to leave the Church to Those Magnificent Men in their Flying Machines, and it was kept a secret from the groom. Sue duly obliged, which caused a standing ovation and not a dry eye in the Church.

The pieces of music we heard brought back memories for many members, some joyous and some poignant, but all very much enjoyed.

On **Thursday 7 December**, we shall be holding our Advent Service, with invited guests, at West Chiltingotn Church at 2pm. Revd Kathryn Windslow has very kindly agreed to lead the service, which will be followed by a festive tea and raffle, the proceeds of which will go to AFIA to support caravans at Winchelsea and Selsev.

A reminder to members that subscriptions, due 1 January, will be £23, and £18 for indoor members.

A happy and peaceful Christmas to all.

Jean Hunt

HELP NEEDED TO PREPARE FOR CHRISTINGLE SERVICE

St Mary's, Storrington will be preparing the Christingles on **Saturday 23 December** from 2pm in Church, for about an hour. If you are able to help, please bring scissors and a small, sharp kitchen knife. Tea, coffee and biscuits will be served. Thank you.



St Mary's Church Storrington CONCERT COMMITTEE

are pleased to announce the following Concerts at St Mary's Church, Storrington

2018 6 January Taylor Maid

3 March Brighton Welsh Male Voice Choir

16 June Petworth Town Band

Please make a note of the dates in your diaries!

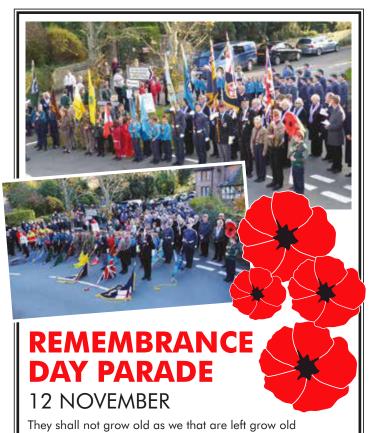
THE CHURCH OF ENGLAND

COUNTDOWN TO CHRISTMAS

Advent is 'the final countdown' to Christmas Day and many children will have an Advent calendar to help them count the days. It's also a really special time for the church. Here's more about why it's so special.

The words Advent simply means 'coming' – it's the season when Christians remember that God came to earth to be born as the Christ child, Jesus. God also promised that Jesus will come again at the end of time to heal all the world's hurts and divisions. Advent remembers this amazing promise, so it's a time of hope, of getting ready, and expectation.

Waiting is hard, but Christmas is worth waiting for – it's a special time, and at its heart is a gift of love from God to the world.



Age shall not weary them, nor the years condemn At the going down of the sun and in the morning We will remember them.

Laurence Binyon

Christians in Storrington

Monthly Inter-Church Prayer Meetings Everyone welcome

Do join us in the side-chapel at Our Lady of England RC Church – 10am - 10.30am on the first Tuesday of each month.

Tuesday 5 December – Church of England will lead

Tuesday 2 January – Chemin Neuf Community will lead

One in faith and love and praise





Christmas Day Lunch for those who would otherwise be alone.

1pm at the Old School, Storrington.

Transport available if needed. Admission £10 by ticket only. For further details contact

Stephen and Christine Turrell 741272.



St Mary's Church, Storrington, needs your

STAMPS PLEASE SAVE ALL YOUR STAMPS

and leave in the box in the Church porch... they can be converted to much needed funds for our Church. Please pass the message to all your friends and neighbours.

WOULD YOU LIKE TO JOIN THE ST MARY'S, STORRINGTON, BAND OF HANDBELL RINGERS?

Come and learn to play handbells – we practise in Storrington Church on Monday mornings at 10am.

New players are very welcome.

Extlusion Occopied

Cathleon Occopied

**Cathl

Kathleen Osgood (01403 780928)



CHICHESTER CATHEDRAL FRIENDS

Fund raising and projects

What have Chichester Cathedral worshippers, tourists, bell ringers, schoolchildren and choristers got in common?

They all benefit in one or more ways from generous financial support from Chichester Cathedral Friends!

In the past three years alone, The Friends have donated over £375,000 to fund 26 different projects, each of which contributes to the Cathedral's strategic activities of Worship, Hospitality and Education.

Worshippers use the 1000 chairs, installed in 2017, and the kneelers in the Lady Chapel and St Richard's Shrine. In Advent, the beautiful Advent Candle stand enhances worship, whilst our contribution to the restoration and re-ordering of the Sailor's Chapel has revived the north-west corner of the Cathedral.

Tourists are amazed at the Cathedral's many artefacts and enjoy being able to closely inspect our Roman remains, thanks to the walk-on glass that Friends funded. And work is in progress, thanks to a substantial grant from the Friends, to develop a new web site.

Bell ringers climb a tight spiral staircase of 80 steps to reach the ringing chamber in the medieval bell tower. Friends recently funded a secure stainless-steel handrail to improve the safety of access to this important site.

The Cathedral is a popular destination for school children from around the diocese. Friends have helped make the Learning and Engagement centre an attractive and well-equipped place for schoolchildren and their teachers to meet and work.

And hot off the press, The Friends has just entered into an agreement to fund a Scholarship for a Cathedral Chorister for five years! Look out for the chorister proudly wearing the Friends medal!

Chichester Cathedral Friends is a registered charity. Membership costs £15 per year and £25 for a couple.

For more information visit: www.chichestercathedral.org.uk/friends or email friends@chichestercathedral.org.uk.

MILK BOTTLE TOPS Please keep collecting!

The tops will be given to Storrington Primary School to support a children's neurological ward at Southampton Hospital.

Please remember clean, plastic milk bottle tops only should be delivered to Storrington Rectory Office - do not leave them anywhere in Church (office is open Tuesday to Thursdays, 10am - 1pm). Milk bottle tops collected at St Mary's, Sullington, can also be sent to Storrington Rectory Office.

Thank you to everyone who collects plastic milk bottle tops and keep up the good work!

Viv Stuart

CHRISTMAS TREE FESTIVAL AT WARMINGHURST CHURCH

Friday 8 December to Sunday 10 December 10am - 4pm

The biennial Christmas Tree Festival at Warminghurst Church has become a lovely celebration of the Christmas season. With the glorious display of trees decorated and sponsored by the community, the Friends' stall of goodies, raffle, refreshments, carols and music, the three day event is



a wonderful way to join in with the Christmas spirit and visit a historic and beautiful Church.

Entrance is free.

Donations go to the Friends of Warminghurst Church and the Churches Conservation Trust towards the upkeep of the Church.

For more information on the Festival and how you can become involved either with sponsorship, decoration or to help the Friends group please contact Rachel Webster on 891312 or email info.fowc@gmail.com

ST MICHAEL AND ALL ANGELS RAFA CHAPEL SUSSEXDOWN

Communion with the residents Thursday 21 December at 11.30am

BCP Holy Communion in the Chapel at Sussexdown Please do come and join us; visitors are welcome

For more details phone Jo Graves on 742586



CHEMIN NEUF COMMUNITY The Priory, School Lane, Storrington

EVENTS AT THE PRIORY 2017-2018

QUIET DAYS

Teaching, times of prayer and light lunch provided

I0am-4pm

Wednesday 6 December 2017 Wednesday 21 February 2018 Wednesday 21 March 2018 Wednesday 16 May 2018

PRAYER GROUP

A time of worship and praise with a charismatic flavour

8-9pm on Tuesdays

We do have to change dates occasionally, so worth ringing beforehand

PRIORY DAYS

9.30am-2pm

Come and join in the life of the Priory with gardening, cooking, sewing or DIY, Midday Prayer and Lunch. Dates to be fixed, but if you are interested, do tell us so we can give you dates.

Phone 742150 • storrington@chemin-neuf.org www.chemin-neuf.org.uk

3 Heralds // December 2017 13

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SULLINGTON 122 YEARS AGO

EXTRACTS FROM CANON PALMER'S DIARY - DECEMBER 1895

Christmas Day. Some snow, raw, dull, drizzle. Alas! We had but a poor congregation to begin with and a handful at the Communion. In the evening at 6.30 another few; it seems as if this Holiday has affected the congregation. We were our family circle.

Thu 26: Much as yesterday. Kept indoors mostly and settled up accounts. Visited the Dukes. George Cartwright came in the evening and used Parkers H lamp for the first time. Many presents arrive.

Fri 27: Dull and damp but no fall, milder. Found the garden well kept by old Stringer and so the stable by Tom, who complains of too much to do. Visit Seville at Wantley – ill. Enquire after Mrs Brooks. Jack and Gladys spend the evening here.

Sat 28: As yesterday, rain in afternoon and evening. Hounds meet at Sandgate. Some of the party went. Visited Mrs Brooks, her speech very indistinct but her mind fairly clear: she appears trustful. Teaed with Parkinson, agree to take Guardian again for '96 at 13shillings.

Sunday after Christmas: Damp, dull, fair. Two fairly good congregations. Morning: old sermon from "The Night is Far Spent" and in afternoon from the Epistle and the Collect. The Regeneration and Adoption etc. The two Kings teaed.

Mon 30: Hals 24th birthday. Dull, foggy, very damp. J Russell very slow and unwilling: Clara takes May to Stopham, choral meeting. Hal and George Cartwright to Fryern golfing and bring back clubs for May. Cicely and I visit Humphrey, Penfold and Slaughter. Zouche sends us two brace of pheasants.

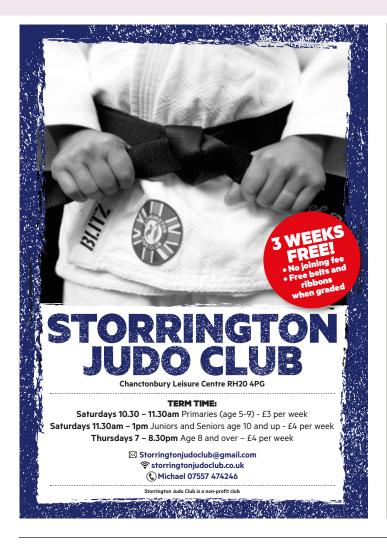
Tue 31: Fair, reeking, wet and mild. The year closes with our family circle in good health and preserved since last year unbroken. Hal and George Cartwright leave to resume work in town. We go up to

Sandgate in the evening to hear Carols. For untold mercies during the past year, I am heartily thankful to the Giver of them: I would truly repent me for the many errors that have marked it and would pray that, if I am spared for another year, I may be given grace to move onward and upward, for my days are passing on to the end very quickly. Laus Deo [Praise God]. Amen

Canon Palmer used this as part of his sermon on 17 December 1871.

The Foolishness of Preaching: 1 Corinthians 1: 21

"Believing that I hold a commission from God to proclaim the Message of His Gospel, I should reflect from time to time on the awful nature of this privilege: men esteem it high honour to hold an earthly sovereign's commission. I must see to it that I do no less, rather far, far more since I hold His. May I never take a sermon in hand without a Thought and a Prayer about the subject matter of every one of them ... it is - must be -CHRIST, and Him crucified. I must ask Strength and Wisdom: strength to avoid the snares of indolence or self-satisfaction; Wisdom to see God's meaning in the Word He has given us to explain, and rightly to divide the Word of Truth. Sometimes, the Futility of so much preaching may encourage a Doubt as to its expediency – such doubts must be expelled as sinful; the means are God's and we must use them. He has willed that men shall believe through them. St Paul the apostle bids me to be simple in language. '







Tuesday 12 December

Performance commences at 7.30pm with an interval and Bar & Raffle. Tickets £5 from 'The Card Shop' in Storrington. Unsold tickets will be available for purchase on the door on the night. Anyone needing transport should contact Roger Jamieson on 01798 813956

For further details please contact Ken Collins on 01903 740745.

Rotary Club of Storrington & Pulborough District

AMBERLEYPRIMARY SCHOOL

QT T

Autumn Fayre celebrations and visit from MP Nick Herbert

Amberley Primary School hosted the annual Autumn Fayre on a brilliantly sunny day just before the half term holiday. As always, our wonderful supporters from the Friends of Amberley School (FASA) organised the Fayre, manned the stalls and raised over

£500! A fantastic amount!

A display of pumpkins was provided by Parham Estate and the children had great fun with apple bobbing, pressing apple juice and playing conkers. The school playground was transformed into a rustic camp with hay bales to sit



on and the kettle was boiling on an open wood fire.

Children, parents and village residents were out in force to celebrate the school becoming a Primary and to enjoy the autumn goodies on offer at the stalls.



We even had a visit from our local MP, the Right Honourable Nick Herbert, who helped us celebrate becoming a Primary School for the first time in our history. A new classroom has been installed to accommodate our Year 6 children and the school has recruited a very experienced teacher, Mr Paul Armitage, to work with the children towards the Key Stage 2 SATs next year.

Mr Herbert is pictured below outside the new classroom, flanked by Mr Jon Gilbert, Head Teacher, on his left and Ray Jackson, Chair of Governors, on his right.

"It is great to see a rural school like Amberley Primary being such a key part of the local community. Staff and governors



have worked hard to ensure a smooth transition to becoming a Primary school and it is delightful to see the children, parents and residents so involved in the Autumn Fayre," said Nick.

For more information about Amberley Primary School please contact Mr Jon Gilbert on 01798 831612.

Ray Jackson, Chair of Governors

1ST STORRINGTON RAINBOWS AND 2ND STORRINGTON BROWNIES

Learning and creating

Rainbows are always pleased to make something to take home. I think perhaps at school their creations are put on display until the end of term. As part of their Seasons badge, the girls decorated flower pots and planted crocuses. Let's hope the bulbs produce some pretty flowers for them in the spring.

Brownies had a 'round-robin' evening where several crafts were on offer. The girls choose an activity, then move on to the next table when they have finished. Some will be speedy and complete 3 or 4 items, while others are content to stay with just one.



As some of the girls are with us for five years through Rainbows



and Brownies, we enjoy seeing how their skills, and confidence, have developed in that time. Some will be moving on to the next section in January and we hope they will enjoy themselves in their new unit.

Joan Parkes and Clare Worth



Girl guiding, the UK's leading charity for girls and young women, offers a hugely varied programme of events, activities and adventures for girls aged between 5 and 25.

Thakeham & Sullington Church Youth Groups

DARKNESS TO LIGHT!

We witnessed an amazing event in Thakeham on 31 October as leaders and young members alike threw themselves into the Village fireworks celebration at the new football pitches. Matt and his team directed traffic towards plentiful parking areas and guided pedestrians across unlit rural roads to safe paths. Meanwhile, Pippa and her team supervised the sparkler zone where children of all ages were able to participate fully in the experience in complete safety. Liz and Penny did a roaring



in Church to consider the themes of light and dark through creative activities, worship and prayer. "The light shines in the darkness yet the darkness did not overcome it"; a perfect introduction to the season of Advent.



STORRINGTONPRIMARY SCHOOL

Owls, cooking and yoga – but not altogether!

Reception children had some fabulous visitors join them at school for a morning of feathers and flight! Owls About Town came into school and the children were lucky enough to experience watching the owls in flight and watch at close hand the owls swooping in for snacks of bits

of mice. Children then had the opportunity to get close to these majestic birds and stroke their feathers. Children learnt lots of facts about owls including where they can be found, how an owl

swoops for its prey and what an owl needs to eat. It was a truly fabulous morning and all the children really enjoyed the experience!

This experience is one of many things we do in school to support and enhance the more usual curriculum areas of reading, writing and maths. Any school's aim should be to encourage pupils to

develop a lifelong curiosity and love of learning and this is something we work very hard to do at Storrington Primary School. We also include activities and teaching to encourage wellbeing, from healthy eating in school to cooking lessons, and from the more usual sporting tournaments to a yoga club during some lunchtimes!

Rebecca Stables, Business Manager







NEW SEASON NOW UNDERWAY

U13s (Year 8 in Sept) recruiting NOW
Some of your friends play!
Fun, builds your fitness and competitive.
Summer rugby camp – coached by New Zealanders!
Costs less than £2.50 a session across the whole season
Dedicated boys and girl teams.



Pulborough Rugby Club

Contact Di on: 07816 830028 dit831@me.com



STORRINGTON LOCAL HISTORY GROUP

Storrington remembers

This year marks the centenary of Storrington's Roll of Honour. In 1917, the centre panel was unveiled by Miss Petre and her sister Mrs Powell to commemorate those from Storrington or connected with the village who had lost their lives in the Great War. Two further panels were later added.

Today, the Roll of Honour, now back on the wall of the White Horse Hotel in Storrington after being lost for many years, has become the focus for Remembrance in the village on 11 November.



In 2014, an award from the Heritage Lottery Fund supported a local community group, with support from the Storrington and District Museum, to research the names on the Roll of Honour. This work has been completed but there are still a few questions to be answered.

The community group which has blossomed with further lottery awards welcomes information of those on the Roll of Honour or

the village war memorial, especially anyone connected to Driver Ernest David Butcher who died in October 1919 and is buried in St Mary's churchyard, Storrington. If you have information, or would like to be involved in the group, please contact Stuart Duncan at storringtonlhg@outlook.com or call 741106.

Currently, restoration and research has begun on another Roll of Honour recently discovered and connected with Storrington's Old Comrades Association, now the Storrington branch of the Royal British Legion. Painted by local artist Paul



Hardy, it contains the names of those on the three panels but with additional names of those who died up to 1934. This work and the project will form an exhibition in 2018 to mark the end of the Great War.

Stuart Duncan

STORRINGTON LOCAL ROLL OF HONOUR

Storrington is now in possession of a Roll of Honour, which has been presented to the village by two local residents - Mrs Powell and her sister, Miss Petre, of Mulberry House. It is the work of Mr Paul Hardy, the well-known artist, who has a residence in Church Street. The roll, which is enclosed in an oak case with a glass front, measuring about three by two feet, is artistic in design, with rich colouring, showing a representation of St George in armour. The scroll contains the names of thirteen men, either residents of Storrington or closely associated with it, who have lost their lives in the War, as well as nineteen former pupils of the College, all of them having been in residence during the eight and a half years in which Mr W. A. Fuller has been Principal. They also are numbered among the dead. The Roll of Honour has been place in a conspicuous position having been affixed to the wall of the White Horse Hotel, and there was a slight ceremony last week, when it was unveiled by Miss Petre.

Above extract taken from Worthing Gazette, August 1917.

STORRINGTON AND DISTRICT PROBUS



A trip to The Netherlands

On Friday 1 September, 38 members of the Storrington Probus Club headed for Delft in The Netherlands by coach and ferry for a lovely five-day holiday centred in Delft. It was extremely well-organised by Alan French, a Probus Club member. Delft is a canal-ringed city in the western Netherlands and is known for manufacturing Delftware, the famous hand-painted blue and white pottery. In its old town, the medieval Oude Kerk is the burial site of native son and Dutch Master painter Johannes Vermeer.

The group stayed at the Hampshire Hotel and met the first night for a delicious dinner in the hotel's restaurant, hosted by the Club President, Bob Manning. On the Saturday morning, which was a lovely sunny day, the group enjoyed a guided walking tour of Delft, taking in the charming canals and history. By chance, there was an international boules tournament being held in the main square and a wedding in the town hall which added to the atmosphere and enjoyment of the walk. In the afternoon, the group broke up into smaller groups to explore the city by themselves and view the Delftware and maybe make the odd purchase or two.

On the Sunday, the group went to Utrecht by coach and visited the Music Box Museum which holds the largest collection of automatically playing musical instruments, including music boxes, musical clocks, pianolas, large street barrel organs, dance hall organs and fairground organs. These were demonstrated to the group by the very helpful and friendly staff. After that, it was on to Amsterdam, with the highlight being a canal cruise with lots of opportunities for photographs.

The next day took the group to the Windmills of Kinderdijk, which are a group of 19 monumental windmills in the Alblasserwaard Polder, in the province of South Holland. Here were lots opportunities for photos, including a group one. Moving on, the next stop was a tour of the city and docks of Rotterdam before going to The Hague and the Modurodam. The Modurodam is a miniature

park with scale model replicas of famous Dutch landmarks and historical cities and is a popular tourist attraction in the Scheveningen district of The Hague.

The sun had shone throughout the trip and even on the



return home was still shining when a stop was made at Veurne on the Belgian/ French border for lunch. The group thoroughly enjoyed the trip and will soon be showing their photographs to all the Storrington Probus Club's members at a special showing at Sullington Parish Hall. Members are already looking forward to their next trip.

Back at home, the Club continues to meet every month at The Tollgate Carvery in Bramber for an excellent lunch, and the members enjoy a different speaker every time, organised by Tony Girard and John Wilkinson. More coffee mornings are booked with Don Cleary at the helm and another challenging quiz afternoon is coming up soon with Andrew and Sheila Boultbee setting the fiendish questions. Future events include a dinner paired with wines at The Old Forge and going to see the musical Crazy For You, plus the President's Dinner in December and many more activites.

Peter Kerns 01798 815746



Come on down!

The frantic month of December, with gifts to buy and party invites to arrange, and, if you are lucky, ones to accept!

If you feel like a break, then perhaps a morning spent with the conservation group on Sullington Warren on **Saturday 9 December** from 10am to 12 noon might be in order.

There are plenty of tasks to get that circulation on the move, with a break for refreshments, all freely provided.

The Society would like to wish everyone a Happy Christmas and a Peaceful New Year.

To learn more about the Sandgate Conservation Society, who work closely with the National Trust and Horsham District Council, please contact our Chairman, Jacinta White on 01798-813545, www.sandgate-conservation.org.uk

Brian Burns











DATE	FESTIVAL OR SUNDAY	· · · · · · · · · · · · · · · · · · ·		
3 December	Advent Sunday	8am Holy Communion (said) 10am Family Communion Children's Gift Service and Baptism 6pm Advent Service	10.30am Joint all-age Christingle Service (with Sullington)	8am Holy Communion (with Thakeham)
10 December	Advent 2	8am Holy Communion (said) 10am Parish Communion + Footsteps 6pm Evensong	9.30am Morning Prayer	8am Holy Communion (with Thakeham) 11.30am Morning Prayer
17 December	Advent 3	8am Holy Communion (said) 10am Parish Communion + Footsteps 6pm Carol Service	8am Iona Communion (with Sullington) 6pm Carol Service by candlelight	3pm Carol Service
24 December	Advent 4 CHRISTMAS EVE	10am Parish Communion 4pm Christingle Service (for families) 11.30pm Midnight Mass	4pm "Journey to Bethlehem" – see p.4 11.30pm Midnight Communion	11.30pm Midnight Communion
25 December (Mon)	CHRISTMAS DAY	8am Holy Communion (said) 10am Christmas Family Communion with Carols	9.30am Christmas Celebration	11.30am Christmas Celebration
31 December	Christmas 1	8am Holy Communion (said) 10am Parish Communion 6pm Evensong	10.30am Joint All-age Family Communion (with Sullington)	8am Holy Communion (with Thakeham)
2018 7 January	Epiphany 1	8am Holy Communion (said) 10am Family Communion 6pm Evensong	10.30am Joint All-age Service (with Sullington)	8am Holy Communion (with Thakeham)

Midweek Holy Communion service on Thursdays at St Mary's Church, Storrington at 10.30am. Monthly Holy Communion Service (fourth Thursday in month) at Sussexdown at 11.30am.

OTHER CHURCH DETAILS

ROMAN CATHOLIC CHURCH

Our Lady of England, Monastery Lane

Mass – Saturday 6pm, Sunday 8am and 10am

Daily Mass: Monday – Friday 9am.

For other midweek services, confessions etc., please contact

Parish Priest: Fr Charles Howell 2 St. John's, Fern Road, Storrington RH20 4LW Tel: 740338

STORRINGTON CHAPEL

North Street

Sunday Services 10.30am, 6.30pm Church Elder: Graham Thrussell Tel: 01243 545737

COMMUNITY CHURCH

at Steyning Grammar School – Rock Road Campus

Family Worship – Sundays 10am
Enquiries to Mrs Val Augustine
Community Church Office, PO Box 1020, Storrington RH20 3UY
Tel: 01798 817596

TRINITY METHODIST CHURCH

Thakeham Road

Sunday Service 10.30am

Minister: Revd Dawn Carn 4 Gorse Avenue, Worthing, BN14 9PG Tel: 260356 (Church Office: 746390)

WEEKLY EVENTS

Tues	10am	Coffee Morning – Storrington Chapel
Wed	9.30am	Registrar of Births and Deaths – Storrington Library – pre-booking only – 01243 642122
Fri	10am	Storrington Community Market – Village Hall

Storrington Library Opening Hours - Tel. 839050

Monday to Friday 9.30am – 5.30pm
Saturday 10am – 4pm

SUNDAY LUNCH CLUB

1pm on second Sunday in the month (except August) at the Old School, School Lane, Storrington, for those who would like to join us for friendship and food.

Tickets (£4.00) are available from:

Louisa Austin, Church Street, Storrington

STORRINGTON POP-IN LUNCH CLUB

Storrington Village Hall – First Thursday of each month

COFFEE served from 10.30am

LUNCH available: £3.00 12 noon – 1pm (Soup, Ploughman's and home-made puddings)

ALL ARE WELCOME. Come and meet old friends and make new ones. No need to book – just turn up.

Co-ordinator: Pat Webb (893145)

WHAT'S ON

DECEM	IBER		
Fri 1			
1.30pm	Sullington Barn opening and exhibition – p9		
Sat 2			
10am	Storrington Conservation Society – Working Party – p27		
10am	Sussex Guild Contemporary Craft Show – p31		
11.30am	Thakeham Church Christmas Market – p4		
Sun 3	Advent Sunday		
10am	Sussex Guild Contemporary Craft Show – p31		
1.30pm	Sullington Barn opening and exhibition – p9		
Mon 4			
7.30pm	Storrington Museum – Talk – p22		
Tue 5			
10am	Inter-Church prayers – RC Church (side-chapel) – p10		
2pm	SPACE – Arts and Crafts Club – p24		
8pm	Visiting bell ringers – St Mary's, Storrington (ends 9pm)		
Wed 6			
10am	Chemin Neuf Quiet Day – p13		
10am	St Barnabas Outreach – Library Car Park – p27		
7pm	Storrington Dramatic Society – Pantomime – p32		
Thu 7			
10.30am	Pop-In Lunch Club – p18		
2pm	West Chiltington & Storrington MU – Advent Service – p24		
	Fryern Ladies' Probus – Meeting – p31		
7pm	Storrington Dramatic Society – Pantomime – p32		
Fri 8			
10am	Warminghurst Church Christmas Tree Festival – p13		
7.30pm	Storrington Dramatic Society – Pantomime – p32		
7.30pm	Sandgate Singers Christmas Concert – p23		
Sat 9			
10am	Sandgate Conservation Society – Working Party – p17		
10am	Warminghurst Church Christmas Tree Festival – p13		
2.30pm	Christmas Bazaar – St Mary's Church, Storrington – p9		
2.30pm & 7.45pm	Storrington Dramatic Society – Pantomime – p33		
7.30pm	Sandgate Singers Christmas Concert – p23		
Sun 10	Advent 2		
10am	Warminghurst Church Christmas Tree Festival – p13		
1pm	Sunday Lunch Club – p18		
3pm	Scouts Carol Service – St Mary's, Storrington		
Mon 11	, - ,		
7.30pm	Thakeham Gardeners; Club – Meeting – p27		
Tue 12	, 3 , 1		
7.30pm	Rotary Film Night – Their Finest – p14		
Wed 13	, , ,		
10am	Café in the Church – St Mary's, Storrington – p10		
10am	Wild Fortune Quiet Garden – p5		
7.30pm	Sullington Windmills WI – Meeting – p28		
Thu 14			
7pm	Bingo – Mary How Trust – p23		
7.30pm	Storrington Camera Club – Christmas festivities – p31		
	Service Code Communication (1997)		

Sun 17	Advent 3	
30n 17		
3pm	Carol Service – St Mary's, Sullington	
6pm	Carol Service – St Mary's, Storrington	
6pm	Carol Service – St Mary's, Thakeham	
Mon 18		
6.30pm	Carols in the Square – p6	
Tue 19		
2pm	SPACE – Arts and Crafts Club – p24	
Thu 21		
11.30am	Holy Communion – Sussexdown Chapel – p13	
2pm	Storrington Conservation Society – Working Party – p27	
3pm	Tea with the Vicar – p5	
Sun 24	Advent 4 – CHRISTMAS EVE	
	For Christmas Eve Services see pages 4, 5, 6 and 18	
Mon 25	CHRISTMAS DAY	
	For Christmas Day Services see pages 4, 5, 6 and 18	
Sun 31	Christmas 2	

Details of all church activities on pages 4,5,6 and 18.

SAINTS AND SPECIAL DAYS

		1110				
DECE	MBER					
Fri 1	Charles de F	oucauld	1916	hermit in the S	ahara	

Sun 3 Francis Xavier, 1552, considered to be one of the greatest missionaries since St Paul

Mon 4 John of Damascus, c749, saint and author of many texts and hymns

Nicholas Ferrar, 1637, founder of the Little Gidding
Community

Wed 6 Nicholas, Bishop of Myra, c.326, saint with a reputation for secret gift-giving and is the model for Santa Claus

Thu 7 Ambrose, 397, patron saint of Milan, Italy

Wed 13 Lucy, 304, patron saint of blind; island of Saint Lucia named after her

Samuel Johnson, 1784, poet and essayist, wrote
A Dictionary of the English Language (150 years before Oxford English Dictionary published)

Thu 14 *John of the Cross, 1591*, one of foremost poets of Spain, as well as a saint

Sun 17 O Sapientia, Worship – part of Common Worship liturgy in C of E
Eglantyne Jebb, 1928, British social reformer and founder of Save the Children

Tue 26 ST STEPHEN, FIRST MARTYR, mentioned in the Book of Acts

Wed 27 ST JOHN, APOSTLE AND EVANGELIST

Thu 28 THE HOLY INNOCENTS, remembering when Herod ordered all new born males to be killed

Fri 29 THOMAS BECKET, ARCHBISHOP OF CANTERBURY, 1170, saint and martyr

Sun 31 *John Wyclif, 1384,* translated the Bible into common language

STORRINGTON & SULLINGTON – REFLECTIONS OF THE PAST

WOMEN AT WAR

In 1914, in a country that few village people had heard of, an Archduke was assassinated. There was no mass media in those days other than newspapers, but the starting gun had been fired for war. The nation's menfolk were asked to volunteer to serve King and Country, and from the fields and woods, the big houses and estates and elsewhere, they responded. Blacksmiths, labourers, domestic servants, motor mechanics and shop workers all left their homes and work to join the Army.

Their women and families were left at home, mostly accustomed to little more than having a meal on the table for the breadwinner's return and caring for their homes and children and older family members. The absence of their menfolk left gaps in all kinds of ways, so the women found themselves needed and valued outside the home as never before.

In a small mainly agricultural village, the farmers wanted them, so some single girls left their protected lives and joined the new Women's Land Army. There was no uniform for them, so they just wore their own working clothes with an overall or an armband. They took on all kinds of jobs not thought to be 'women's work'. Horses were still the main motive power on farms. The work could be hard, dirty and started at dawn. One essential job was tree felling. Timber was needed to shore up the muddy trenches of France and Belgium and to lay solid tracks for the big steam lorries carrying logs from Sandgate Woods and the Plantation. The photos show the Challen and Lidbetter families, old and young, and women undertaking this work.



Mrs Henderson of The Chantry was Commandant of the local Red Cross Brigade who organised women to become Red Cross nurses.



She is the lady in dark clothes with a sash on the left of the picture (left) showing the wartime nurses a s s e m b l i n g for the peace celebrations in July 1919. The children

also did their bit collecting sphagnum moss by the stream and countryside. As one veteran recalled, it was "made into hot little pillows and placed on nasty wounds" where its great absorbency was found to speed up healing. In the autumn, children collected horse chestnuts used in the manufacture of gunpowder, and blackberries to make jam.

Charles Mant gave the use of Gedding in Church Street for housing Belgian refugees as he had gone to join the Royal Veterinary Corps and his wife had returned to Worthing with her parents.

The men serving at the Front were, of course, always in mind and various fêtes and events were organised by the village ladies to raise money to send comforts, whatever could be thought of to attract people to spend money. One young lady, Miss Janet Erskine of Greyfriars, aged just 18, left her comfortable home to join the WAAC and became their youngest staff officer with the concomitant responsibilities.

Twenty one years later, unbelievably, it all happened again! War was declared against Nazi Germany, when Adolf Hitler's troops stormed across neighbouring borders and invaded peaceful countries. The Women's Land Army came into its own once again. This time, warm, properly designed, practical uniforms were provided: corduroy breeches, boots, shirts and ties, woollen jumpers (with protective dungarees to go over them, for work), thick overcoats and smart hats.





The girl on the car bonnet (left) is Barbara Hunt who later went to Canada.

Mary Farrell (later Nicholson), pictured below is seen driving a horse and cart in West Street.



The Parham Estate went on a war footing, producing food with the aid of WLA

girls, working in all weathers. Ena Richardson is inspecting a gosling (pictured right).

They also took in a little school of evacuee children from the East End, and gave them a comfortable home.

After hearing one child declare that her mother warned her not to eat any vegetables unless they came out of a tin, Clive Pearson set aside an area of garden and supplied seeds and tools to encourage the children to grow their own. There was no further



Ena Richardson with gosling



difficulty about eating fresh vegetables as the children were proud of their very own produce!

Parham also housed Canadian officers, and the park sprouted Nissen huts where troops were billeted. The Parham swimming pool was used for underwater training by specialists.

Barbara and Mary (left) are just setting off for work on Mr Turner's farm. Elsie

Greenfield (née Hills), the daughter of Mr and Mrs Hills who ran the corner newsagent's near The White Horse, also joined the WLA and was posted to a farm at Ashdown, where she recalled

the fires from air raids at Crawley and beyond.

Red Cross nurses were also trained, as in WW1, and for others like Mrs Connor, wife of the long-serving wartime policeman here, duties included taking messages



Kath Connor

with evacuees

for her husband when he was on patrol, and giving homes to

evacuees from London.

Mrs Connor is seen seen here, in the picture on the right, with four girls from the East End.

Storrington's volunteer Fire Brigade, which was absorbed into the National Fire Service at the outbreak of wat, employed four girls for the first and only time in its history.



They are seen, in photo on left, at the back of the fire station in West Street with Chief Fire Officer Charles Mant and Mrs Ethel Mant, who was in charge of the control room where they

operated the phones.

This little control room

is still there at the back

of Gedding in Church

Storrington even had its own little factory (shed) at Roundabouts where ammunition boxes and trays were manufactured. A group of the workers is seen outside the shed, below.

The people are, left to right, George Moore who was the manager, Mrs Mustchin, Buddy Crabbe, Elsie Manville, Joan ?, unknown person, Gruber, Crockford, Basil Skinner and Mrs Whitbourne,



Street

perhaps better known as Betty Faithfull, daughter of the previous Rector of Storrington and sister of the Rector, Dick Faithfull.

Phyllis Ridge who had the hairdresser's salon at the east end of the Colonnade shops opened her premises as a NAAFI, where she remembered a Canadian soldier asking for a 'peanut butter sandwich' without butter! There were social events such as concerts and dances where our wartime visitors could meet and enjoy contact with the locals, and as a result several girls ended the war marrying Canadian soldiers and emigrating to Canada.

Joan Ham (Village Historian) Ron.ham@talktalk.net



Award winning landscape gardener confesses!

Due to a last minute change of venue, Alan Sargent, a leading Garden M a n a g e m e n t Consultant, kindly stepped in and gave a talk on The Confessions of a Gardener.

Starting out in 1968, he steadily built a landscape business, gaining

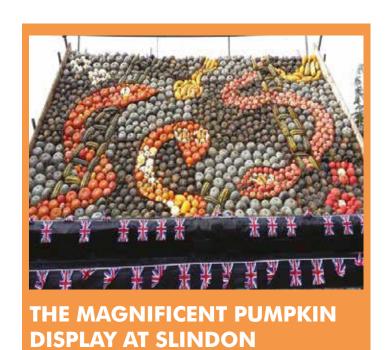


experience by working on a wide range of projects until 1982, when he won a British Association of Landscape Industries award for the best domestic Garden Scheme and continued winning further awards over years, including more than 60 Royal Horticultural Society medals at Chelsea, Hampton Court and many others. Having spent many years constructing gardens, mainly in the private sector, he became head gardener at Goodwood Estate between 2001 and 2007, achieving a lifelong ambition to be part of an historic garden by restoring private gardens over that period.

He entertained the meeting with many humorous stories from his past, especially at Chelsea with the days of the design and setting up of the gardens and the mishaps that can occur, and the manic last day sell-off of plants. Members were shown several of the medals won at Chelsea, all of which winning exhibitors have to pay for. The evening finished with members asking many questions and advice.

The first talk of the new year on **19 January** is an illustrated talk by Ben Cross from Crosslands Nursery on Alstromerias. Cut flowers will be on sale, also outing tickets.

Sheila Parvis



SNAKES AND LADDERS!

3 Heralds // December 2017 21

STORRINGTON & DISTRICT MUSEUM

Galsworthy - a local hidden treasure!

The exhibition 'Around and About' will end on 13 December, when the Museum will close for Christmas and New Year. When the Museum opens in January, the new exhibition will be about shops in our area.

On Saturday 28 October, Eunice Allen ran a very successful quiz night for the Museum, with a delicious supper prepared by our excellent catering team.

The talk on **Monday 4 December**, will be given by Richard Draycott, entitled 'The Surrey, Sussex and Kent Air Ambulance', a subject which will be of great interest and pertinence to us all. The talk begins at $7.30 \, \mathrm{pm}$ and entry is £5 (£4 to Society Members) and there will be mince pies and coffee afterwards.

The first talk of the new year will be 'A Policeman's Lot....can be interesting' and Neil Sadler will tell us why, at 7.30pm on **Monday 8 January**.

In October we enjoyed 'An Evening with John Galsworthy'. Professor Simon Barker, who lectures in English Literature at University of Chichester, gave us this most informative talk. His interest was sparked by a production of *Strife* some years ago and subsequently he has done much research on Galsworthy and has been associated with Radio 4 productions of the *Forsyte Saga* and with Chichester Festival Theatre where *Strife* was revived this year.



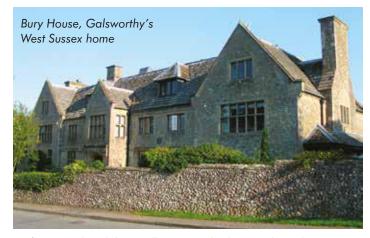
John Galsworthy (1867-1933) first wrote (under the pseudonym John Sinjohn) in 1897, and continued writing novels, plays and poetry until his death. When one looks at the list of biographical notes that Simon Barker gave us, it would appear that, apart from a 21 year gap between 1987 and 2009, Galsworthy has remained in public consciousness for over 100 years, unlike many writers of his generation, for example Hugh Walpole or Mary Webb, or even Sheila Kaye-Smith, who were acclaimed in their lifetime but are now generally forgotten. Reputation is a strange thing, often dependent on luck and on which institutions acquire the author's archives.

In his own lifetime, Galsworthy was famous for his plays, which dealt with the problems of his day. He was passionate about women's rights and universal suffrage, workers' rights, prison reform, slum clearance, and animal welfare. He gave up hunting. When war came, he thought about an international ban on the aerial bombing of civilians. In the war, his poor eyesight prevented him from going on active service. Instead he joined the Belgian Red Cross and was involved with refugees and returning soldiers.

His views on all these subjects, though they are progressive, are those of one who had been taught at Harrow and read Law at Oxford, and for this, DH Lawrence and the influential Virginia Woolf, criticised him. She said his characters were empty, stuffed shirts. These critics' mind-sets were completely different from Galsworthy's, and in no way dented his popularity. In 1912 he had to be smuggled off a ship in New York because of the crowds waiting for him. He travelled all over America and was lauded everywhere.

He refused a knighthood in 1917, saying his work was reward enough. In 1929 he accepted the Order of Merit and in 1932 he was awarded the Nobel Prize for Literature. Sadly, he was too ill to attend the ceremony. He gave all his prize money to PEN, an organisation he had set up in 1921 to lobby for writers' rights and an end to censorship.

When he lay dying, King George V and the Prime Minister enquired about him daily.



Professor Barker did not talk very much about Galsworthy's private life; it was not a very happy one. His affair with his cousin's wife, Ada Nemesis Pearson Cooper, was the basis for the Forsyte Saga. He married Ada in 1916, but she had no love for the country, while he was happiest there. Galsworthy loved Sussex and in 1926 he purchased Bury House for £9,000 and divided his time between Bury and Grove Lodge in Hampstead. The last parts of the Forsyte Saga were written at Bury, as were some of his later novels. He took his place in the life of the village and was, and is, remembered there with great respect. After his death, Bury House was speedily sold and Ada moved to Torquay and sold his papers.

Peter Barker seemed to imply that, had it not been for the fantastically popular production of the *Forsyte Saga* by the BBC in 1967 (on the 100th Anniversary of his birth), with great actors and locations, maybe Galsworthy would not be so popular now. He might just have been known as his great friend Joseph Conrad's patron! Who knows?

It was a very informative and interesting talk, and the canapes were delicious!!

Mary Wilson

Old School, School Lane, Storrington RH20 4LL

Tel: 740188 www.storringtonmuseum.com E-mail: contact@storringtonmuseum.com Registered Charity No. 1084853

Weds and Sat 10am - 4pm • Sun 10am - 1pm

AN INVITATION TO SING IN THE ARMED MAN IN ARUNDEL CATHEDRAL

Sandgate Singers, based in Storrington, are performing Karl Jenkins' The Armed Man in the

majestic setting of Arundel Cathedral on Saturday 3 March 2018. This 'mass for peace' is a powerful and emotionally compelling contemporary musical account of the terrible consequences of war.

The choir is inviting confident singers who read music to join them for this performance. The number of rehearsals will depend on previous experience and ability. There are 25 places available, with a preference for sopranos and tenors, but altos and basses will also be accepted.

Those interested should contact Sandgate Singers through their website:www.sandgatesingers.com. For more information, see www.facebook.com/storringtoncommunitychoir.



CHRISTMAS CONCERTS

FRIDAY 8 DECEMBER at 7.30pm

OUR LADY OF ENGLAND CATHOLIC CHURCH STORRINGTON, CAFOD SUPPORT GROUP



AND ON SATURDAY 9 DECEMBER at 7.30pm

ST PETER AND ST PAUL PARISH CHURCH
ASHINGTON

TICKETS FROM THE CARD SHOP STORRINGTON
OR RING 01903 741984

WWW.SANDGATESINGERS.COM OR FIND US ON FACEBOOK



THURSDAY 7 DECEMBER 6PM – 9PM

Entertainment throughout the evening will include a visit from Father Christmas, Carol Singing, Silver Band, Carousels, Fairground Attractions, Music, Drinks, Festive Market Stalls plus a variety of Food and much much more!!!

The evening commences with the switching on of the Christmas lights in Place Villerest at 6pm.



Thursday 14 December and on the second Thursday of every month

Doors open 7pm Play starts at 7.30pm

Storrington Village Hall, 59 West Street RH20 4DZ

Entry only 50p (includes the chance of winning a mystery prizel) Great prizes, raffle and refreshments – and fun for everyone!

www.maryhowtrust.org

STORRINGTON FLOWER CLUB

Sussex towns influence arrangements

Chairman Chrissy welcomed Club members and visitors. Chrissy informed the Club that their first workshop had been a great success. The workshop was led by Graham King, the task being to decorate a container with bark, various seeds, wheat, string and wool. Participants were then given tips on how to arrange a variety of flowers. Everyone succeeded in creating a very impressive, original arrangement. The feedback from members

was that it was a positive and fun day. The committee members agreed and said that they would look to organise another workshop in the Spring.

Chrissy then welcomed the demonstrator Gillian Sadler. Gillian used the places in Sussex she knew as the stimulus for her five arrangements. First was Chichester Harbour: a crescent-shaped grass filled with Eucalyptus leaves, Anthuriums, Clematis and White Lilies.



Next was Arundel, and her containers were two stone planters that reminded her of the castle. The simple arrangement was variegated Fastshedera; flowers were green Chrysanthemums and green

Orchids.

Lewes was depicted by a stack of twigs, to resemble the famous bonfire,

and the flowers were Birds of Paradise and blue dyed grasses.

Eastbourne was represented by a small deck chair and filled with red Gerberas and spray Roses.



Finally and O reside Palm Spac Orie and Five wer

Finally Ditchling, and Gillian honoured Ditchling's famous resident Dame Vera Lyn. Foliage was Palms, Ferns, Eucalyptus, and Coconut Spades. The flowers were Anthuriums, Oriental Lilies, pale pink Carnations, and white spray Roses.

Five members were delighted to win the arrangements

in the raffle.

Vote of thanks was given by Wendy Cliffe. Wendy commented on the delightful arrangements and the friendly commentary given by Gillian which contributed to an enjoyable afternoon.



The Club is pleased to welcome visitors and new members. You do not need to be a flower arranger to come and join us. The meeting is informal, welcoming a monthly demonstrator whose arrangements are raffled at the end of the meeting. We have a second-hand bookstall and an accessory stall for flower arranging. Refreshment and chats end a pleasant and informative afternoon.

Susanne Carter

DO YOU ENJOY HELPING PEOPLE?

I've been running a successful Forever business in the booming health and wellness marketplace for over 12 years and I'm seeking three new local FOREVER business partners to work part time

from home, without compromising their family commitments or current career.

The Company has been established for 40 years and operates in over 150 countries worldwide. It's financially stable so there's no start up investment in the business. The only investment is in yourself by trying the products as the marketing is based on personal recommendation. The discounted pack of 20 top products and a literature pack is only £199.75

If you have a background in supervisory, managerial, sales, marketing or recruitment roles, or you are self-employed and wish to develop a more fulfilled lifestyle, then please call me on 328032 or 07909 681 884.

Katie Bridge



Everyone will be very welcome (men and women, any age or ability). Either bring along something you can already do, or have a go at something different.

For more information (or just to tell us you are coming along) contact Jane Kendall (745529) or Christine Turrell (741272)

CRICKET IN STORRINGTON



Annual General Meeting

The Club's AGM was held on Monday 6 November in the Pavilion.

In his Chairman's report, Steve Watkins highlighted the tremendous turnaround in the season's playing performance which had resulted in League Awards for the Eleven, Ian Homewood, the Club Captain, and Andy Livermore, as reported in greater detail last month. The encouraging progress of the Cygnets, our junior section, was also highlighted, not just on the coaching and playing front but also with the parents' committee's social cum fund raising activities. The Treasurer, Carol Bryer, then reported that the Club's finances had produced a welcome improvement in surplus income. The Outdoor Net project fund raising efforts have already achieved one grant of £4k towards the target of £40k from external sources, with other applications in the pipeline.

The election of Officers was as follows:

Chairman: Steve Watkins

Vice Chairman and Cyanets Manager: Martin Fisher

Secretary: Steve Porter Treasurer: Carol Bryer

League Representative: Simon Haggart Welfare Officer: Jude Houghton Club Captain: Ian Homewood Vice Captain: Andy Livermore

Additional Management Committee members were elected as follows:

Colin Harrison, Mike Ballard

James Harrington (representing the Cygnets)

From 2018, the Sussex Cricket League in which we play is being restructured and will comprise no less than 35 Divisions! We have been placed in Division 8 of the Regional West Clubs, and some of our opponents next season will be teams from clubs in Arundel, Chichester, Horsham, Pulborough and Wisborough Green.

Chris Winter, President



WREATH

NNKEEPER



Looking after our wildlife

Autumn provided the simple enjoyment for the young (and young at heart), of scuffing through drifts of leaves. As winter approaches, the trees are like living skeletons as they wait for the return of spring, the sunlight filtering through their bare branches lending enchantment. We are very fortunate to have so many native species to appreciate, like oak, and others which have been introduced, such as horse chestnut. That enjoyment is shared by much wild life, not least in the nuts and other seeds, essential food to see them through the winter. And we can do our bit by providing feed for them in our gardens.

This was a subject included by Dr Les Allen-Williams in the illustrated talk he gave at our well supported AGM on 28 October. A knowledgeable ecologist, his fascinating talk ranged from the global to the local, encouraging all of us to do what we can to limit our adverse effect on our environment, and to care for native wildlife. He mentioned many organisations which welcome support, such as the RSPB and Sussex Wildlife Trust, and pointed out the Local Authority Reserves in our area, kept for our enjoyment, as well as essential havens for declining species, such as hedgehogs, friends of gardeners.

At the AGM, our Chairman gave a short report on the progress made over the year, particularly in Fryern Dell. He mentioned with gratitude that a pleasing number of supporters turned up to the Saturday and Thursday work parties, with encouraging results. Our treasurer reported that due to major expenses on essential equipment, our bank balance had suffered a small reduction.

Our work party planned for Saturday 4 November at Fryern Dell sadly had to be cancelled due to bad weather. Our next gathering is on Saturday 2 December at 10am at Fryern Dell, removing unwanted growth by the pond. For those who wish to give more time, the morning work can be extended to 3pm. For details of the Thursday work party on 21 December at 2pm, please refer to our website nearer the time. Do join us and don't miss out on the fun, and refreshments!

For information about this and all our activities, or on becoming a member, please get in touch with Chairman Mick Denness on 745971, or see our website www.storringtonconservation.org.uk.

Stuart Kersley

STORRINGTON FLOWER CLUB

The Club does not meet during December

Next meeting will be Wednesday 24 January 2018 **Sullington Parish Hall**

Wishing you a very Happy Christmas and every good wish for the New Year!





The myths behind growing roses

Our AGM was held in October and Bruce Wallace was re-elected to serve as Chair for another year. The present committee were re-elected along with Edward and Marion Fancey. Bruce reported on the year's activities and thanked everyone involved with the Club, and our Treasurer, Christine, reported that our finances were



sound but subs would be increasing next year by 50p, up to £9.

Following the AGM, Stewart Pocock, of Pocock's Roses, told us about his nurseries and took us through a year in the life of Pococks. He has two nurseries, one at Romsey and the other in Newquay, Cornwall, disproving the myth that roses won't grow in the Cornish climate. We were first shown a video starting with the planting of root stock, 2000 a day with mechanisation. Early the following year these are cut right down and budding of the final rose takes place. Suckers are removed as the plants grow and the following November, at 18 months, they are ready to be sold either bare root or in containers. We then watched the plants being extracted from the ground, trimmed and prepared for packing.

The video was followed by Stewart demonstrating pruning and training of a climber whilst talking about growing roses in the garden. They are very hungry plants, don't like wet roots and should never be planted in soil that has accommodated past roses. Planting bare root is best as roots can spread, but, if container grown, don't tease the roots out, but plant in a mix of multi and John Innes no 3, apply bone meal and keep watered. Always sprinkle mycorrhizal fungi on the root system; he said the thick roots of a rose anchor them and the thinner ones feed. Planting should be where they can enjoy sun for 40% of the day. Prune to a couple of buds in February of their first year and feed twice a year, except in sandy soil when it should be monthly and mulch with leaf mound, never bark. Another tip was to only water in the morning at their base to try to avoid diseases and to use a fungicide preventive from April to October. Also mentioned was *Uncle Toms* rose tonic containing potassium phosphate and Provado bug killer. A homemade tonic was to soak rhubarb leaves in water and spray the resulting liquid on.

This talk was followed by slides of many beautiful roses. Stewart supplied us all with catalogues of his stock. This was a wonderful talk covering every aspect of rose growing and was greatly enjoyed by members. Stewart was warmly thanked on behalf of the meeting.

Our next meeting on 11 December will be our Christmas party.

Meetings take place at 7.30pm on the second Monday in the month at Thakeham Village Hall. We welcome new members and guests; come along to the Hall on Club night or ring our Chairman Bruce on 892466 for further details.

Sandra Jenkins



St Barnabas drop-in centre providing information and support related to end of life care.

The next visits to Storrington will be in the library car park.

Wednesday 6 Dec and 3 Jan - 10am to 2pm

For more information about the project please visit our website or email HospiceOutreachProject@stbh.org.uk or call 706357.

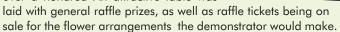
STORRINGTON **FLOWER CLUB**



A sparkling annual Open Evening

Sullington Parish Hall entrance had a welcoming atmosphere. To greet visitors was a table of wine or non-alcoholic drinks and a stall of colourful and sparkly Christmas accessories for flower arranging. The Flower Club Committee was available to welcome and chat to members.







Chrissy Desmond, the Club's Chair, warmly welcomed members and guests. Chrissy introduced Jacqui Arnold, a National Demonstrator who had exhibited and won at Chelsea Flower Show.

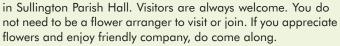
Jacqui's demonstration was entitled 'Tis the Season. Jacqui created five large arrangements; all of them had additional placements which would be included in the raffle. Her arrangements were very colourful; most had added sparkle through glitter and colour sprays added

to the foliage. The variety and standard of the flowers was exceptional. Throughout her demonstration, Jacqui kept us amused with her chit chat and also had useful information and

tips about flower arranging. By the end, stage was full of stunning arrangements, and the colours, scent and sparkle against the black backdrop curtains was 'jaw dropping'. The photographs do not do justice to the spectacle.

Following a vote of thanks, Jacqui and Chrissy gave everyone early good wishes for a Joyous Christmas.

Storrington Flower Club meets every 4th Wednesday of the month at 2pm



Susanne Carter

h e





Happy birthday!

October is the month that Sullington Windmills WI has its birthday celebrations, and this year was no exception. Everyone was greeted with either a glass of wine or a soft drink on arrival. The President, Russ Fry, welcomed members along with six visitors, whch was such a pleasure to have new faces at the meetings, and invited everyone to raise their glasses in a toast to the Institute's 48th birthday.

Following reports from the President, Treasurer, Secretary and Welfare Officer, the speaker for the evening was introduced, Bill Avenell, his talk entitled 'Why Church Street is so Steep'. Bill introduced his talk by informing everyone he was a Geographer and had taught at Christ's Hospital for almost 30 years. As the talk progressed, Bill's knowledge of the subject was so intense and profound, and yet contained some humour, along with the use of his excellent slides, and members discovered facts about the Crustaceous, Neolithic and Saxon Periods, and how sedimentary strata bent into a dome and how it was layered and formed. He discussed where green sand could be found, how the A22, A23, A24, north to south roads all cut through wind gaps, and how the A272 east to west road had to go through a Bourn, an intermittent stream; this and the land owners' fields were reasons why this road had to meander, as it still does today. Finally, Bill spoke about Sullington Church, this area having been a Saxon development, and it was this lane that was the steep street indicated in the title of the talk. Rachel Martin gave the vote of thanks after this interesting talk.

Next followed the birthday cakes: the committee members had made a vast selection of cupcakes, with something to suit everyone's taste. After the raffle, Marita Watteau presented Russ Fry with a gift of her favourite wine and thanked her sincerely for her commitment to Sullington Windmills WI during the 12 months she had been President. Russ will be stepping down as President next month, but as she will be on holiday for that meeting, it had been decided to make the presentation at the birthday meeting. The social part of the evening was given over to in-house entertainment, provided by a few members, which included a talk on gardening, armchair exercises, an interesting musical quiz and some poetry. This was a fun ending to the birthday meeting.

The next meeting will be held on Wednesday 13 December, when the speaker will be Amanda Russell, her talk 'Ladies That Boogie'. If you feel you would like to visit or become a new member you will be made most welcome. We meet on the 3rd Wednesday of the month (2nd Wednesday in December) at Sullington Parish Hall at 7.30pm. Should you require more information please contact Pat Snape on 01798 817389.

Pat Snape

West Chilt Jazz Club West Chiltington Village Hall RH20 2PZ

CONCERTS

FEATURING THE VERY BEST JAZZ BANDS

Wednesday 6 December

Dave Moorwood's Big Bear Stompers - 9-piece band playing the San Francisco style

Tuesday 9 January

The Sussex Jazz Kings – a great local band

Doors Open 19.00 Concerts start at 19.30 **Licensed Bar with Draught Beer**

Tickets £10 from NISA (Cherilyn) Store in West Chiltington and the Card Centre, Storrington.

More information and late tickets from Keith Rushton

742914 | ckrushton@outlook.com

www.westchiltvillagehall.org go to "Jazz Club"

THINKING OF TAKING UP A HOBBY OR CRAFT?

Why not try bell ringing?

There is nothing like the sound of the bells at a wedding or special occasion. The art of ringing bells dates back hundreds of years and has given pleasure to countless people. Ringing bells...

- · Helps keep you fit;
- · Is good exercise;
- · Keeps your mind alert;
- · Helps you meet people and so much more.

To find out more or to ring a bell at one of our practice evenings call lan or Laura Wadey on 740441.

You will be made very welcome at St Mary's Church, Storrington.

FRYERN LADIES PROBUS

An insight into physiotherapy and keeping fit

As we all stood around the bar, the conversation turned distinctly 'medical'. Ladies were comparing their various maladies, from arthritis and back pain to falls, fractures and surgery. Naturally we 'ladies of a certain age' can be prone to such inconveniences but a saviour was at hand in the form of Paul Fritche, the physiotherapist.

Paul arrived just in time for coffee and chocolates, a grand finale to our usual delicious lunch. Being a local boy, many of us knew him as patients or as friends of his parents, who live locally. It is hard to believe he has been in private practice now for 25 years and, from a personal point of view, I have found him to be an excellent practitioner.

We had previously been invited to prepare a list of questions such as:

- α) If you have a bad back do you necessarily have to rest?
- β) Should you use a soft or hard mattress?
- χ) Is it true that tall people have more back problems than shorter people?

In short the answers were:

- Don't fear twisting and bending it's essential to keep moving. Gradually increase how much you are doing, and stay on the
- Depends on the individual and their weight. Generally men need a harder mattress than women.
- χ) Yes, because they have a longer spine.

Paul explained a physiotherapist was essentially a 'movement' therapist and it was essential to have a meeting of minds, between the patient and practitioner, regarding therapy. In this way, you end up with a mutual goal in order to accelerate healing. Most medically referred conditions are from muscular and skeletal problems ie. muscle, joints and nerves, and physiotherapy treats the entire body along these lines.

In explaining some medical procedures, it was not the most complimentary thing to announce that, as well as being an excellent diagnosis tool, x-rays showed up the 'wrinkles' on the inside of the body! Most of us have too many wrinkles on the outside of the body and the thought that we had them on both sides was a bit too much to take - bad move, Paul! We could have done without that additional information!

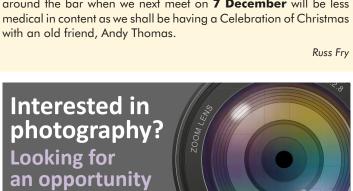
A comprehensive outline was then addressed to common conditions of our age group such as pain in the neck. This, we were surprised to hear, was common in the 40 year old age group and above, Posture was to blame here with the age of computers and slouching over keyboards etc. This is envisaged to only get worse over the years due to the reliance on technology. Falls were also discussed and the majority of ladies present had some experience here. It was emphasised that we rely on our balance to stay upright. Apparently, as we age, our balance reaction times become slower, as do our reflexes, which makes it harder to regain balance, especially when doing something quickly. Exercise classes like Tai Chi, Pilates and even just simple dancing and walking, were recommended to maintain our control of balance, plus muscle and joint strength. Apparently a simple exercise to measure your control is to sit in a chair then walk for 3 metres and then return to the chair and sit – all to be done in 15 seconds! Sadly, our risk of falling increases as we age and it is estimated that half of people aged 80 and above will fall at least once a year. However, experts believe the vast majority of falls could be prevented with some fairly modest changes to our lifestyles and homes. Medically speaking though, falls are often

a warning sign that something isn't quite right, but it's often something treatable.

Paul spoke on an additional range problems and his visit was informative and interesting. Betty

Parker thanked him on our behalf

and we all gained from the experience. Maybe the conversation around the bar when we next meet on 7 December will be less with an old friend, Andy Thomas.



to develop your interest and skills?

Come and join us, visitors welcome.



MEETINGS alternate Thursdays 7.30pm to 10pm, September through to May in The Football Pavilion, behind Chanctonbury Leisure Centre, Storrington.

> THURSDAY 14 DECEMBER 7.30PM Christmas festivities - social evening and quizzes.

MORE INFORMATION: www.storringtoncc.org.uk or contact Janet Brown T: 01798 812183 E: vicechair@storringtoncc.org.uk



LEUS MADE IN JAPAN

The Sussex Guild proudly presents a

CONTEMPORARY CRAFT SHOW

SAT 2 & SUN 3 DECEMBER 10am - 5pm

Midhurst Rother College, North Street, Midhurst, West Sussex GU29 9DT

ADMISSION Adults £3.00, students and children free

www.thesussexquild.co.uk 01273 479565 Reg Charity no: 292234





Gardening for the cold and wet

There is no denying global warming is happening. Autumns and winters are decidedly warmer and milder (and wetter!) these days compared to when I was a child. I remember Bonfire night always being very cold and watching the fireworks with freezing fingers!

For the three years I have been gardening professionally, and therefore out in the months when it is chilly, gloomy and rainy, it has been T-shirt weather on some days in December, January and February every year, and that's not because I've worked up a sweat! Something I'm sure never happened years ago.

I've seen things in bloom when they really shouldn't be: this month alone a cowslip, rhododendrons and primroses! One January the daffs were in flower!

Plants still need winter protection though; plants such as agapanthus need a fleece cover and preferably put in a greenhouse, sempervivums, really popular at the moment, don't need protection from the cold but the rain, as they do not like being wet! Also, due to the increased number of storms we seem to be having, it is a



good idea to prune straggly growth of roses back to prevent wind rock lifting their roots. Another tip is to give larger shrubs and trees a look over, prune off any very tall growth and look out for the 3 D's: dead, diseased and damaged, and prune off accordingly, as damaged branches can fall in strong winds.

If we do have a cold spell, it is a good idea to group pots together, preferably in a sheltered spot by a sunny wall. Frost-proof pots are becoming more available these days, which is good as terracotta pots do have a tendency to crack in the frosty weather.

Whatever the weather may throw at us, there are two things you can be sure of:

- 1. it's never boring
- 2. I'll be out in it!!

Heidi Hurwood Leaf and Seed - 07952122228

It's Panto time! Oh yes it is! Storrington Dramatic Society are proud to present

6 – 9 December, Sullington Parish Hall



Wednesday and Thursday 7pm Friday 7.30pm Saturday 2.30pm and 7.45pm

Adults £9 children £5

Tickets available from Fowlers Estate Agent, NISA in West Chiltington or on line http://storringtondramatics.co.uk and from our Facebook site

SOUTH DOWNS PROBUS



Policing and missing persons

Our speaker at the October Lunch Meeting was Neal Sadler, a retired Police Officer, who entitled his talk 'A Policeman's lot can be quite an interesting one'. It was the television's programme Z Cars that inspired him to join the police force. Neal has always worn a beard and in 1978 this was not permitted by a number of police forces and several of his applications were, accordingly, rejected. However, West Sussex Police raised no objection, much to his delight.

We tend to think of police activity as centred on law and order and traffic control. However, an important and time-consuming activity is missing persons, an area not always full recognised by the public; in West Sussex there were over 3,000 cases last year. The cause varies from domestic disputes, financial problems, mental and dementia cases, to criminal activities of abduction and murder. Some of these cases can take thousands of hours, notably the still unsolved cases of Lord Lucan and Madeleine McCann. Among past cases was the mysterious disappearance of Agatha Christie for a short period, the details never disclosed.

Another cause celebre was the faked suicide by drowning of David Darwin who, in collusion with his wife, used this for her to successfully claim the sum of £680,000 on his life policy. She joined him in Panama where they lived in style for a time until a chance photograph was published which led to their arrest and imprisonment. Their two sons were kept in ignorance all this time and never forgave their parents.

Neil told his stories well and with humour; we are grateful to him.

In future, the announcement "the police are pursuing their enquiries", will remind us how much this will be occupying valuable police time.

Derek Down



A community orchestra for string and woodwind players of all ages. Musical Director: Peter Allwood

> Saturday 2nd December in the run Hall, Pulborough Village Hall

At 11.00am family and friends are welcome to join us and listen to a play-through of the pieces we have been learning this term.

Mince pies and drinks afterwards at the Oddfellows Arms.

Rehearsals will begin again on Saturday 6th January 2018.

We welcome anyone who can read music and is looking for a group of enthusiastic and friendly instrumentalists to make music with. String players are particularly welcome.

> All enquiries, contact Ros 01798 875804 downlandensemble@gmail.com



STORRINGTON COMMUNITY MARKET

All are welcome and we look forward to

seeing you, especially

to meet people!

Village Hall, opposite Stable Antiques

Open Friday 1, 8, 15 December from 10am to 11.15am.

if you are new to the village, it's a great way Please come along and support your Local Community Market selling delicious homemade cakes and savouries, jams and marmalades,

eggs, local free range pork, mushrooms & vegetables, plants, flowers & peren nials. Also a wide range of handicrafts, cards & jewellery and Aloe Vera skincare and health products. Stop for a coffee or tea and cake and browse our second hand book stall.





CAPTURING A MEMORY

Capturing a memory, whether it's of a view, person, natural world, night sky or just an object, has never been easier with the number of different camera types and phones now available.

A recent speaker, Astrid McGechan, shared with us how a grainy iPhone picture of a tree and a block of flats taken through her office window that she posted on Facebook was the start of a photographic life



In 2007, Astrid developed an interest in landscape photography and found it wasn't just a hobby but also a means to creating a life balance. As she says, for her "it is not just what the eyes can see, it's what my soul can see and what I feel in response." This approach has enabled her to aim to capture a sense of tranquillity and harmony

that can evoke an emotional response.

Like Astrid, many of us take images that may seem insignificant but, to others, what the image shows triggers memories or emotions, as everyone is different.

Other Club activities included our first internal competition of the year. Three prints achieved the coveted 20 points, these being; Anne Nagle for 'Pied Wagtail', Diane Walker for her butterfly image 'Common Blues' and Martin Tomes with 'Tuscany'. In the projected Image section, the winning three were; Alex Swyer with 'Captain Birds Eye?', Kevin Harwood with 'Pollen Feed' and Liz Barber with 'Explosion'. Our judge for the evening, Malcom Bull, awarded Martin's 'Tuscany' as best image of the night.

We also had an enjoyable coffee morning at Slindon to photograph the pumpkin display where each year they support a different charity, this year being Mind. In addition to the display, some of us also made a visit to the Church and photographed the very ornate Church organ pipes.





West Chiltington Dramatic Society



Wishing all our audiences a Merry Christmas and a Happy New Year!

URGENT! We need another person to help with stage lighting. No experience is required as we have a small, experienced team which is looking for one or two new members who wish to develop the skills needed. More information from Mike Philips 01798 813329.

The Society's autumn production, Quartet, has now finished. At the time of writing the set had just been constructed. About 20 members of the Society spent most of one Sunday erecting the scenery, setting the lights, painting the set and enjoying a communal lunch. Although it is a seven hour job, it was great fun and an efficient use of the complementary skills found within the team.

We had two play readings for fun at the Queen's Head and the Five Bells respectively. Good hospitality and a pleasant environment in both pubs were appreciated by all. More about our play readings for fun in a future edition!

Our next Members' Evening, 7pm for 7.30pm on 16 December in the Village Hall, will be the usual Christmas food and fun with members giving a variety of 'do your own thing' performances. The Members' Evening on 16 February 2018 includes a talk by Ian Gledhill on Art and Illusion, followed by a fish and chip supper. These evenings are only £10 (£5 for members) and we welcome potential members who may be interested in joining. Contact John (744832) if you would like a ticket to either of these evenings.

We are always delighted to welcome new members. If you are interested in any dramatic society activity, contact Betsy (744832). Membership is only £7 per year and benefits include cut price entry to Members' evenings, priority booking for productions and a regular newsletter. Joining now will include membership for 2018 and cut price tickets for the Members' Evening on 16 December. We welcome not just actors but lighting technicians, set builders, back stage crew and front of house helpers. If you just want to support the Society without helping but still have the benefits of membership, you can become a Patron for £10 per year.

Lastly, please put our May 2018 production in your diaries: 24, 25 and 26 May. The play is the comedy A sense of achievement. Auditions are on Monday 8 and Thursday 11 January at 7.30pm in the Village Hall. We are always happy to welcome new members at auditions. Do contact Jean on 01798 874952 if you would like more information about the production.

John Rimmer, Chairman

Note from the editor....

Friendship is something that cannot be underestimated, be it a casual, passing "hello" or a full-blown conversation.

A smile and a few kind words to someone can mean so much; sometimes more to the person receiving than the person giving.

This Christmas, why not take just a few moments more to really stop and talk and share your time with someone who you haven't spent time with who may need it.

We are all busy people, with so many pressures, but there are some out there whose lives are empty. Share some love and time in this festive period; don't be rushing about and forget the joy and real meaning of Christmas; Jesus was born to save us – He gave his life, and time, on earth, for every one of us – so let's learn from His teaching and give something back to our community.

I wish you all joy, peace and friendship this Christmas. God's blessings be upon you all.

Amanda Hislop (Editor) 3Heralds@gmail.com



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Worthing	205111
St Richards	01243 788122
Horsham	01403 227000
Gas Emergencies	0800 111 999
Electrical Emergencies	0800 31 63 105
Water Emergencies	0330 303 0368
Samaritans	116 123
Citizens Advice Bureau	270 444
Storrington and Sullington Parish Council	746547
Thakeham Parish Council	01798 815305
Horsham District Council	01403 215100
Sullington Parish Hall	746547
Storrington Village Hall	744592
Storrington Minibus	743188 or
	01798 813045
VETS	
Crossways	743040
Arun Vets	746028

3 Heralds

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